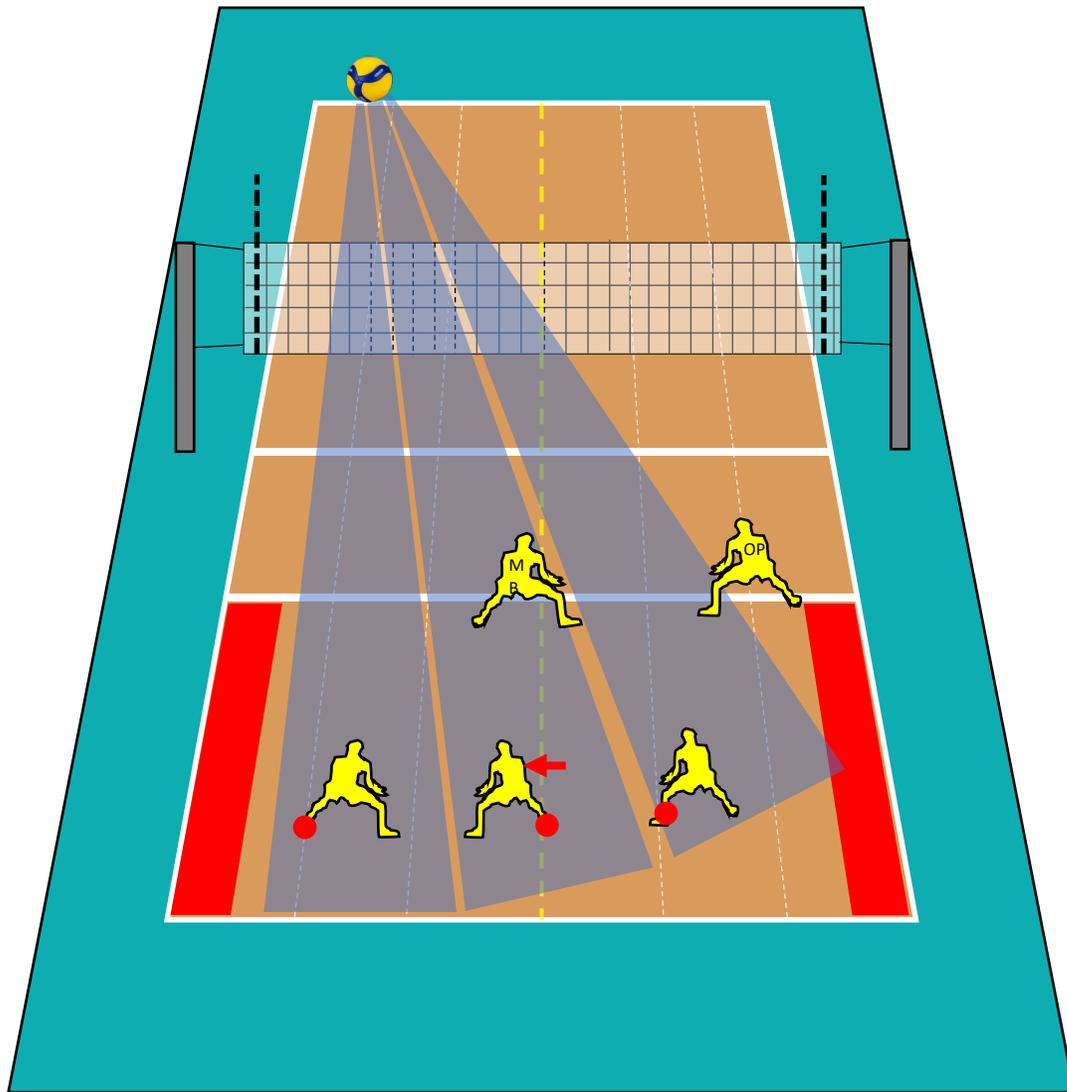


# SISTEMI DI RICEZIONE (SERVIZIO IN SALTO)





# RICEZIONE IN SALTO DA 1

Click next to play





13 Salparov  
Reception Q +





13

Salparov

Reception Q +





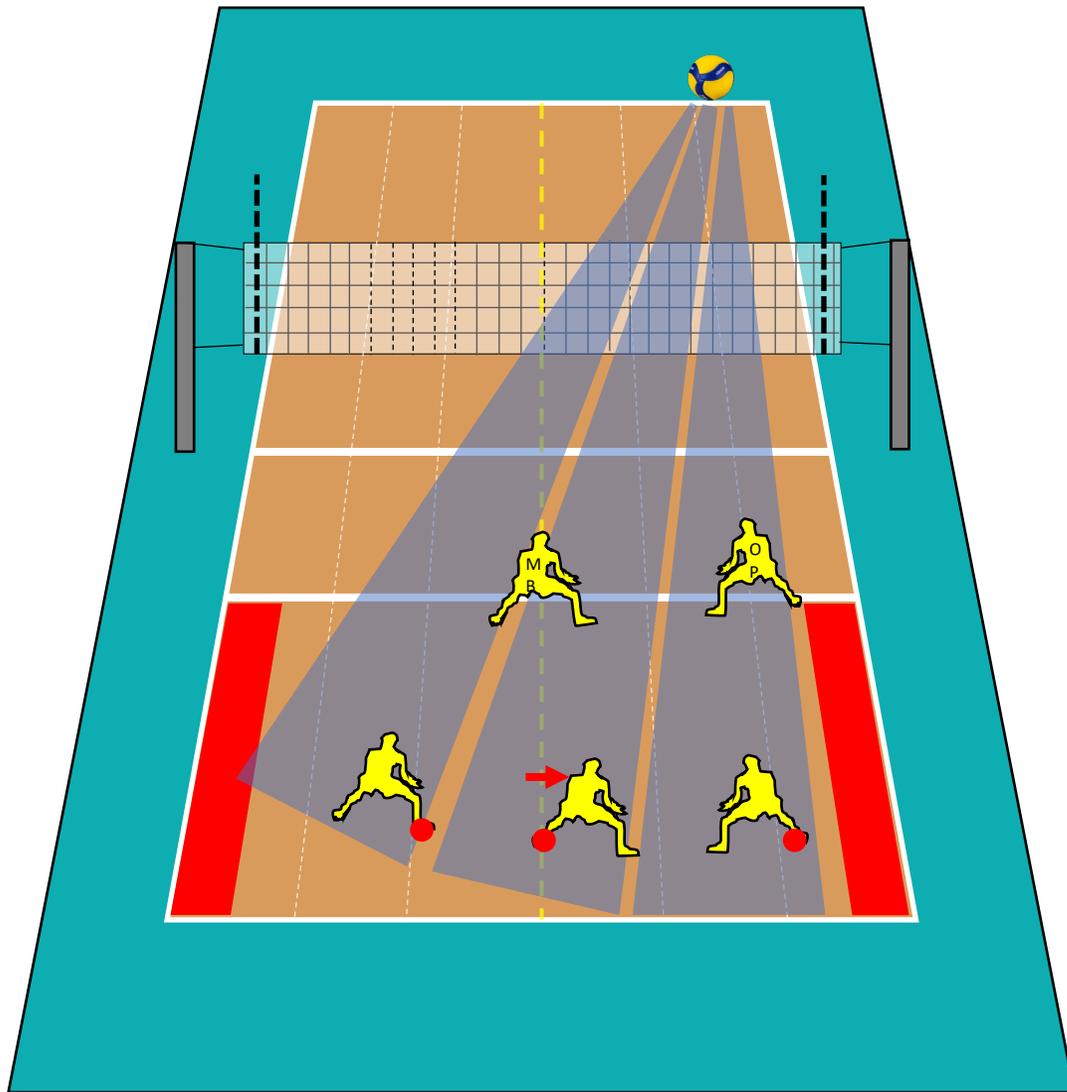
CEV Tokyo Volleyball European Qualification 2020

17

Penchev N.

Reception Q !





