

Area Sviluppo e Formazione Settore Tecnico



CORSO AGGIORNAMENTO NAZIONALE ALLENATORI

Torino, 26/27 Settembre 2018

CONTRATTACCO

COSA???

PERCHE'???

COSA/
PERCHE'

COME/
QUANDO

- ▣ Lavoro analitico;
- ▣ Lavoro sintetico;
- ▣ Lavoro globale;

-Facile → Difficile

-Poco → Molto

-Conosciuto →

Sconosciuto

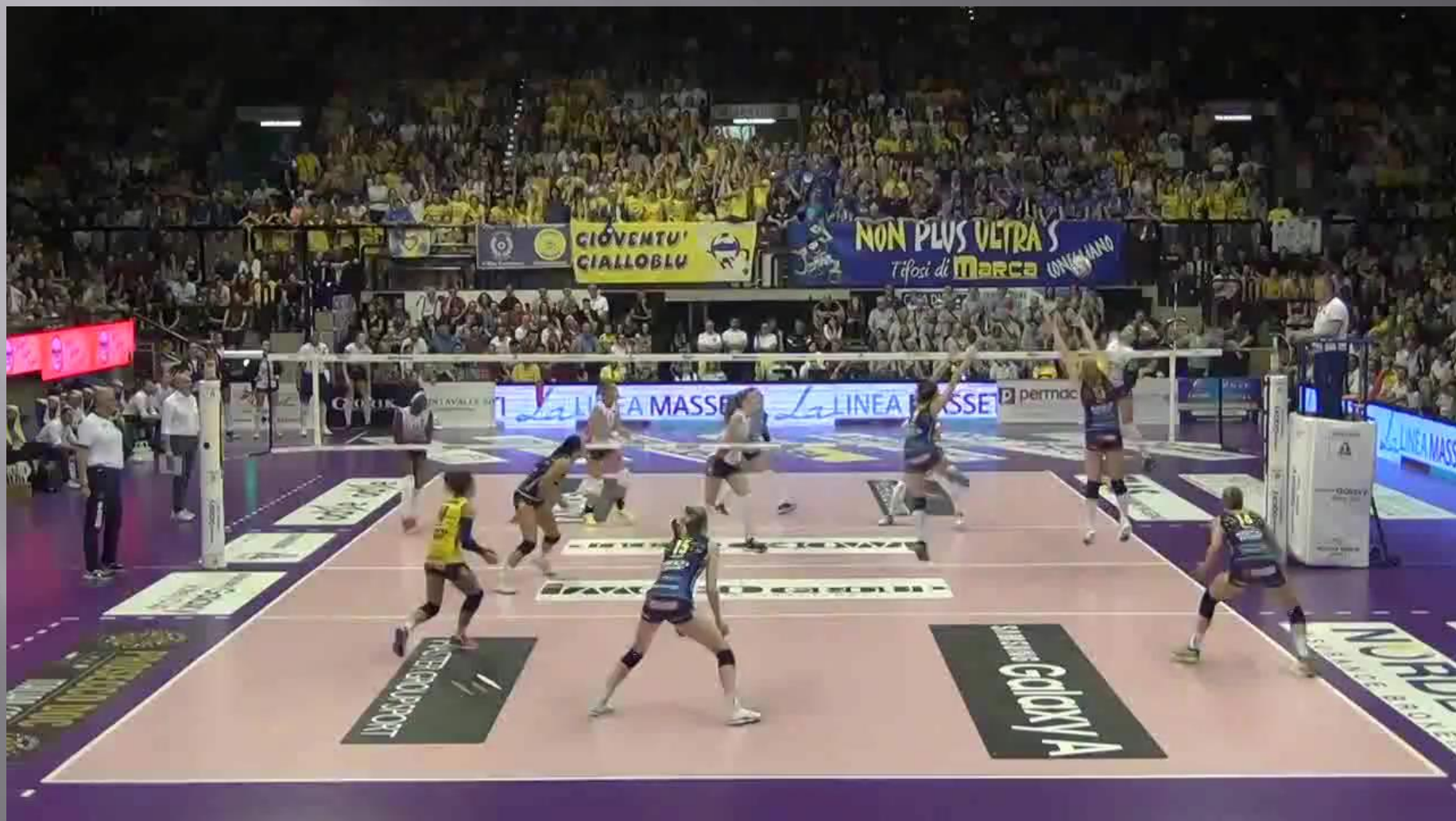
-Semplice→

Complesso

Primo tocco di difesa

- ▣ Palla facile;
- ▣ Palla media;
- ▣ Palla difficile;