# RICEZIONE IN SALTO DA 5

Click next to play





BERDAP USLUCE

BERDAP USLUCE

Re  
Mo

20

4

14

20

17

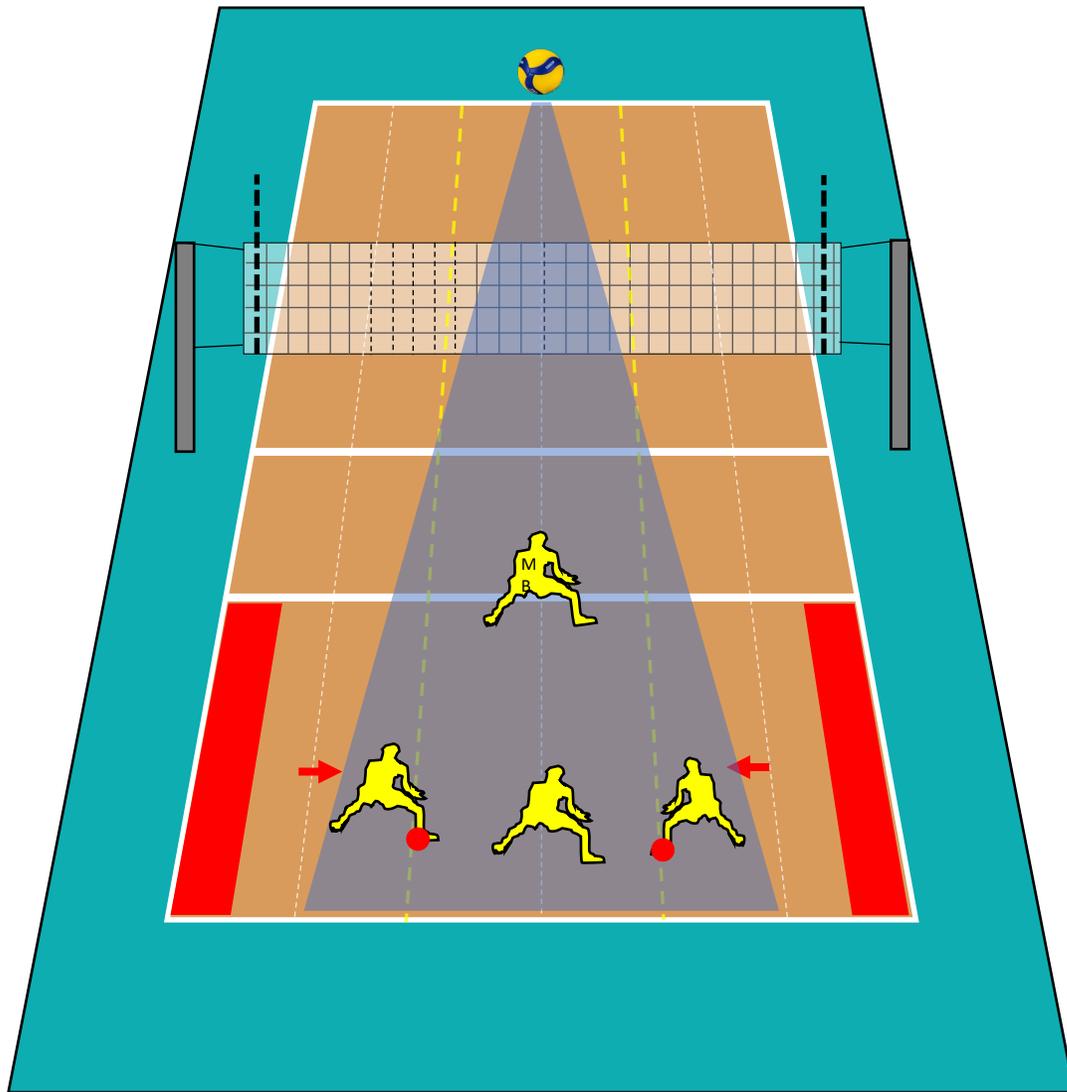
9

8

3

21





# RICEZIONE IN SALTO DA 6

Click next to play





#RoadToTokyo



4

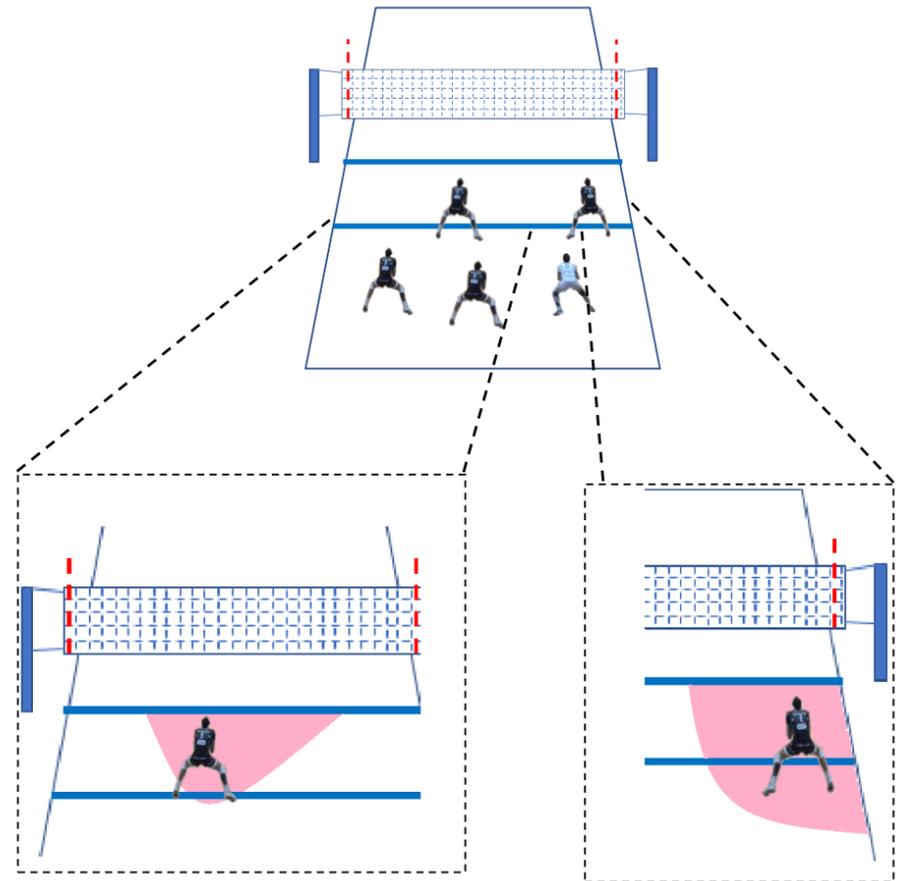
Atanasov

Reception Q +





# LA RICEZIONE DEI CENTRALI E DELL'OPPOSTO

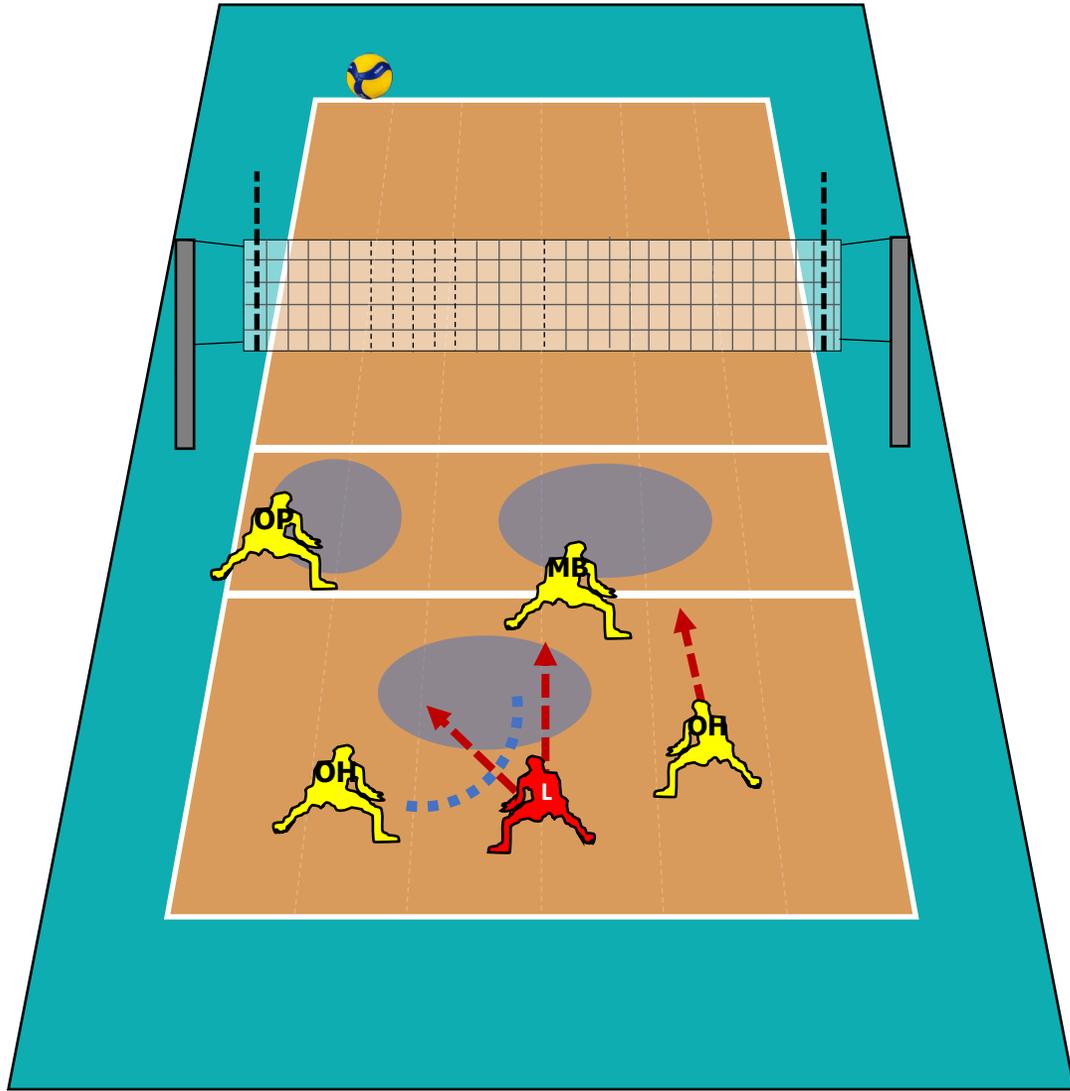


---

**SISTEMI DI  
RICEZIONE  
(SERVIZI FLOAT)**

---

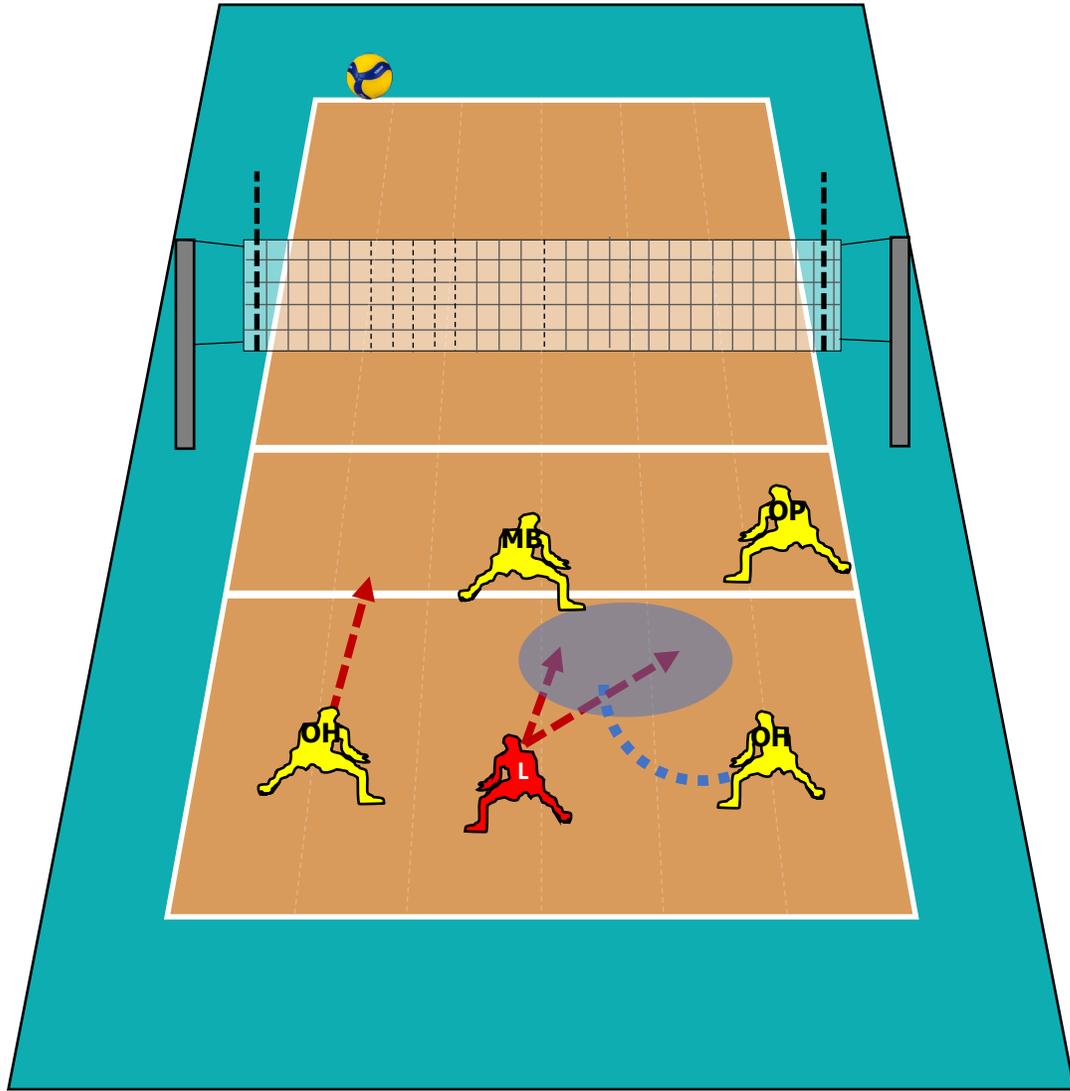




P1

Click next to play

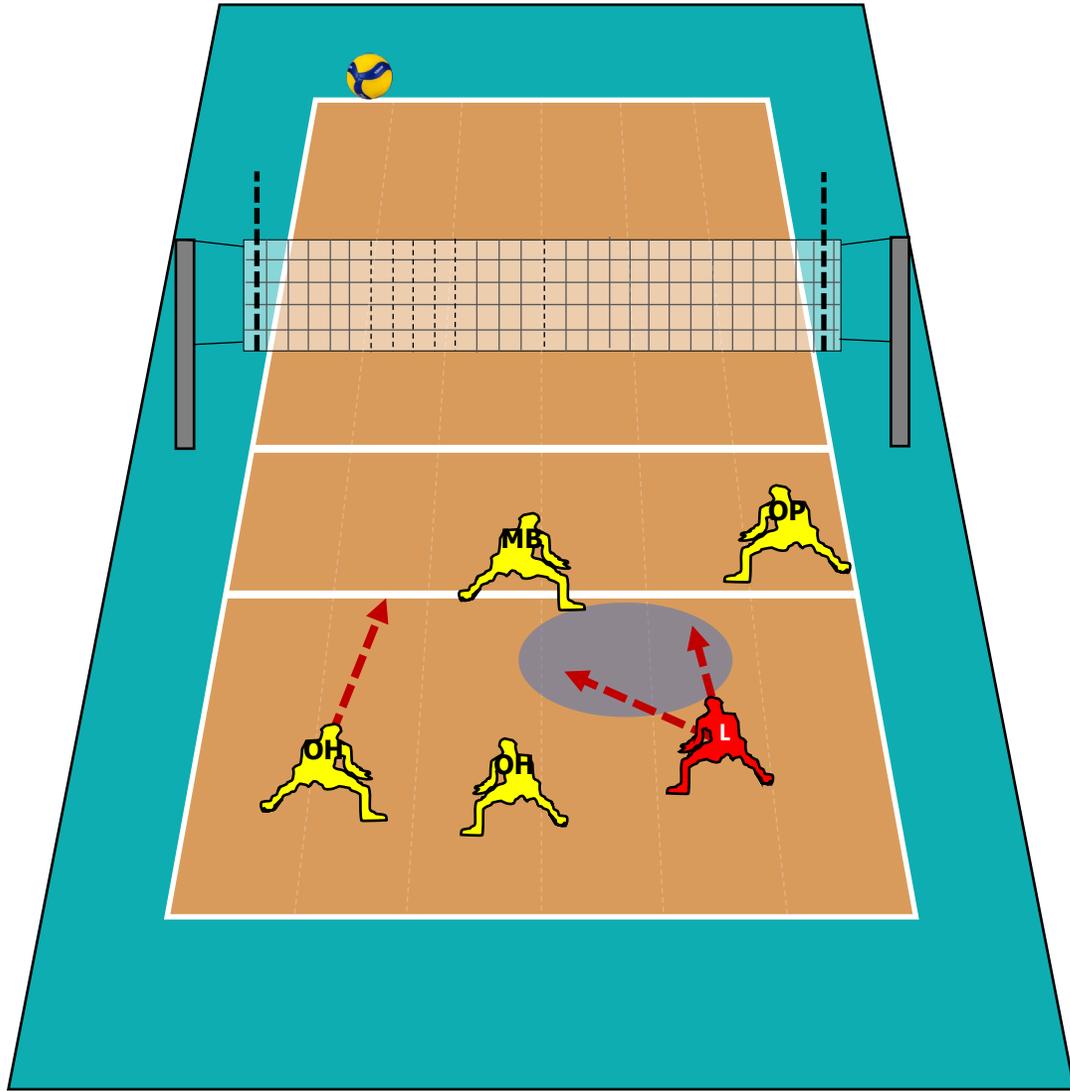




P6

Click next to play

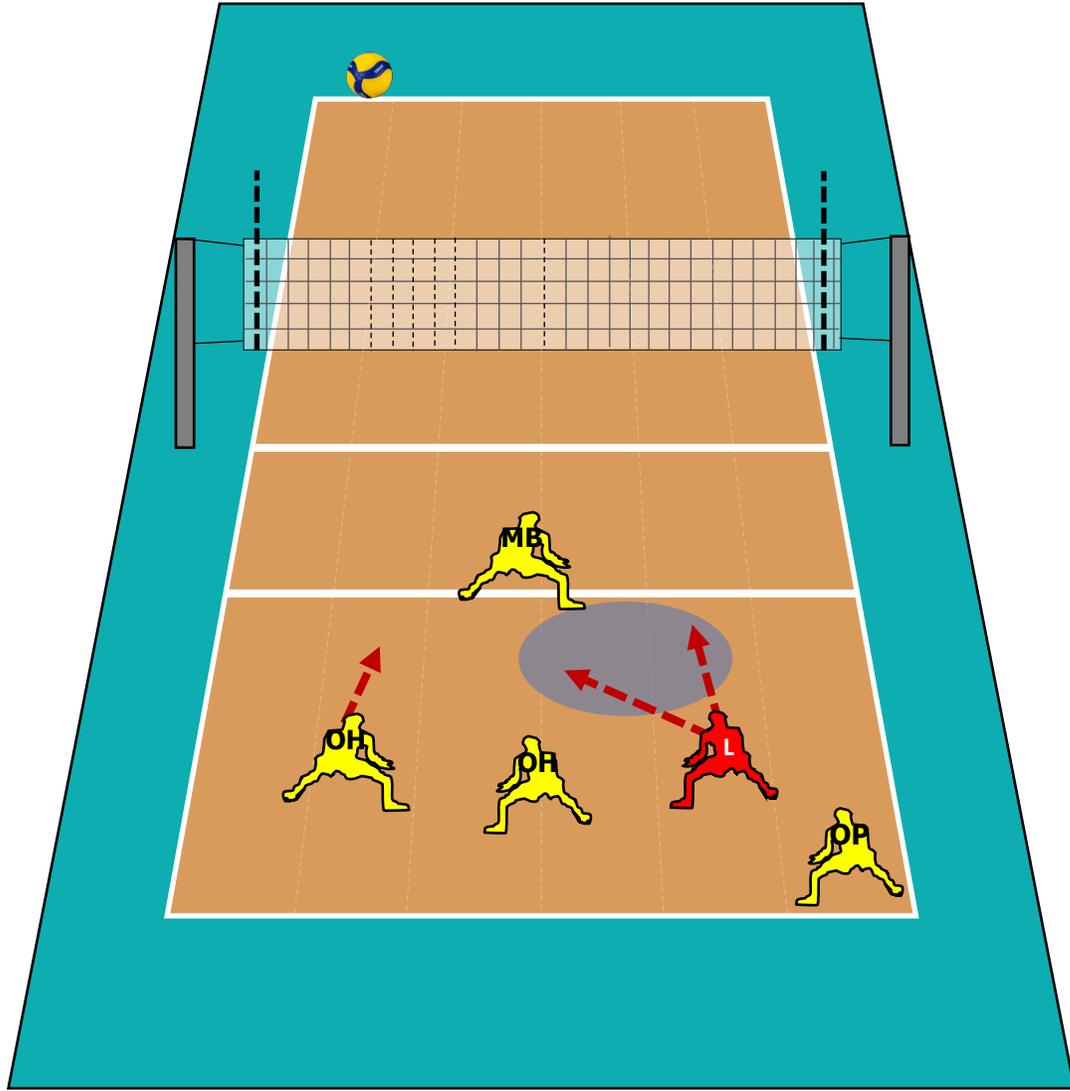




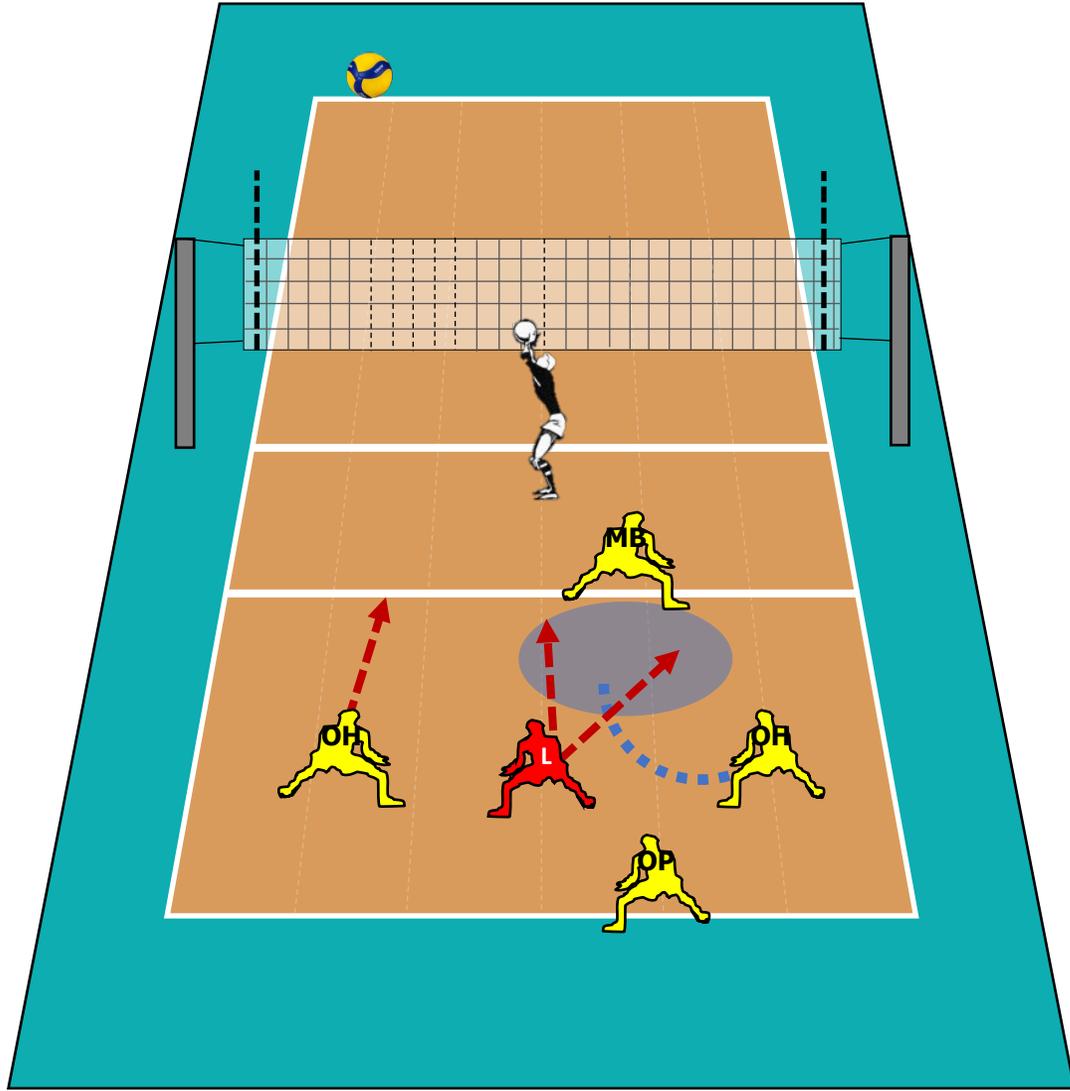
**P5**

Click next to play





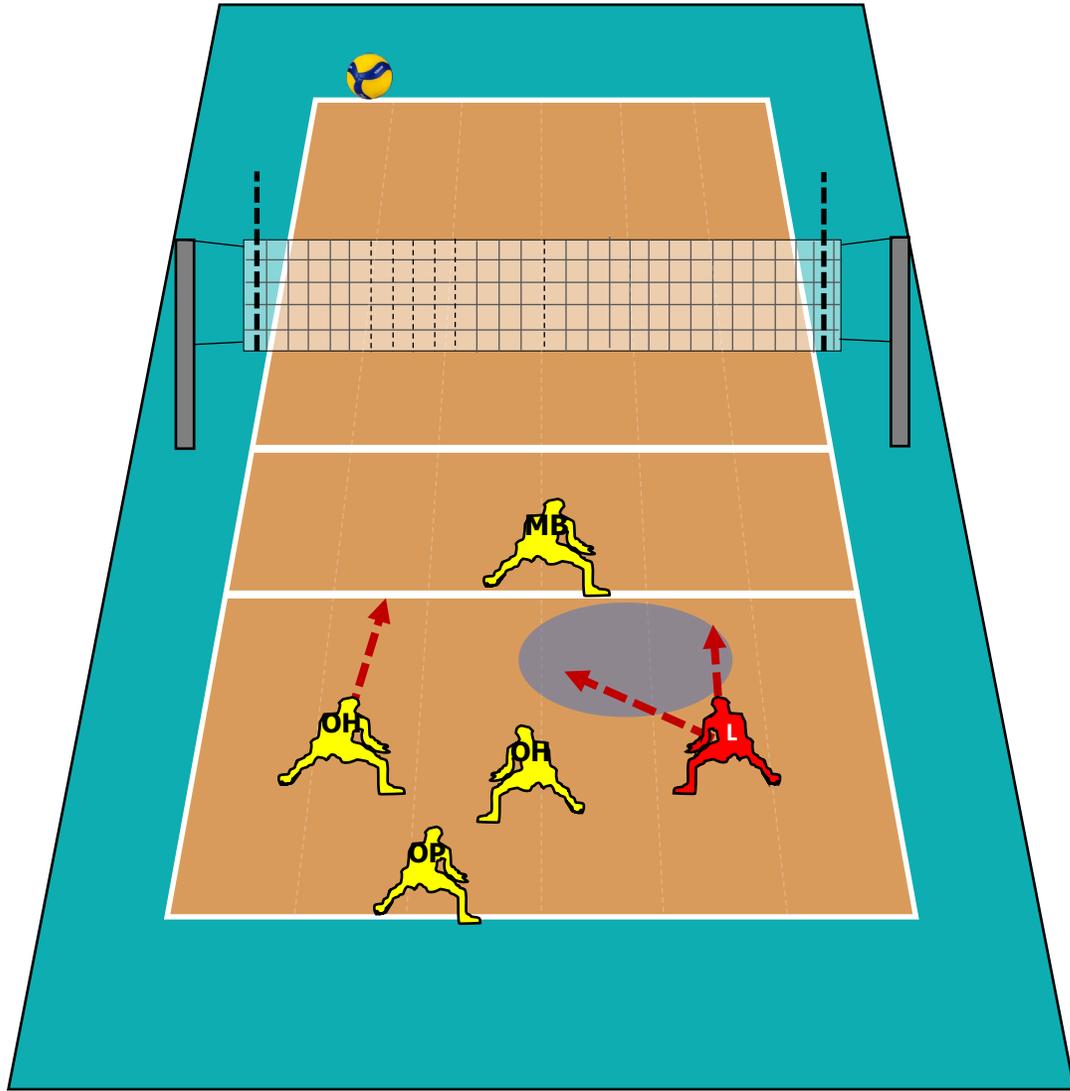
P4



P3

Click next to play





P2

Click next to play



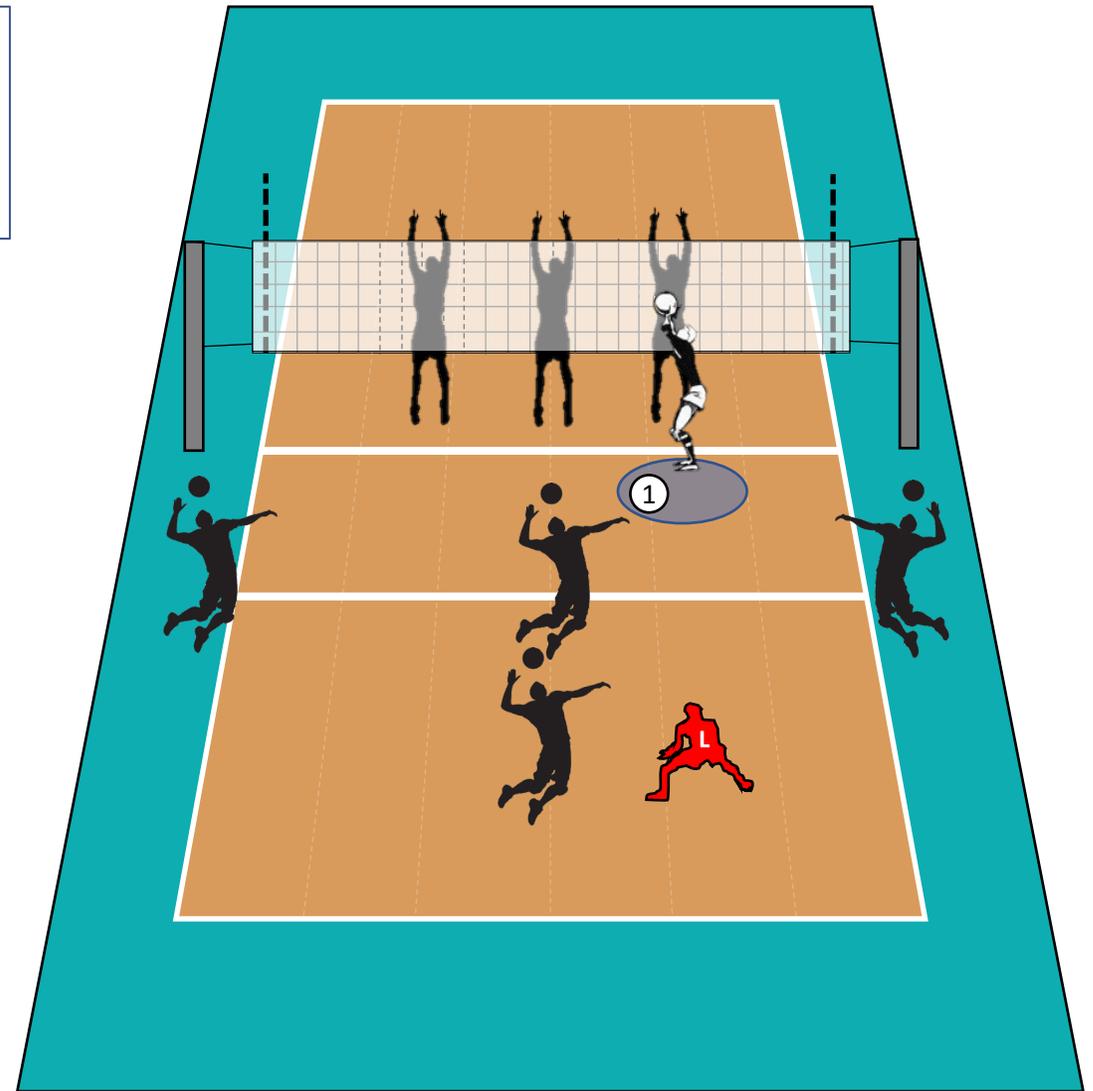
---

# ORGANIZZAZIONE DEI SISTEMI DI ATTACCO

---

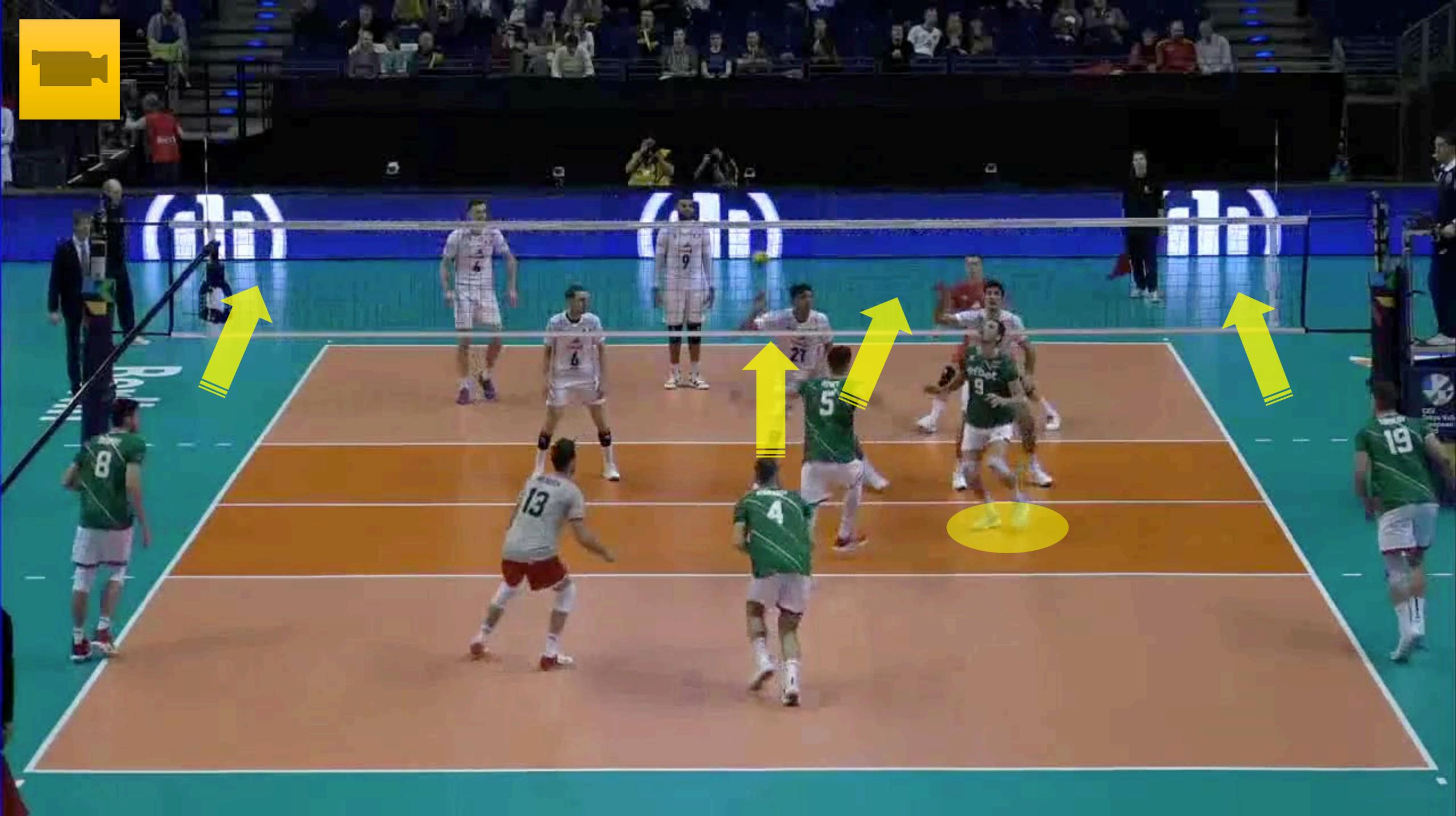
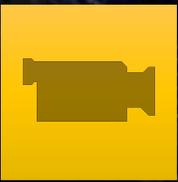