Video Palla facile



Video Palla media



Video Palla Difficile







Palla facile, media e difficile

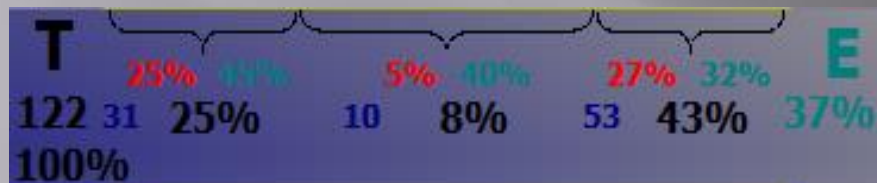
Igor Gorgonzola Novara

Gioco a punteggio

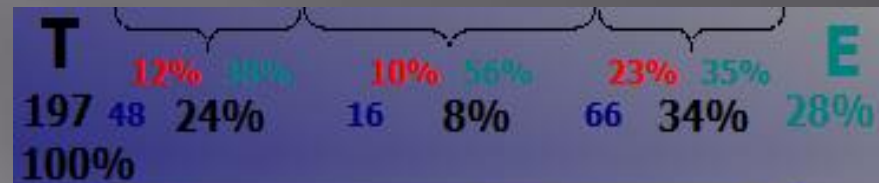


Percentuali attacco palla facile totali