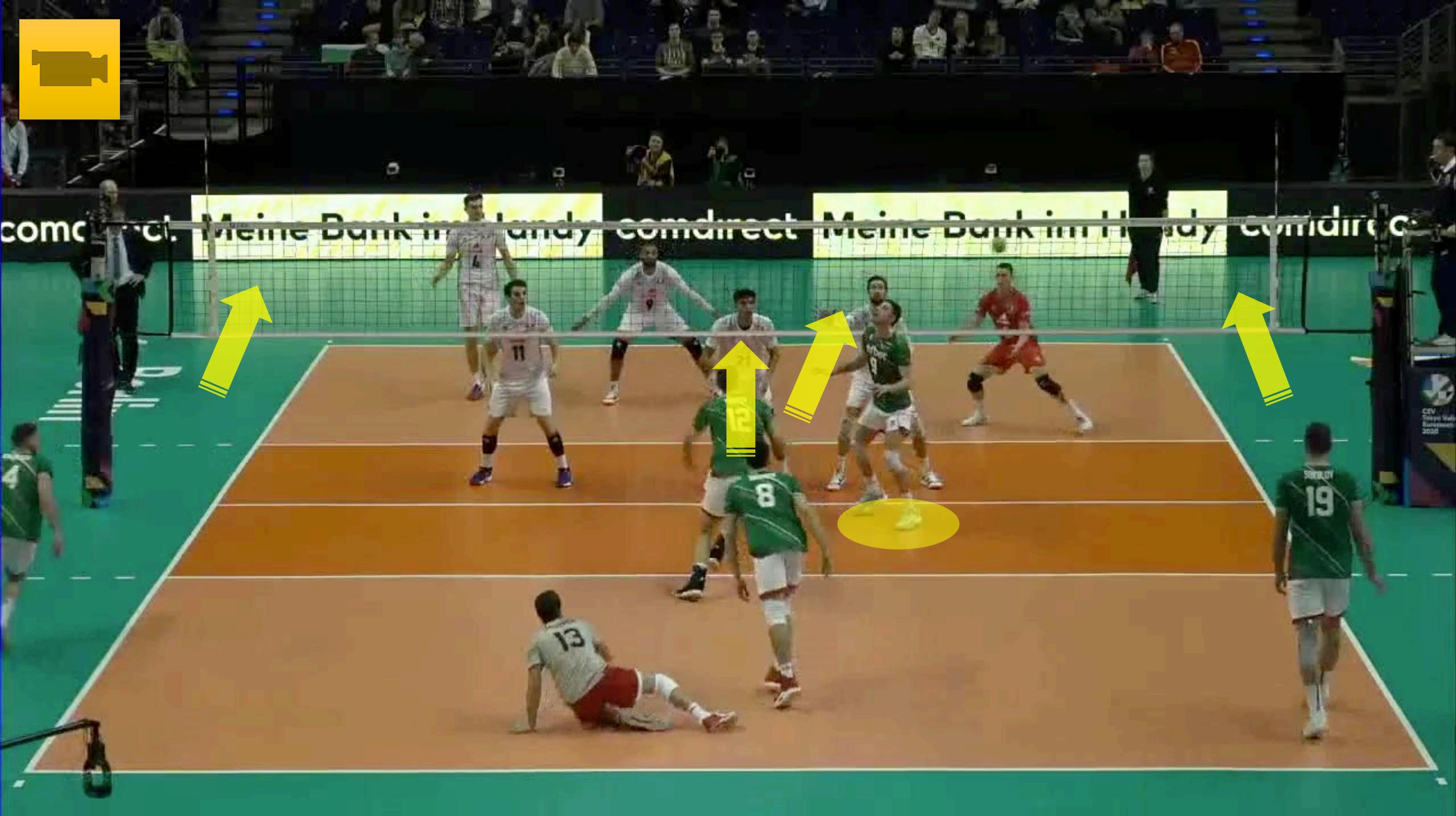
# RICEZIONE IN 2



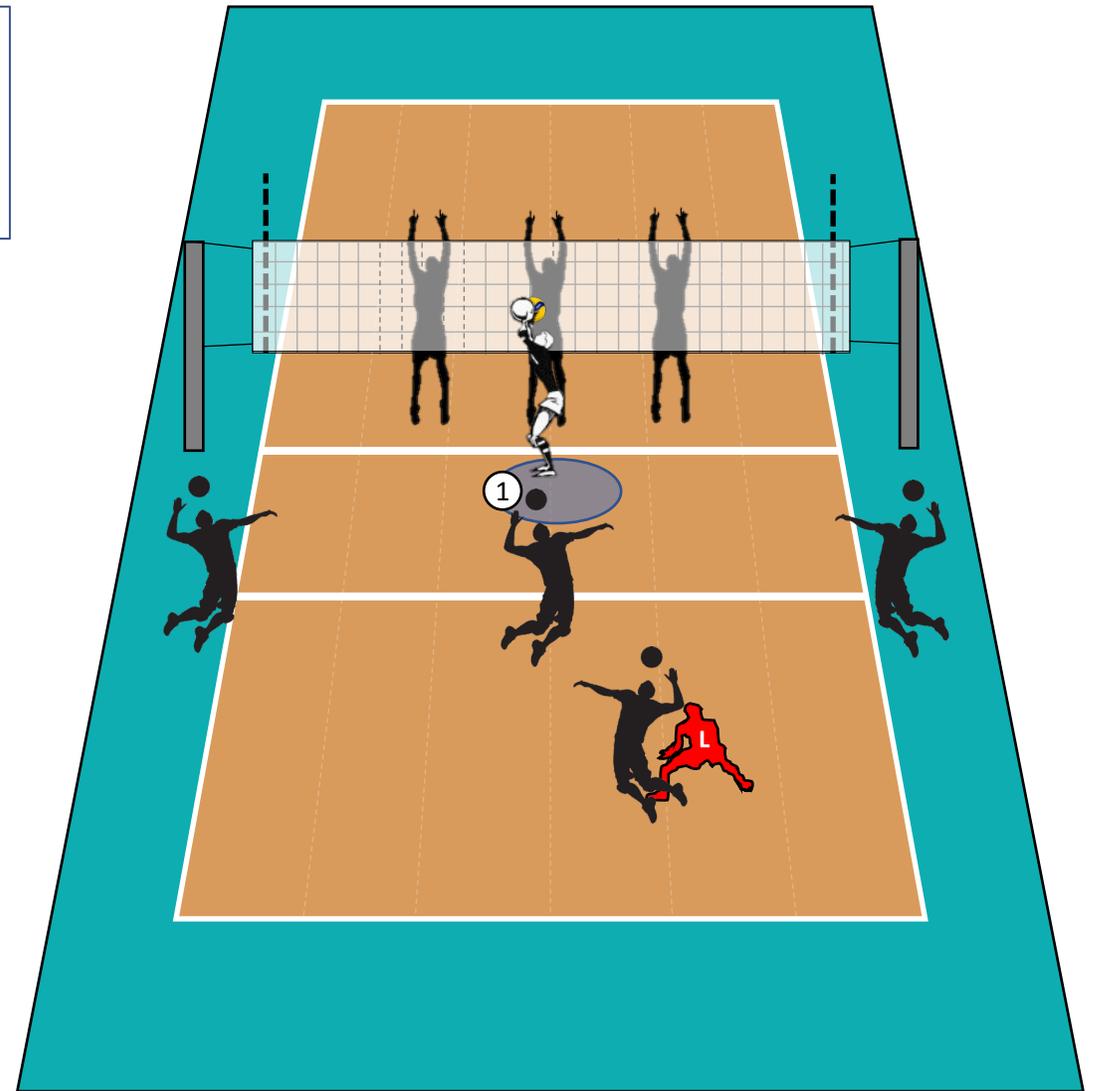
Click next to play







# RICEZIONE IN ZONA 3

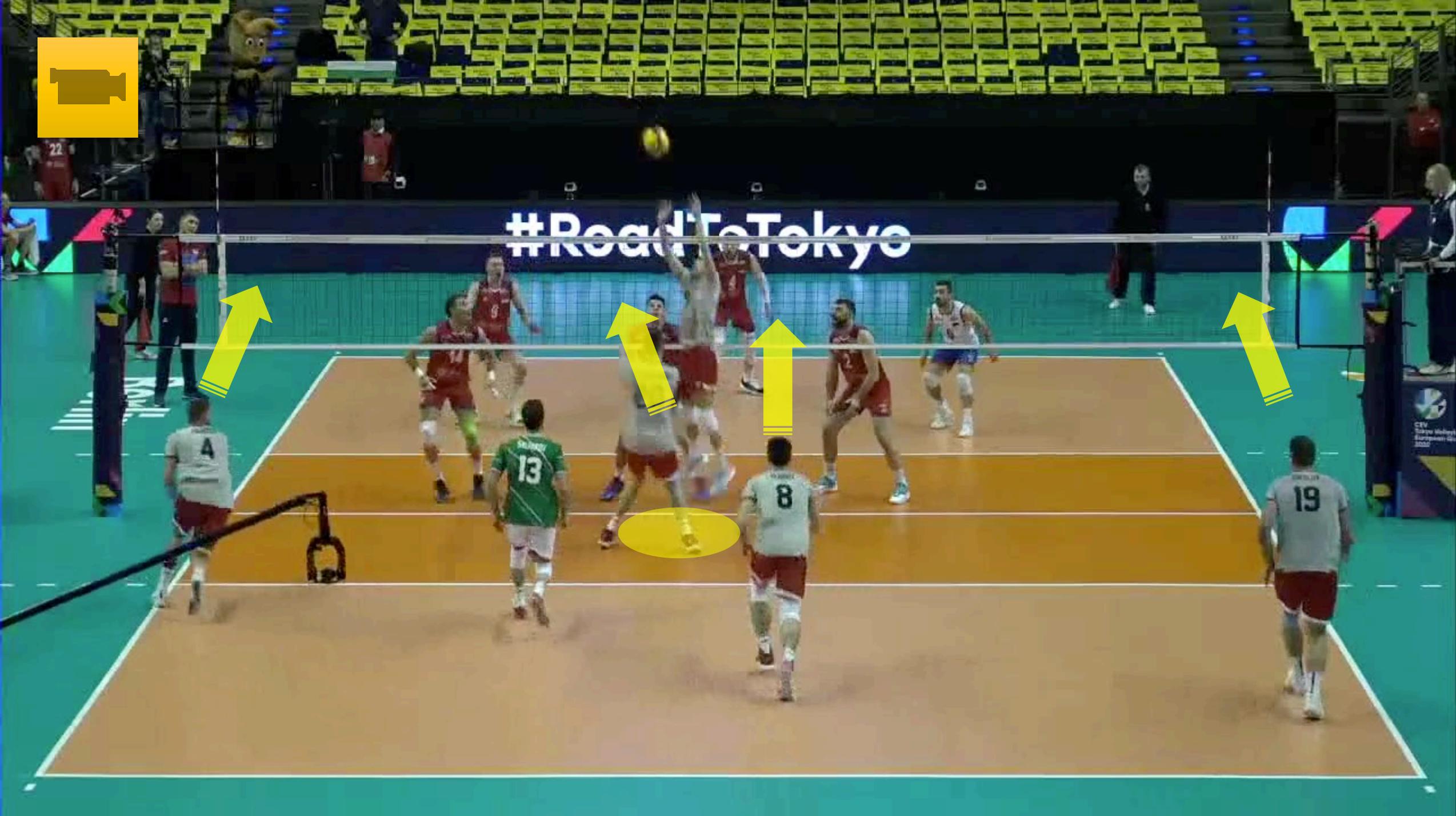


Click next to play





#RoadToTokyo





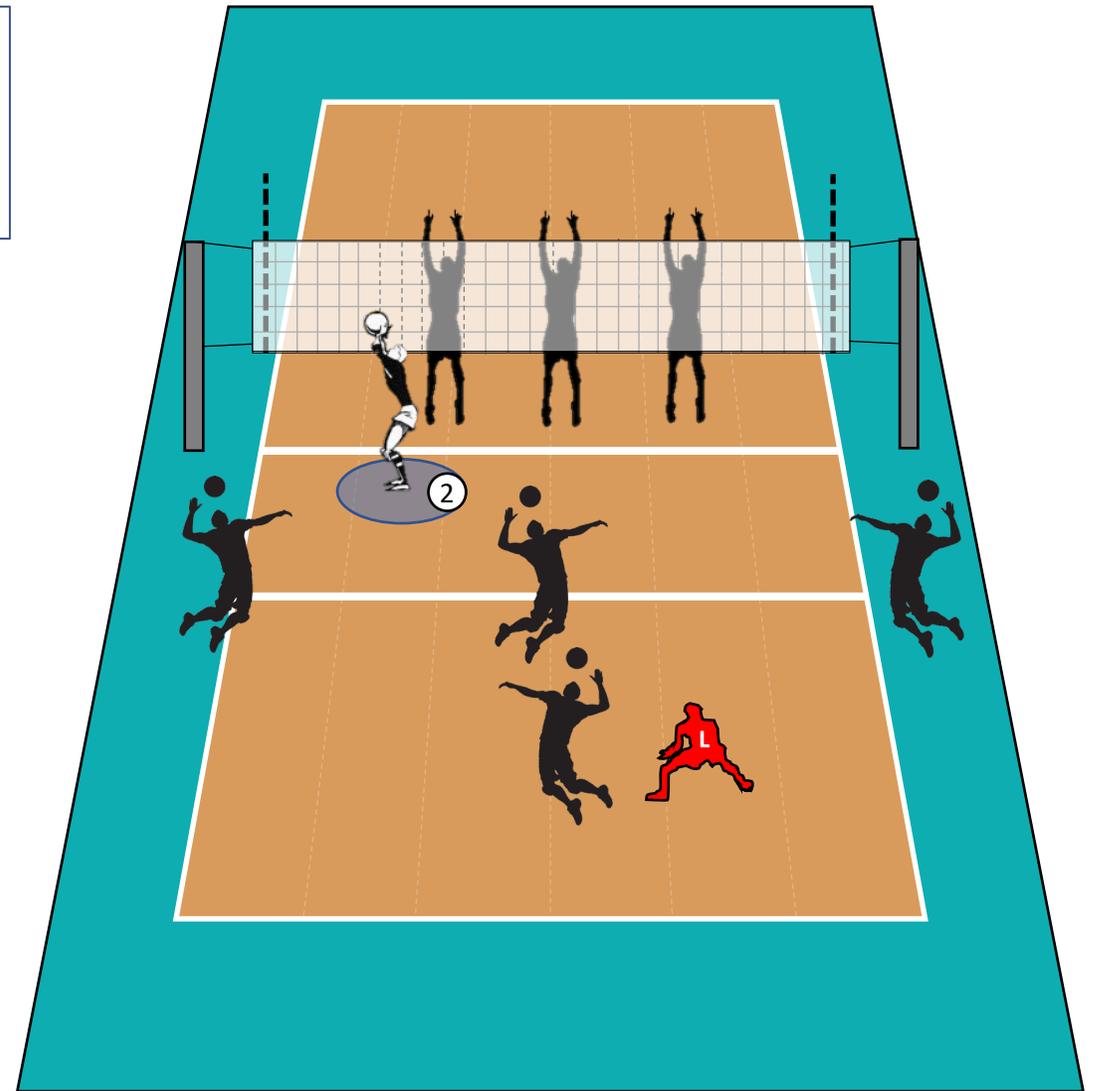
29 February 2020



6 Penchev R.  
Pipe /



# RICEZIONE IN ZONA 4



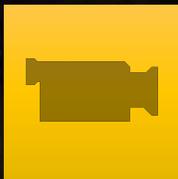
Click next to play



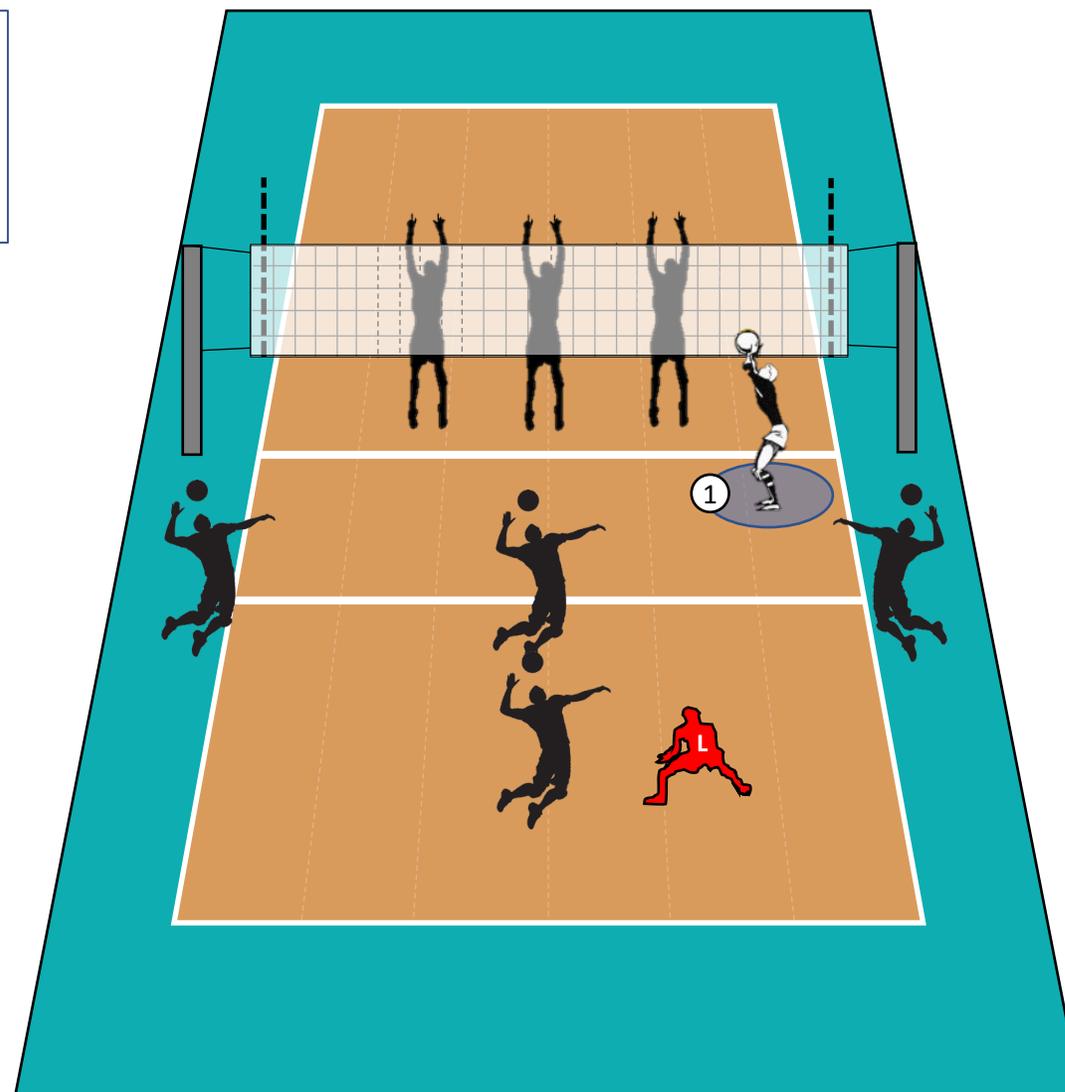
ATTRAKTIVER als Du denkst!

Allianz (i)





# RICEZIONE «ESTREMA 2»



Click next to play





TOKYO VOLLEYBALL QUALIFICATION

МИНИСТЕРСТВО НА МЛАДЕЖТА И СПОРТА

VOLLEYBALLWORLD TV

VADIA SPORT



13

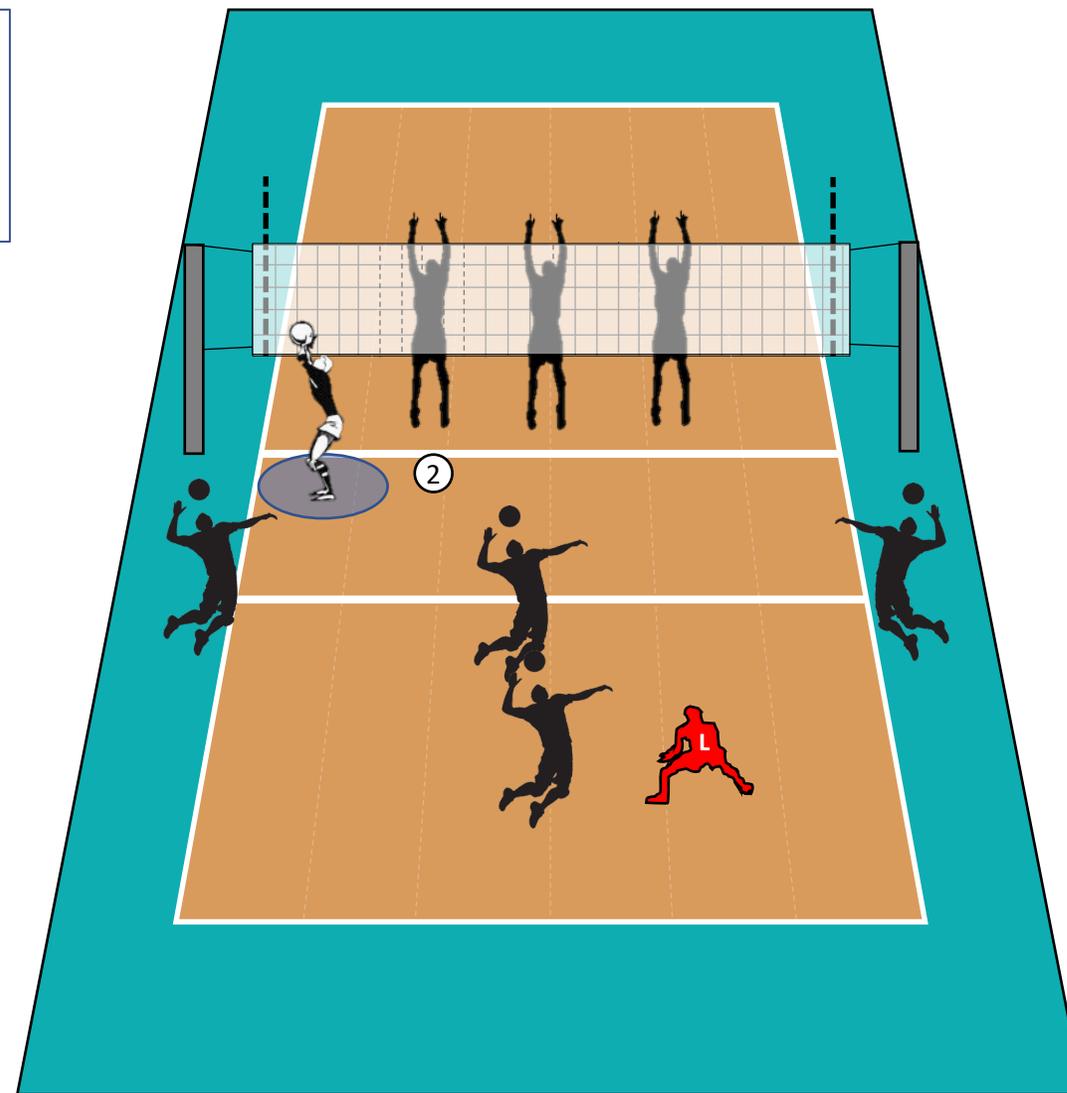
4

8

16

9

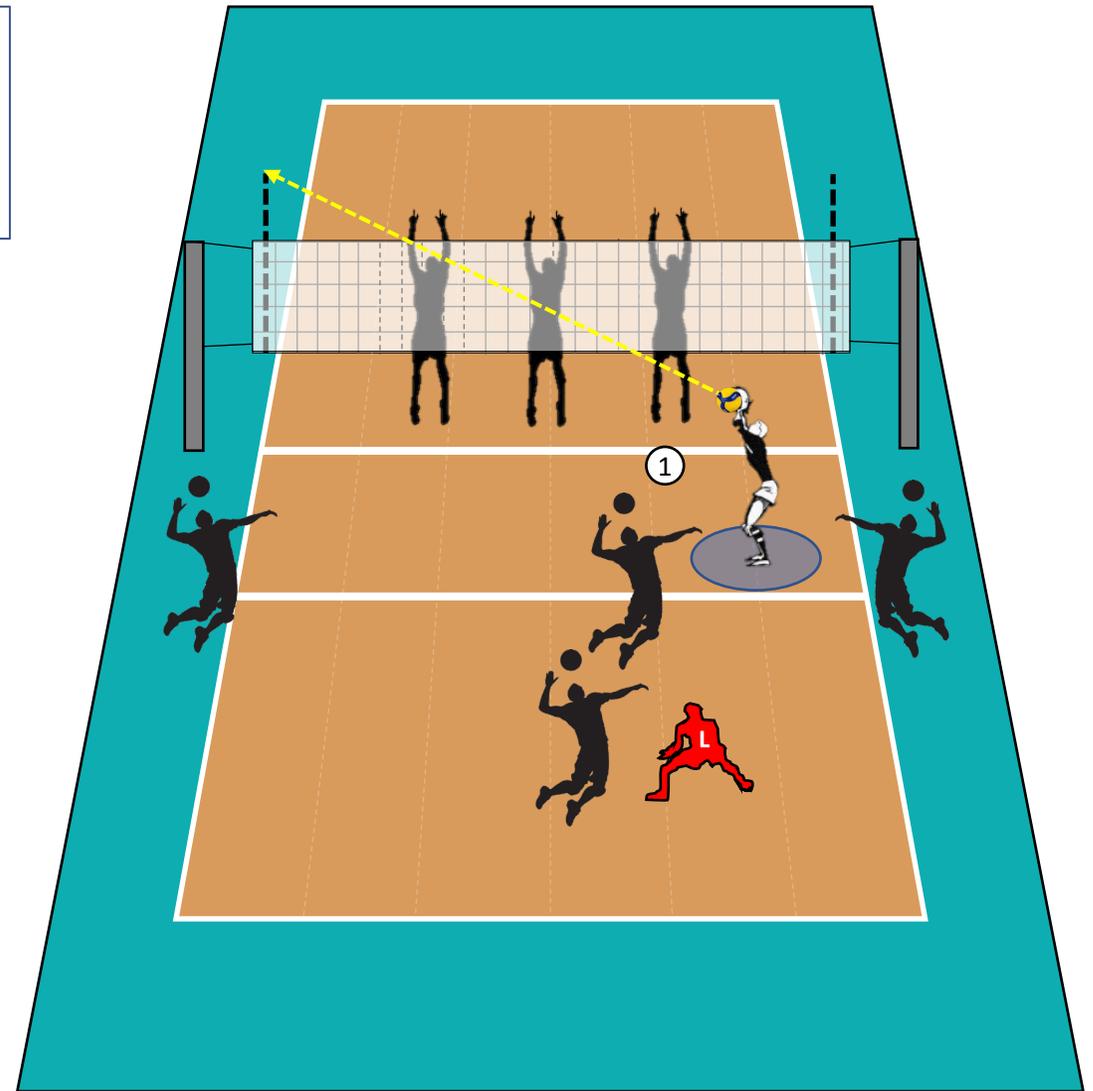
# RICEZIONE «ESTREMA 4»



Click next to play



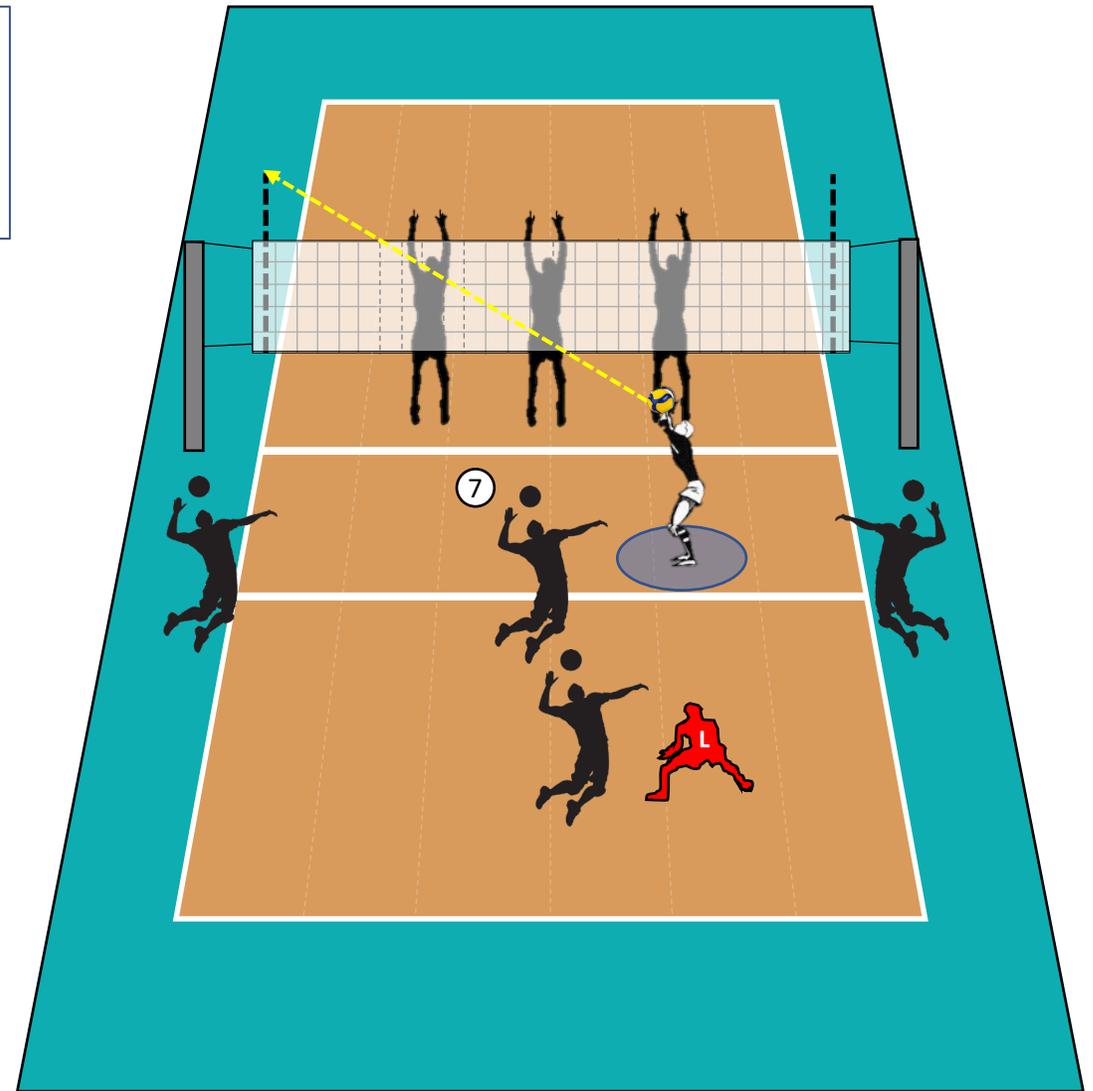
# RICEZIONE «ZNAK IN 2»