NOVARA

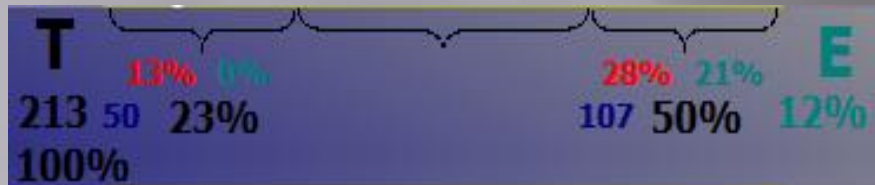


CONEGLIANO

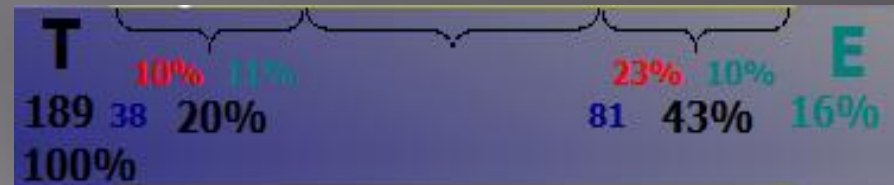


Percentuali attacco palla media totali

NOVARA

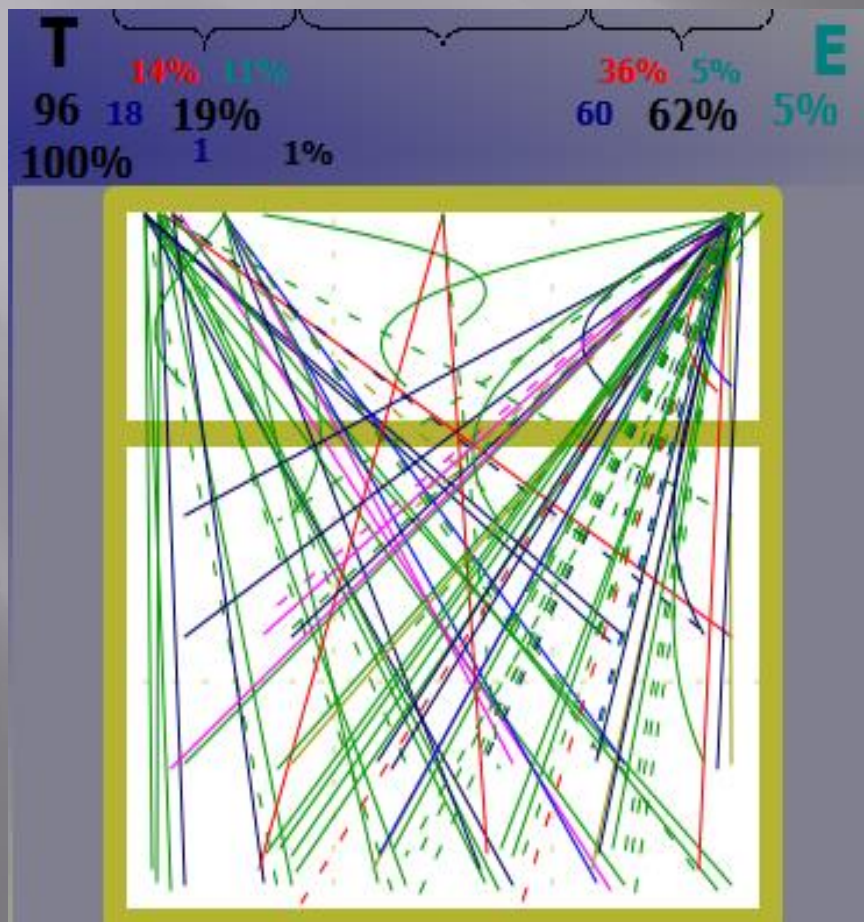


CONEGLIANO

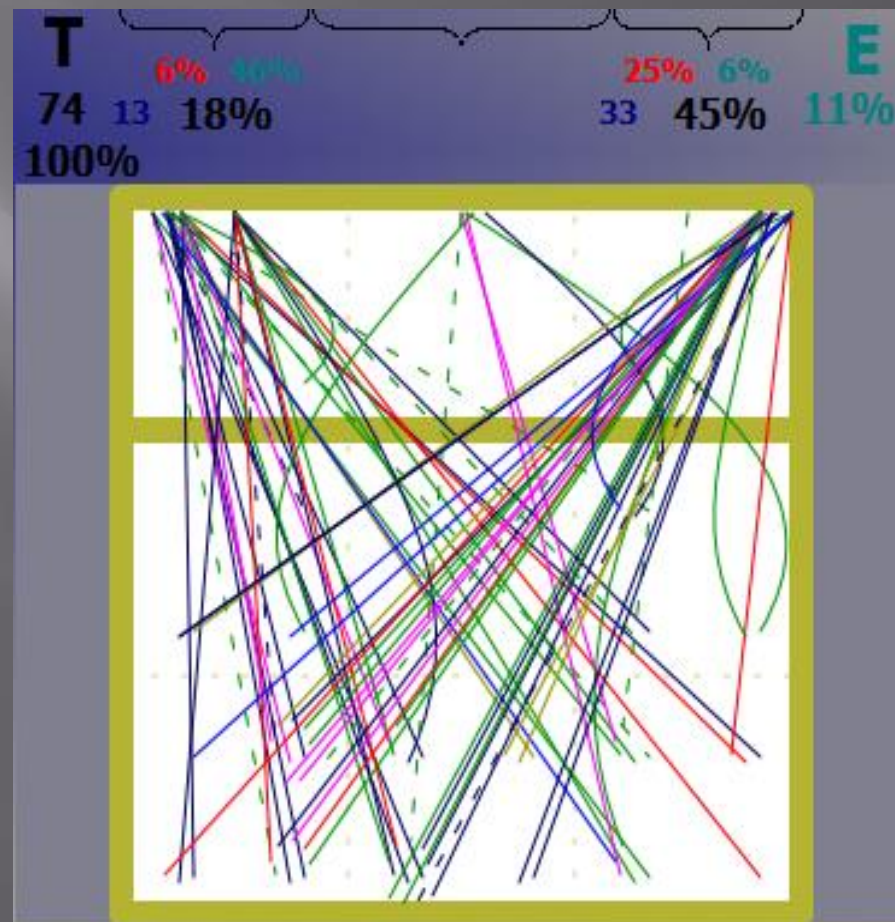