Click next to play



# RICEZIONE «ZNAK IN 2»

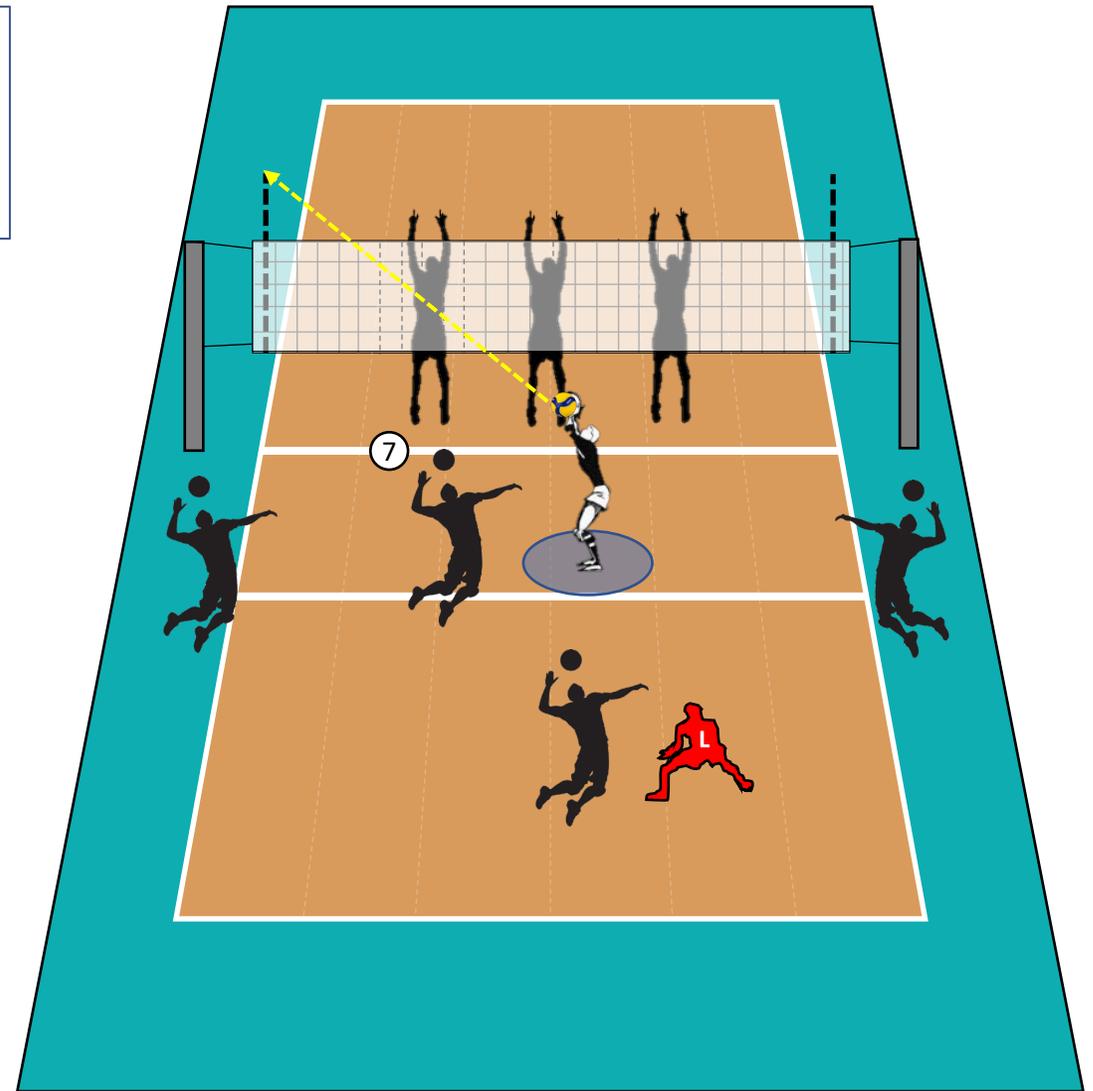


Click next to play





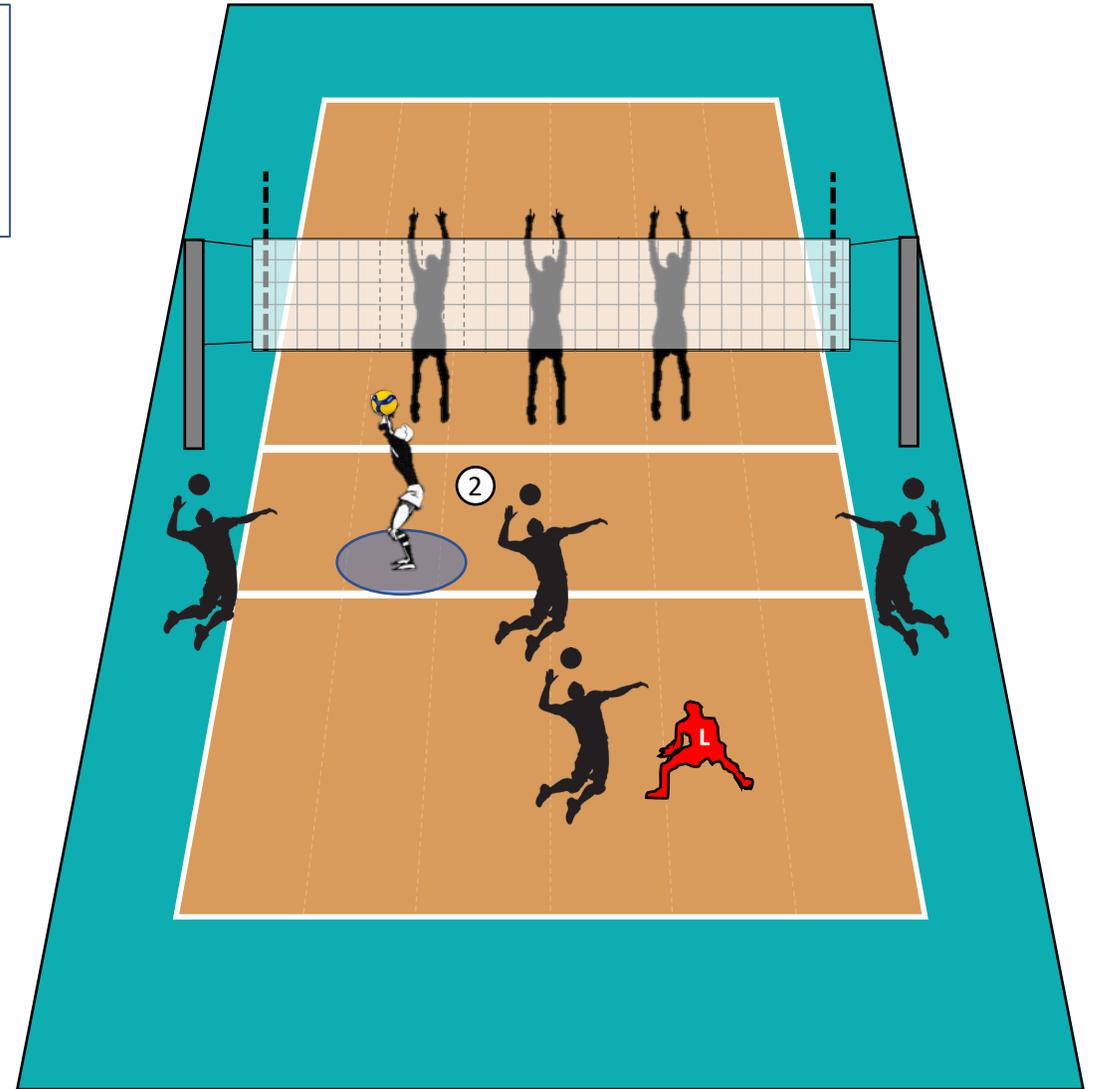
# RICEZIONE «ZNAK IN 3»



Click next to play



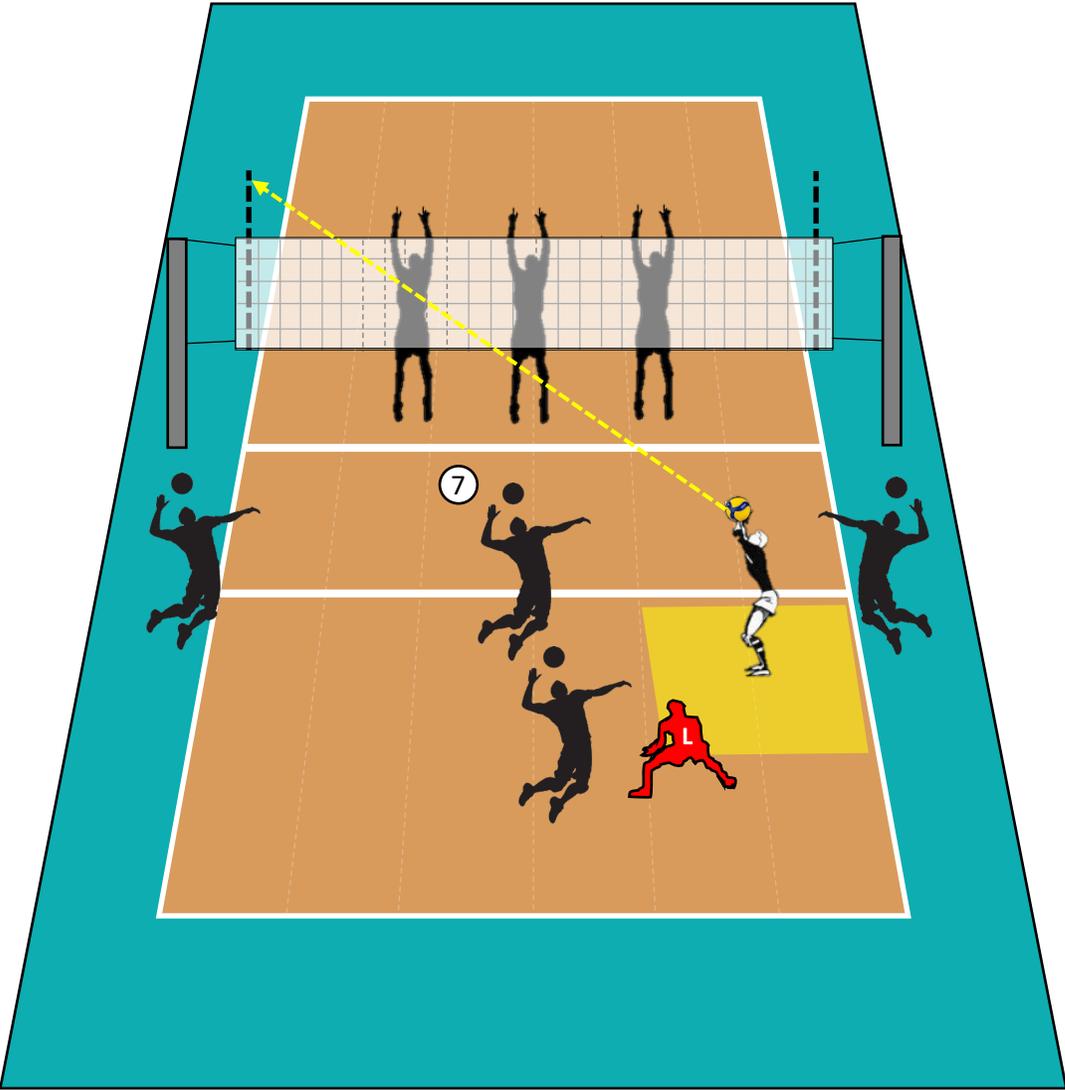
# RICEZIONE «ZNAK IN 4»



Click next to play



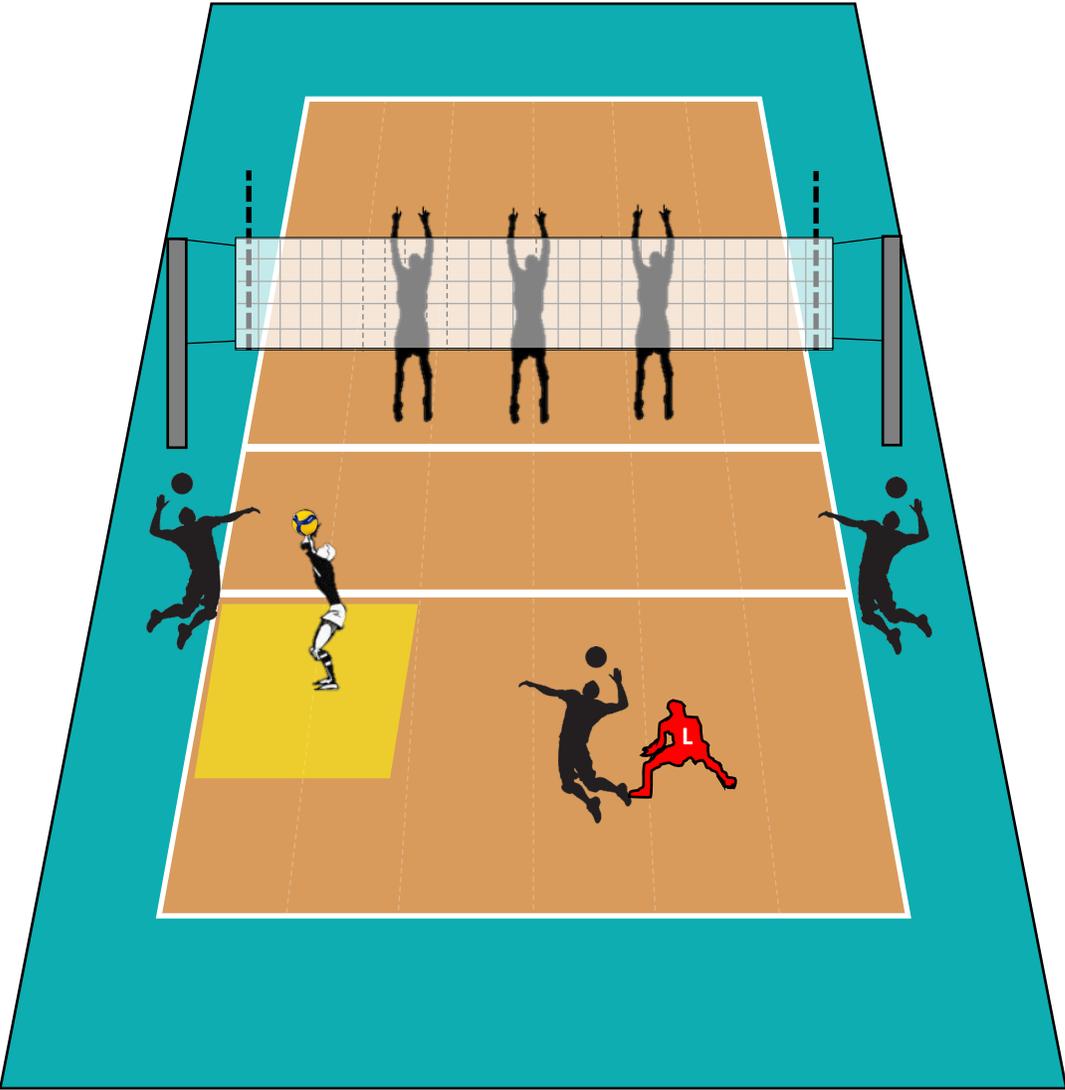
# RICEZIONE IN ZONA 9



Click next to play



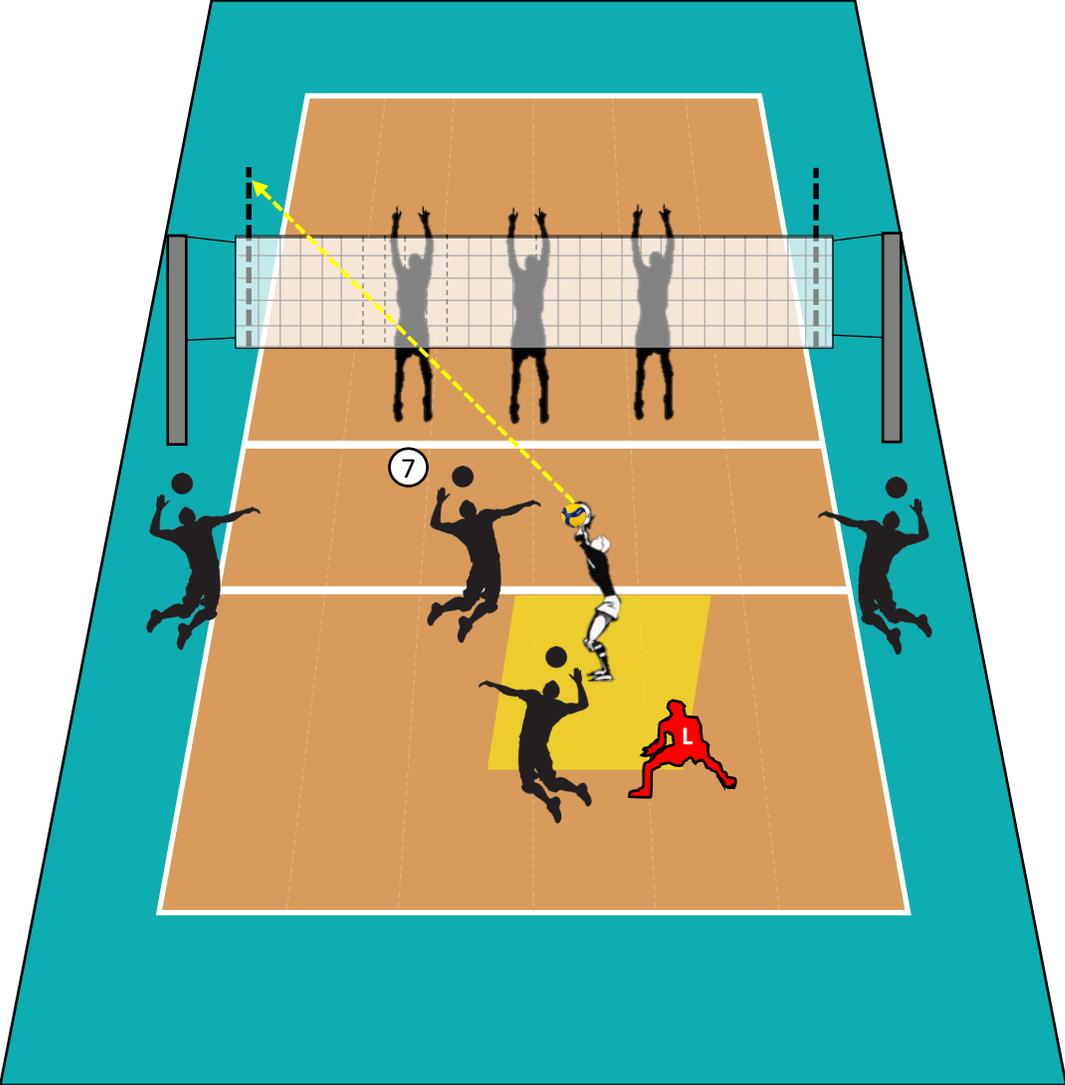
# RICEZIONE IN ZONA 7



Click next to play



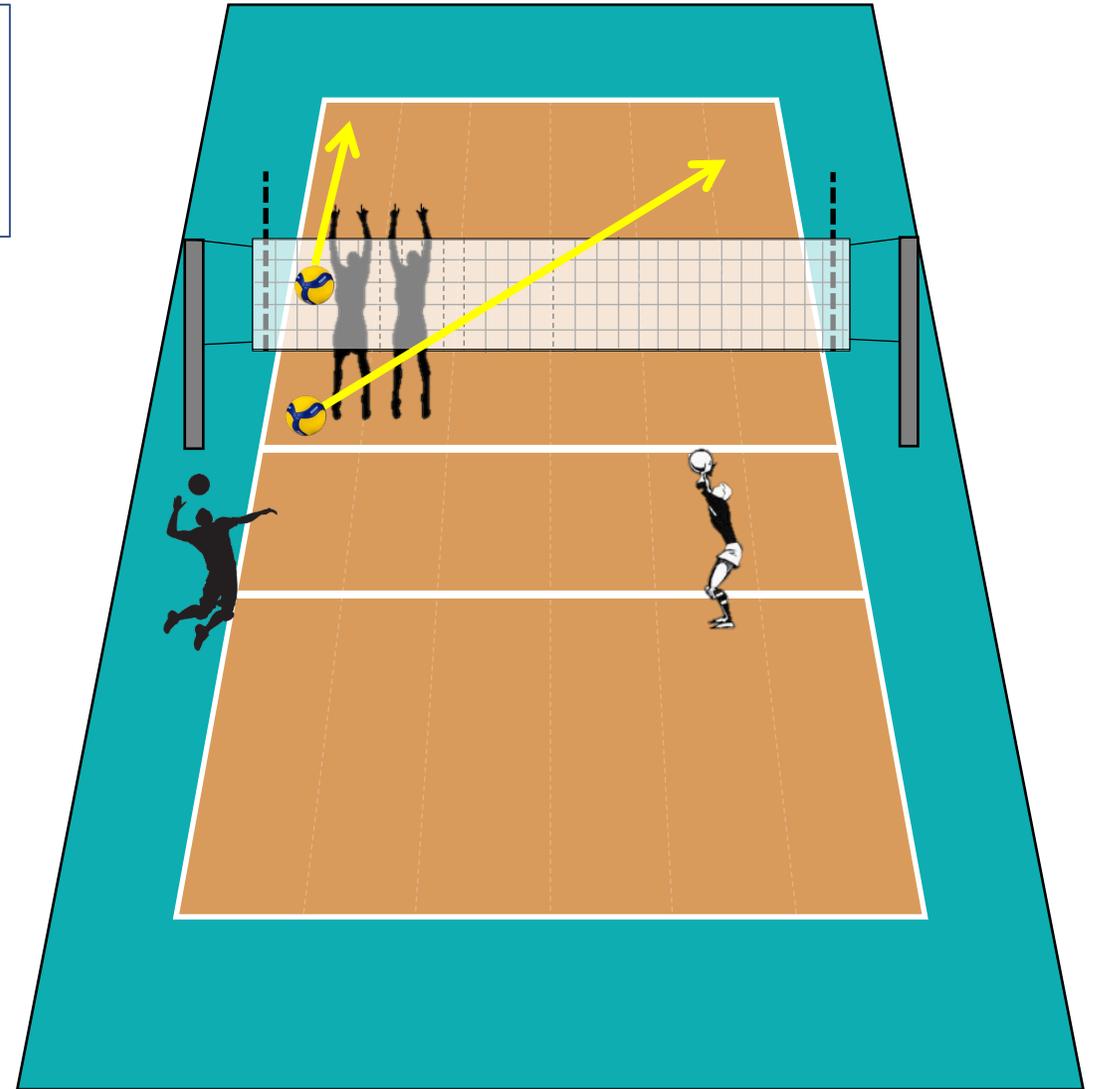
# RICEZIONE IN ZONA 8



Click next to play



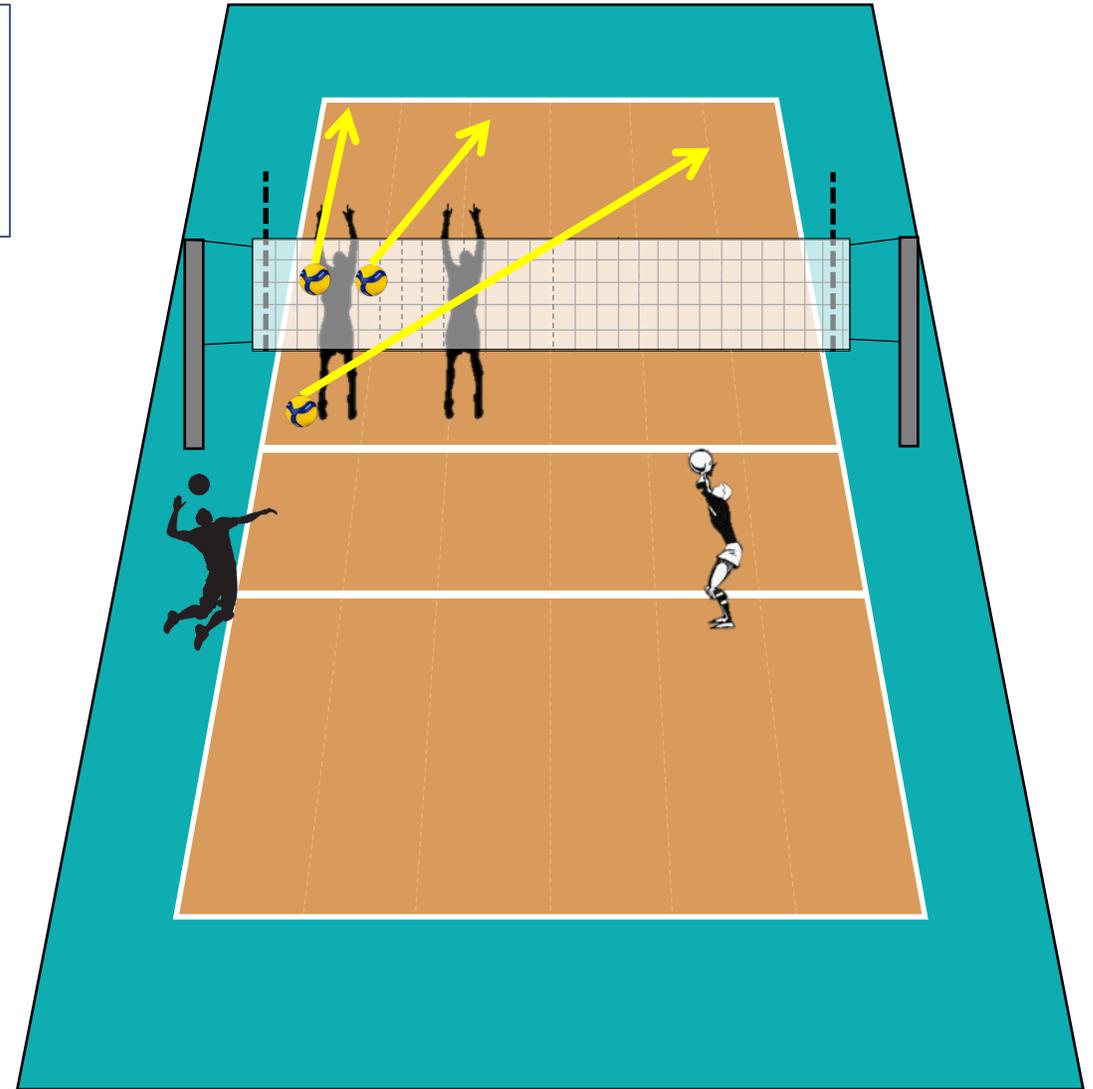
# GESTIONE DEL COLPO DI ATTACCO CON MURO A 2