Percentuali attacco palla difficile totali

NOVARA

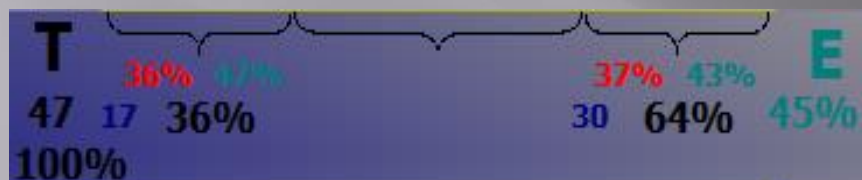


CONEGLIANO

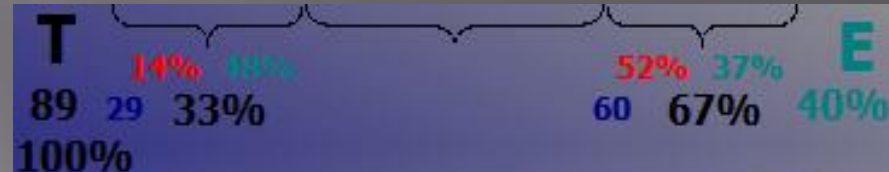


Percentuali attacco super su palla facile

NOVARA



CONEGLIANO



Percentuali attacco super su palla media

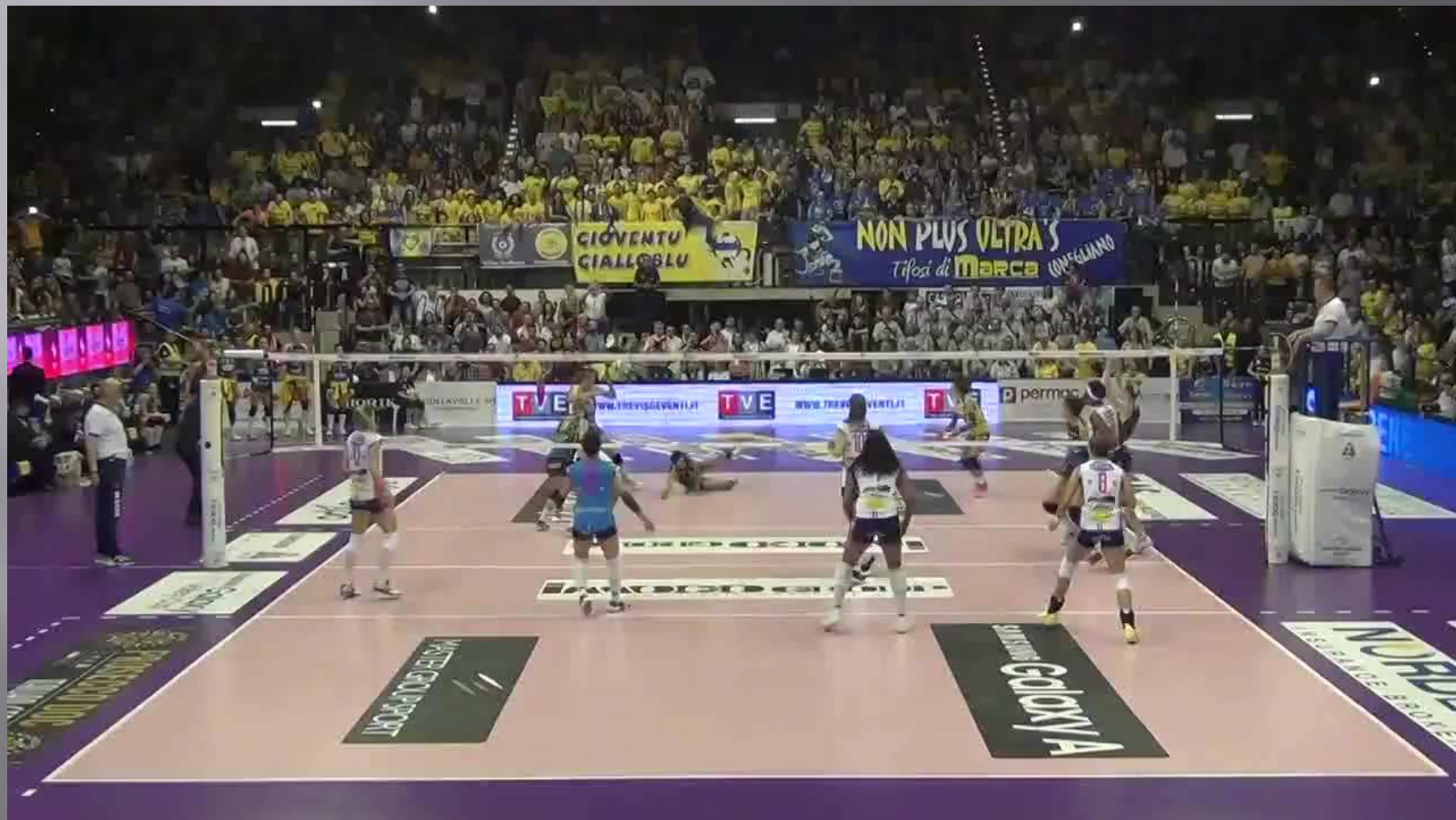
NOVARA



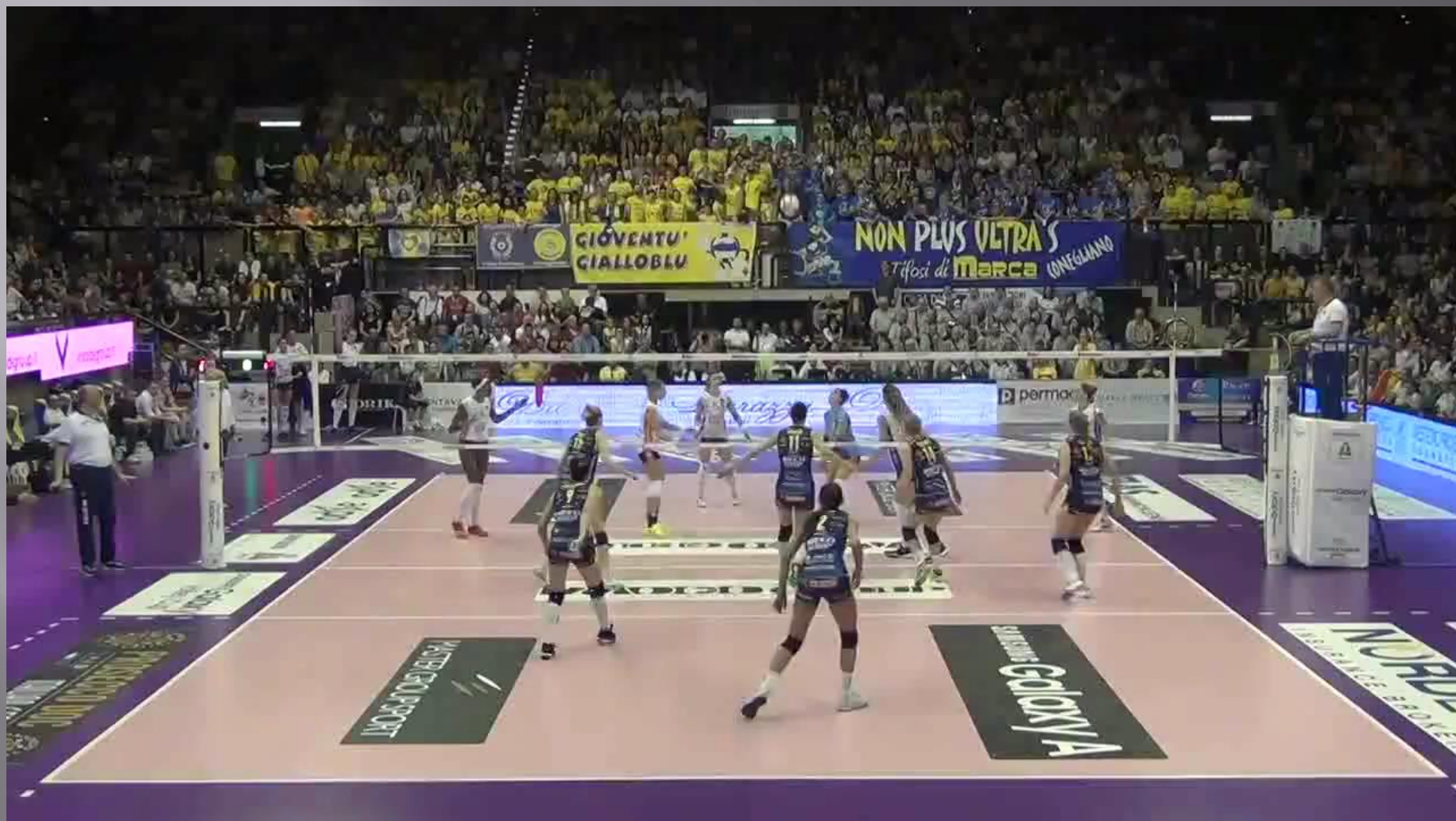
CONEGLIANO



Schemi attacco free ball



Schemi attacco free ball



Schemi attacco free ball



Schemi attacco free ball



Copertura