Click next to play



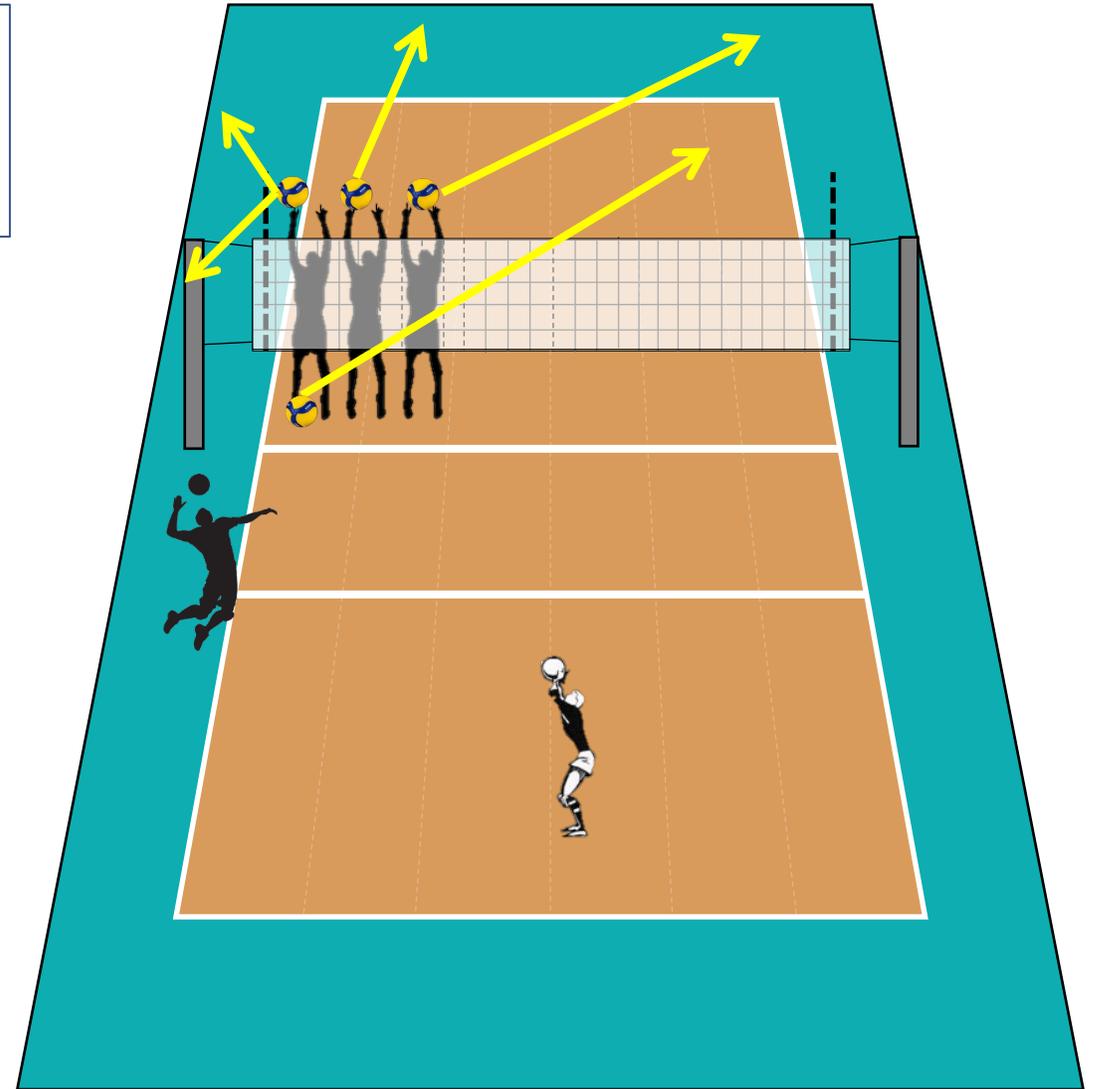
# GESTIONE DEL COLPO DI ATTACCO CON MURO APERTO



Click next to play



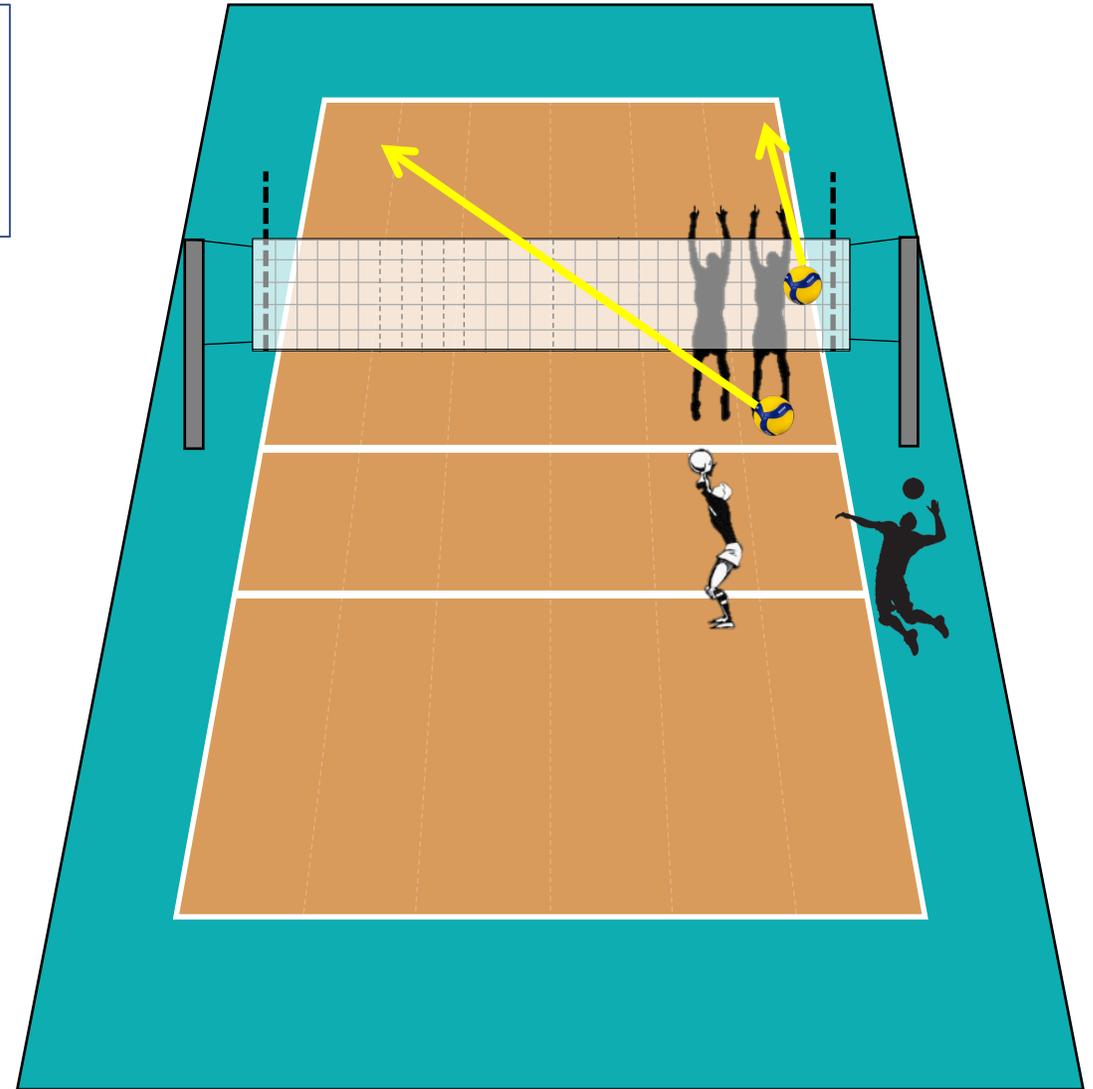
# GESTIONE DEL COLPO DI ATTACCO SU PALLA ALTA



Click next to play



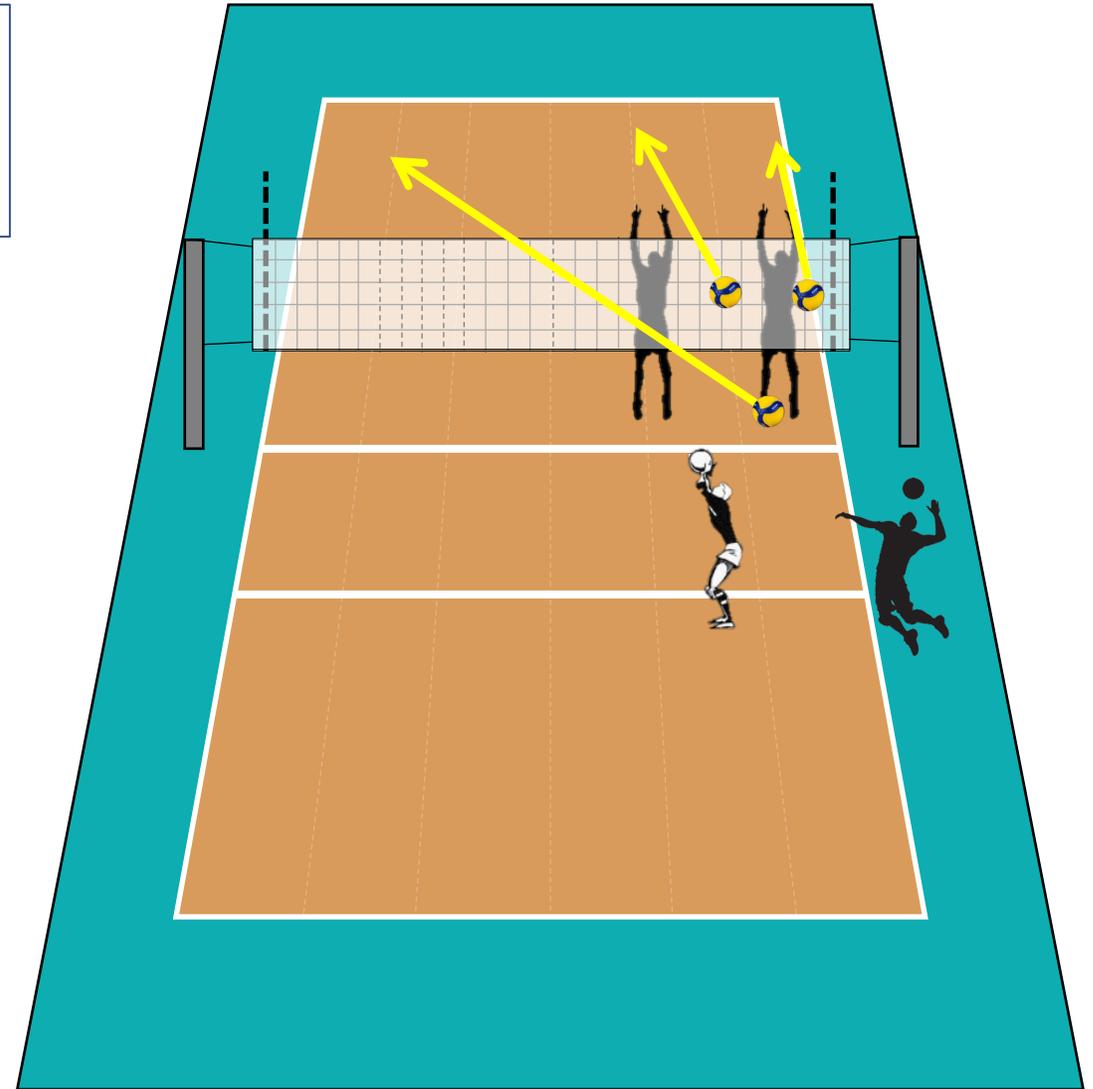
# GESTIONE DEL COLPO DI ATTACCO CON MURO A 2



Click next to play



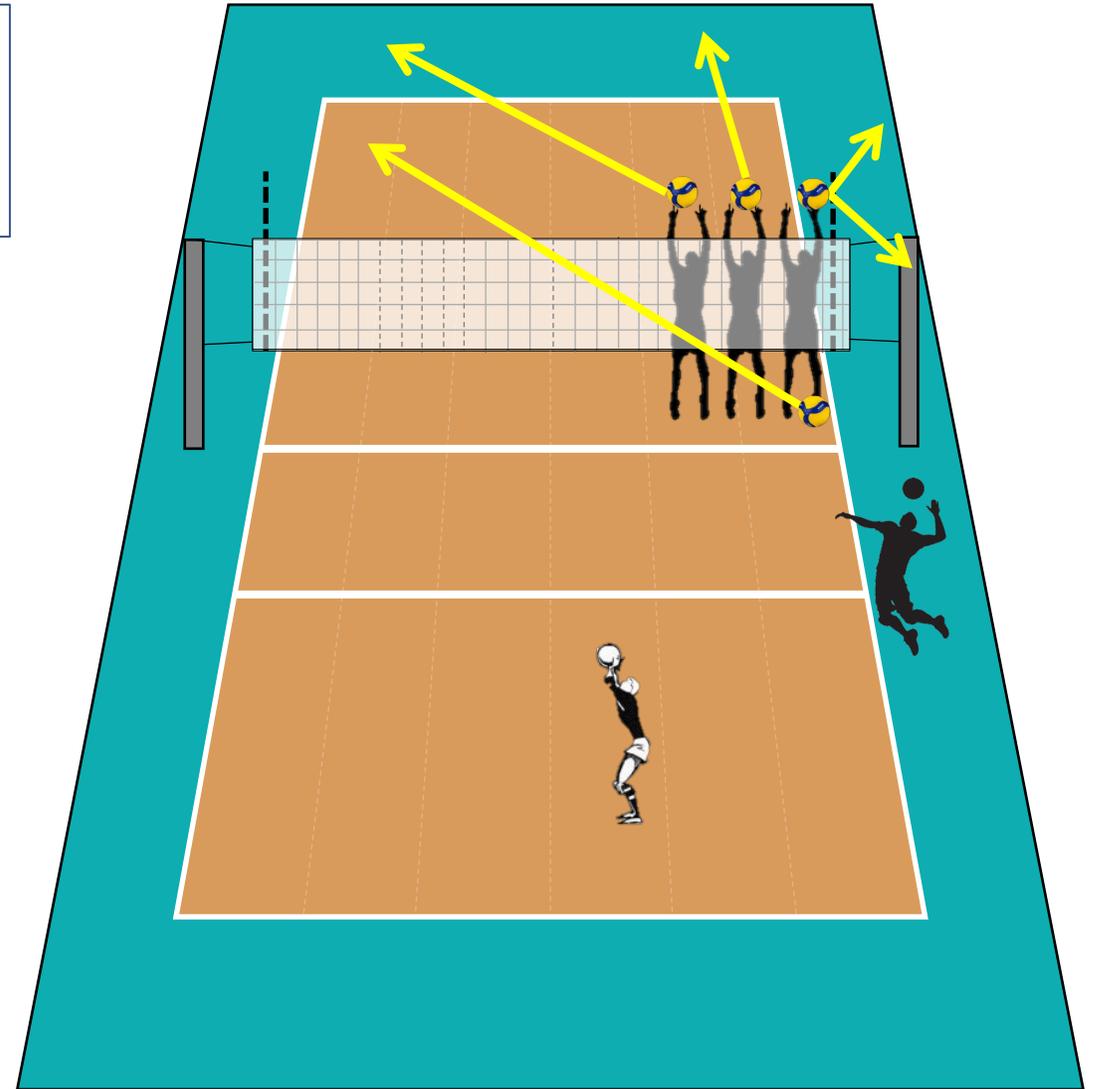
# GESTIONE DEL COLPO DI ATTACCO CON MURO APERTO



Click next to play



# GESTIONE DEL COLPO DI ATTACCO SU PALLA ALTA



Click next to play



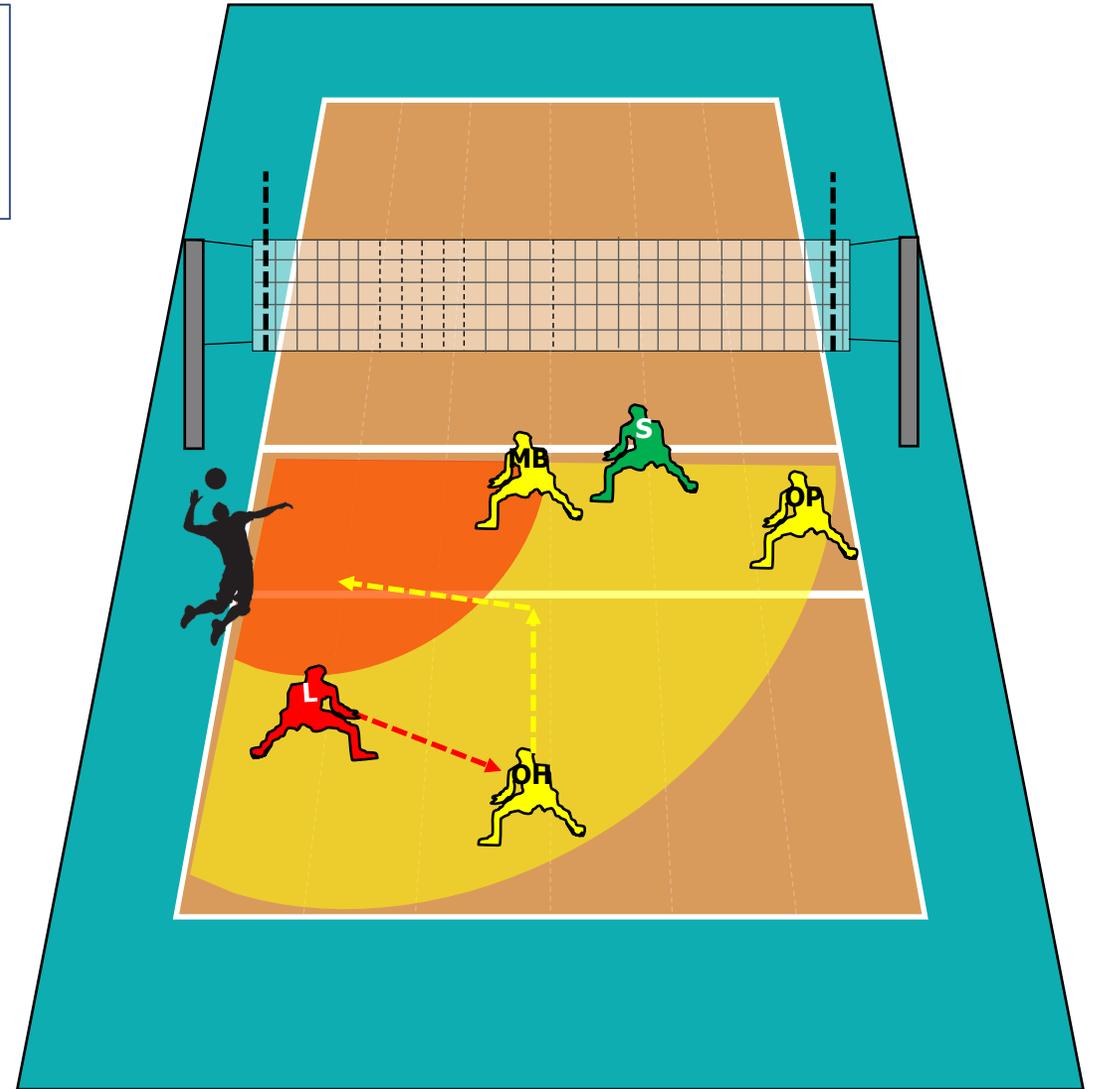
---

# SISTEMI DI COPERTURA

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# COPERTURA D'ATTACCO CON POSSIBILITA' DI GIOCARE PIPE



Click next to play





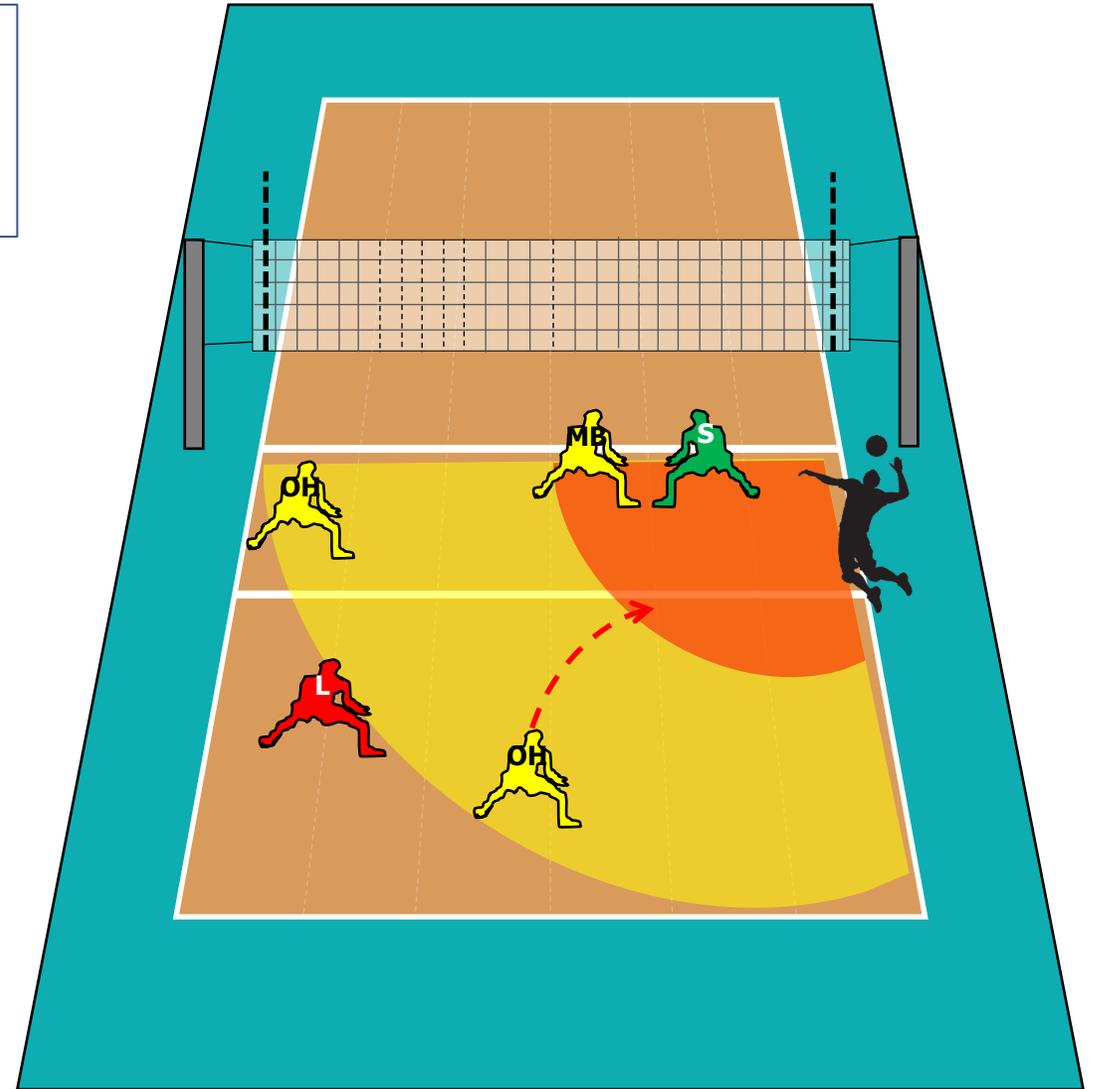
4

Atanasov

Spinta in posto 4 -



# COPERTURA D'ATTACCO CON POSSIBILITA' DI GIOCARE PIPE



Click next to play





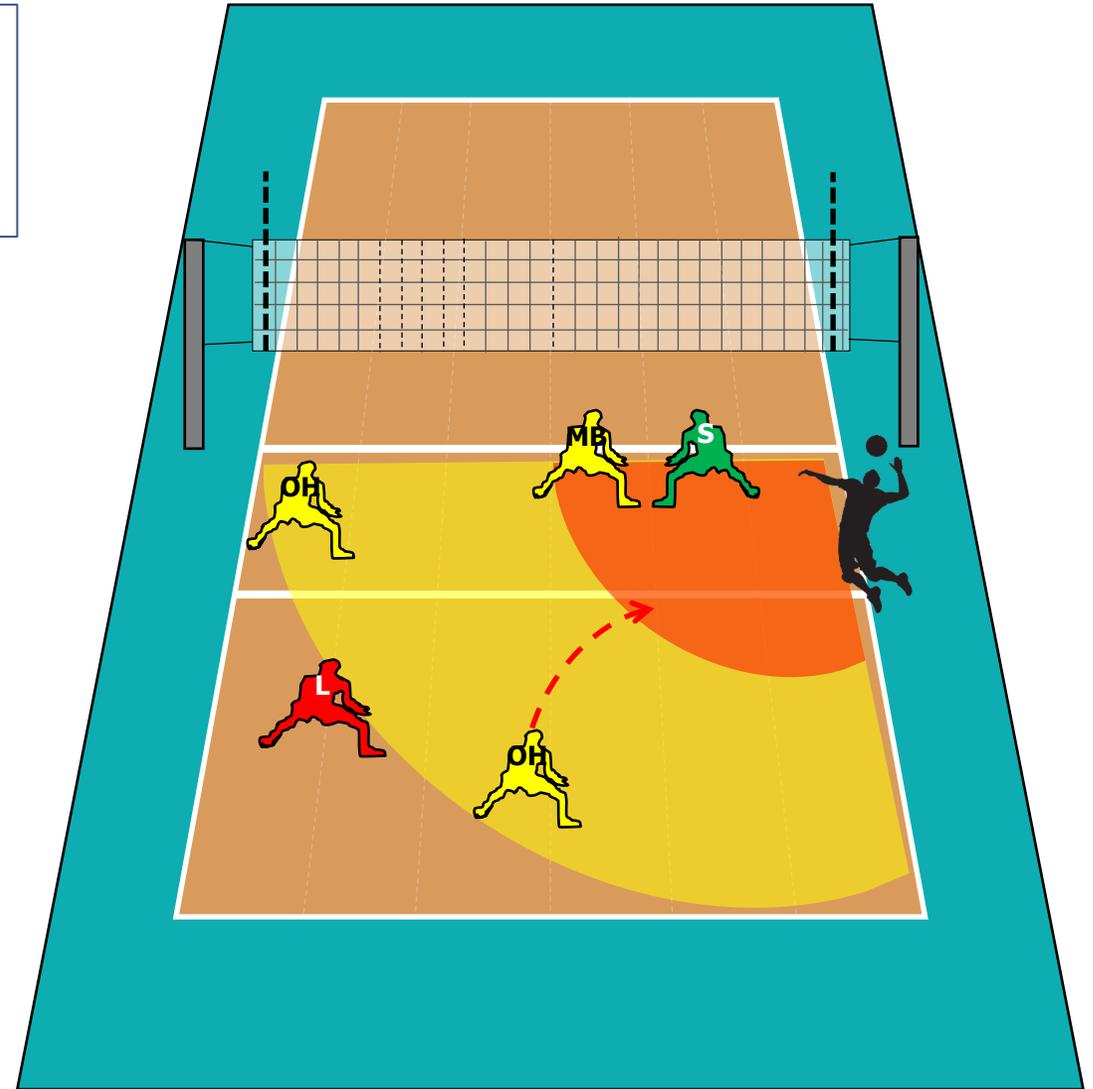
#RoadToTokyo



19 Sokolov  
Spinta in posto 2 #



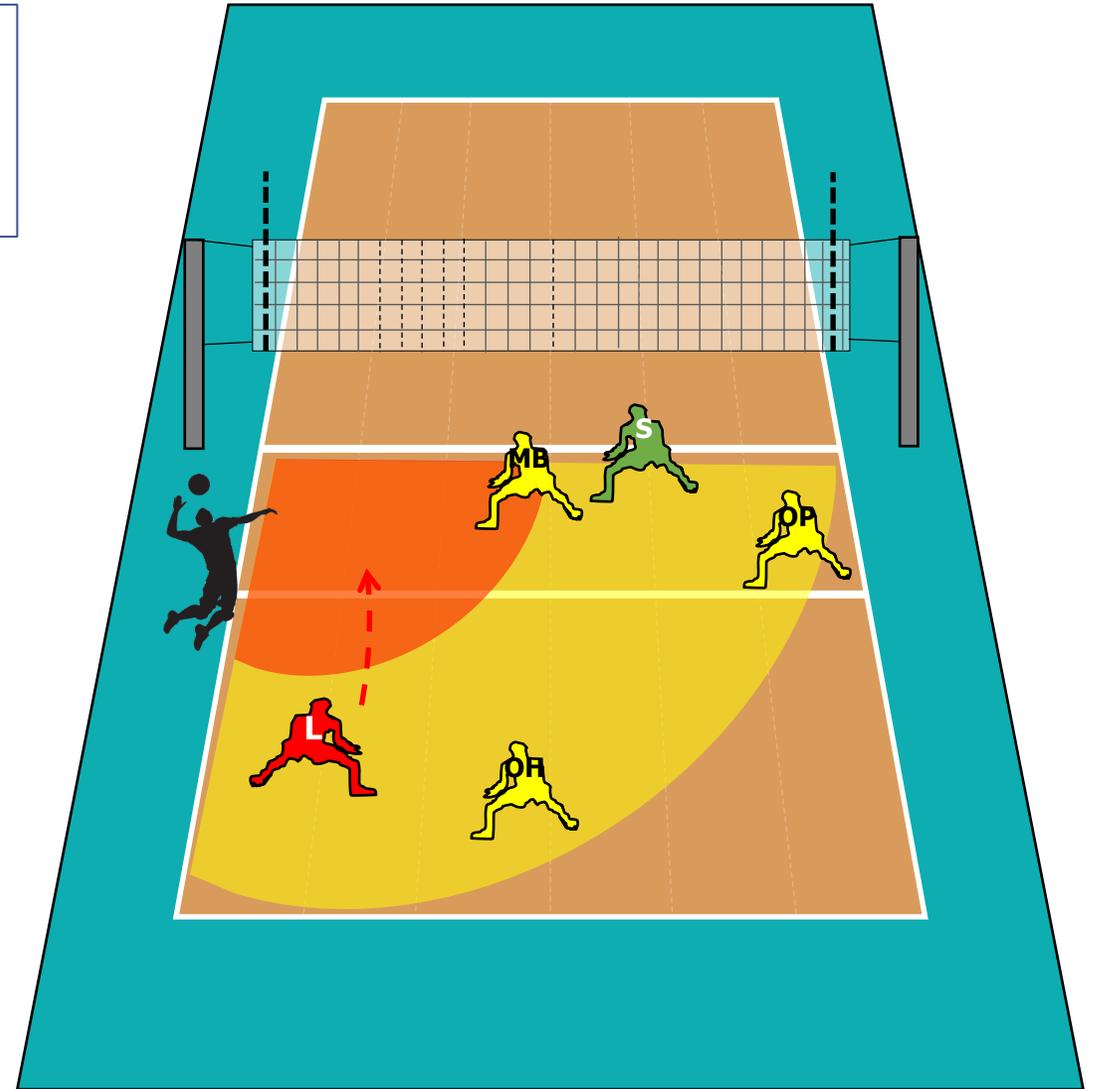
# COPERTURA D'ATTACCO CON L'ADATTAMENTO DELL'ALZATORE



Click next to play



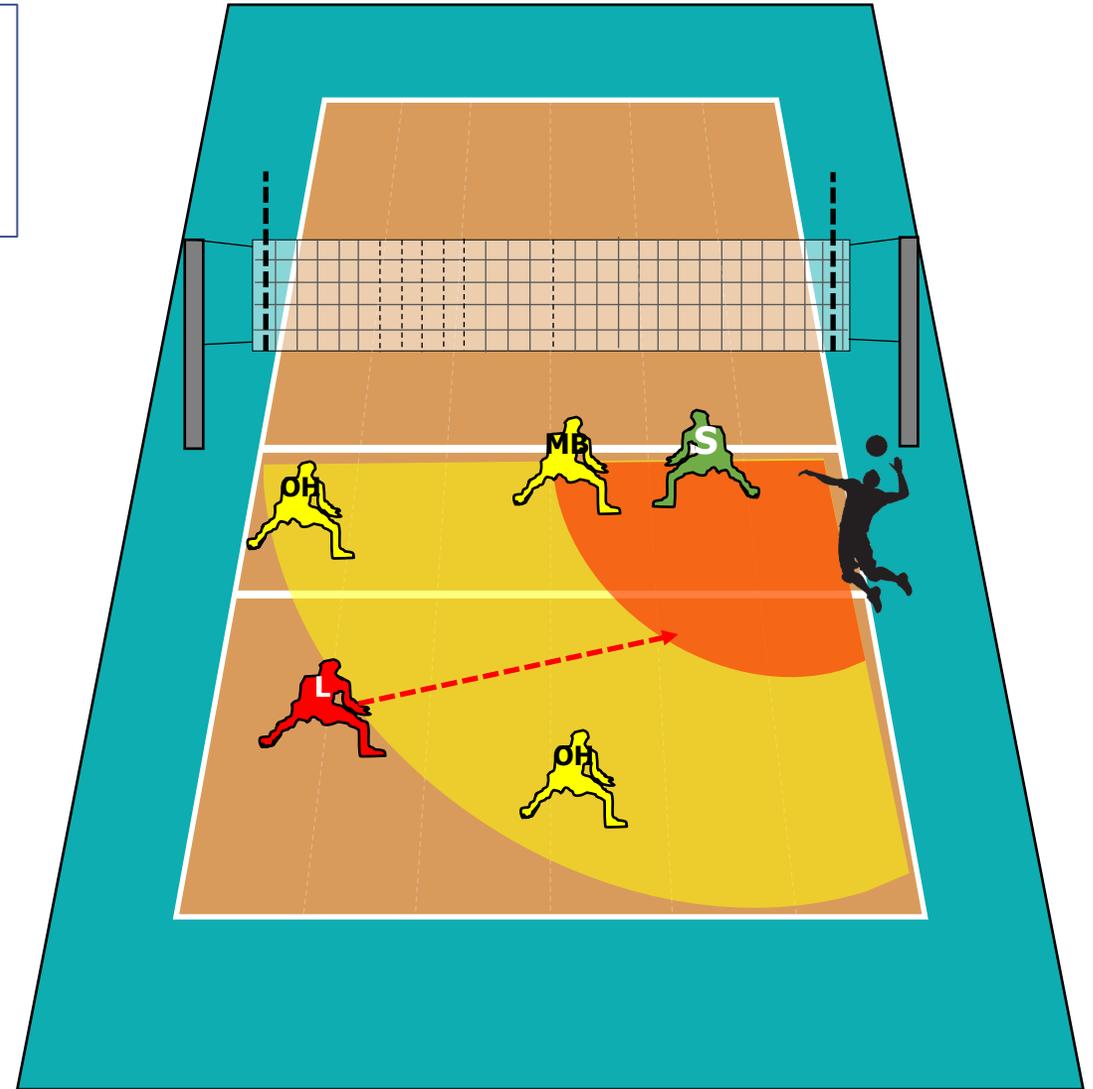
# COPERTURA D'ATTACCO SU PALLA ALTA (NO PIPE)



Click next to play



# COPERTURA D'ATTACCO SU PALLA ALTA (NO PIPE)



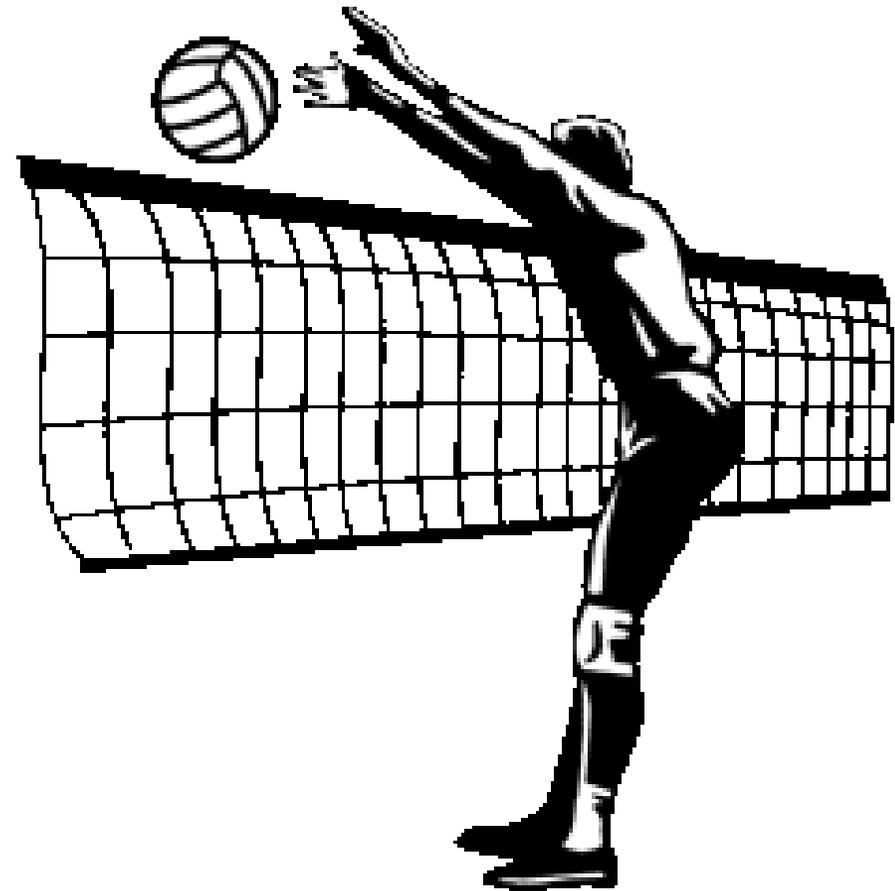
Click next to play



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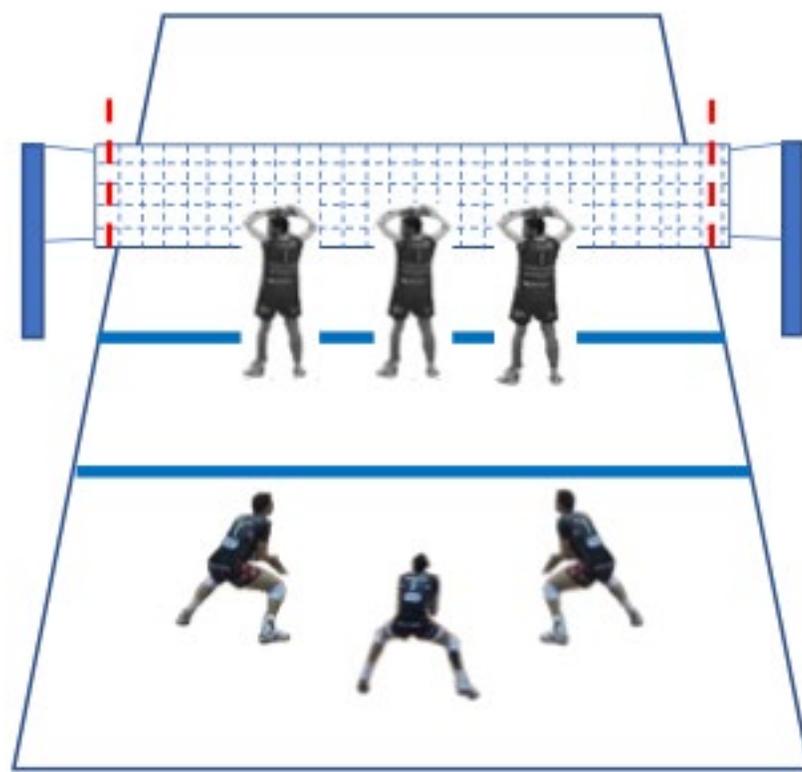
# SISTEMI DI MURO

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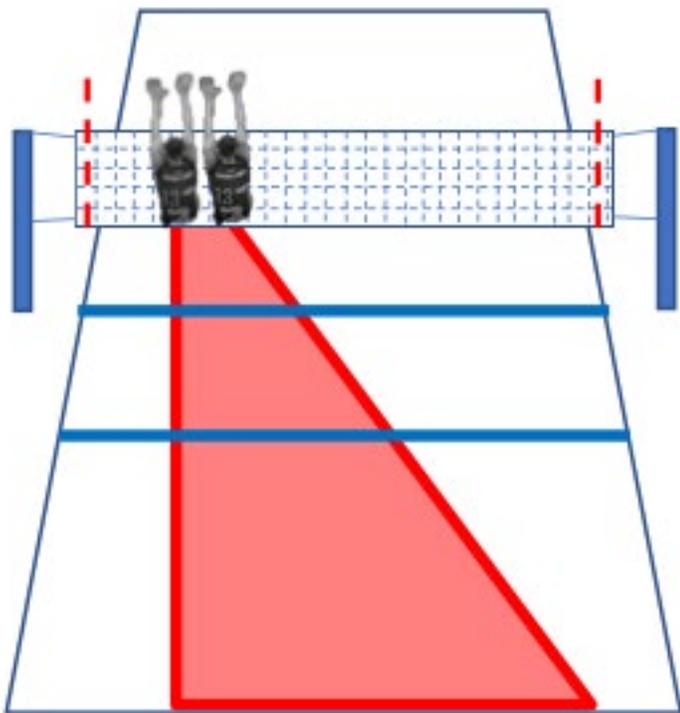
# SYSTEM «N» – (NORMAL)



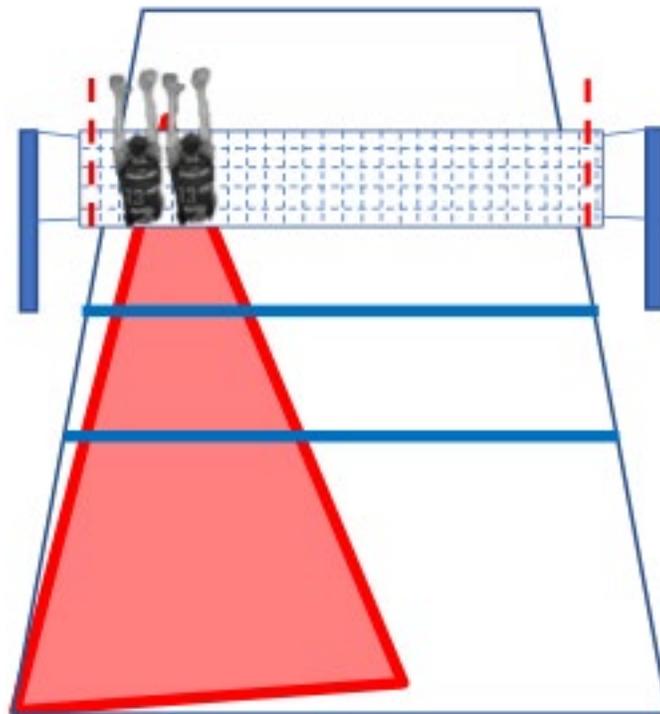




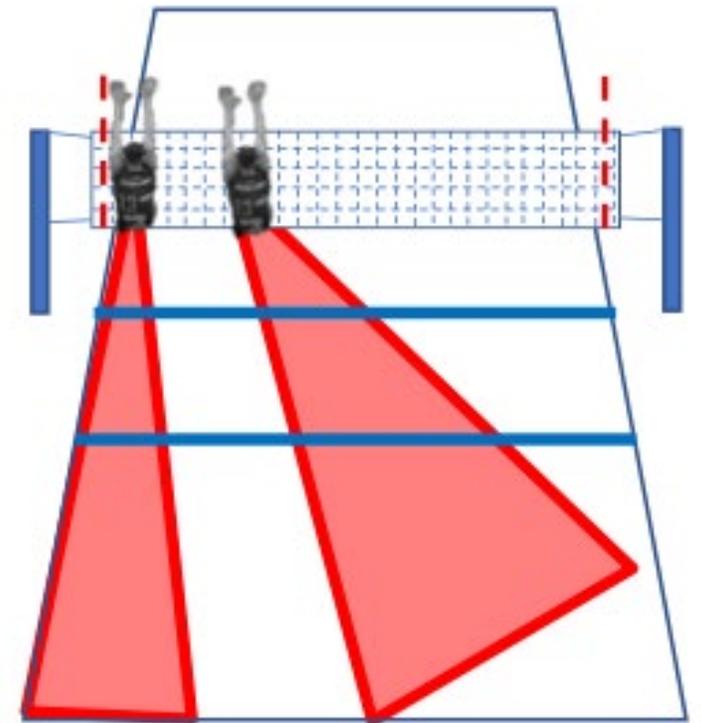
**B1: Coprire il centro del campo**



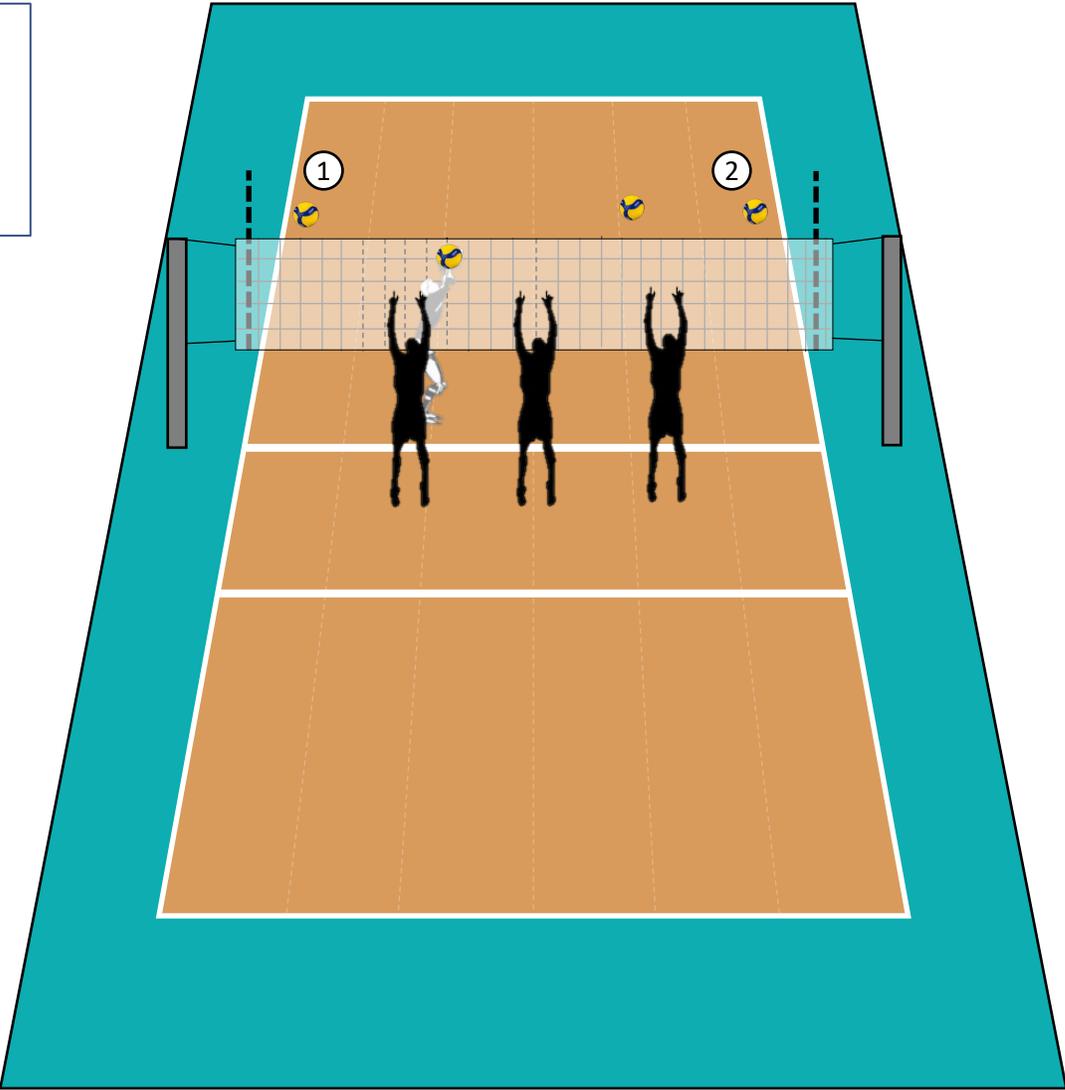
**B0: coprire la linea**



**SPLIT BLOCK: lasciare volutamente  
Uno spazio al centro (contro attaccanti  
Che usano poco il centro del campo)**



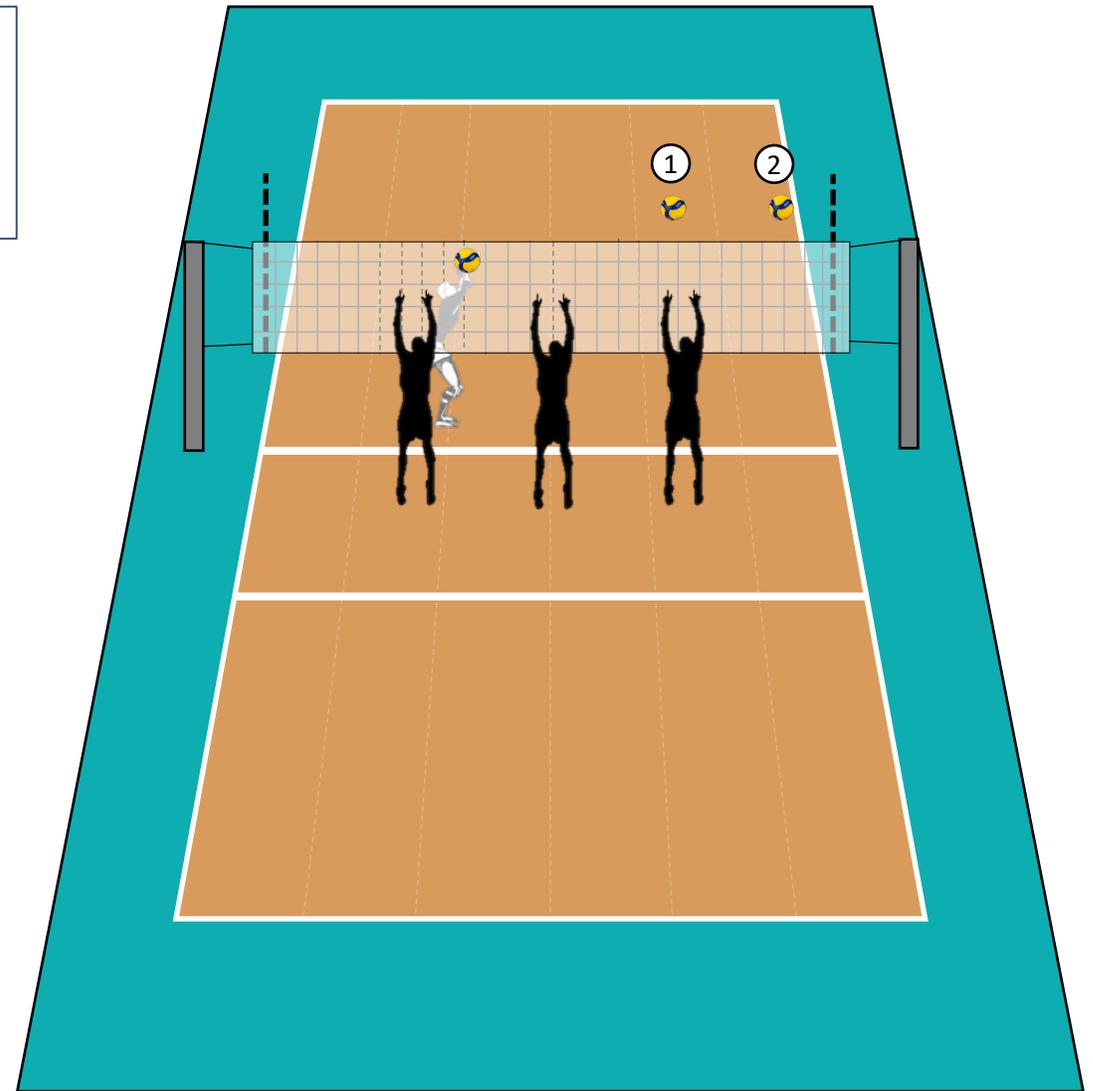
# SYSTEM «C»



Click next to play

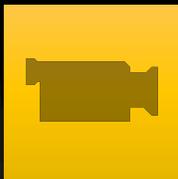


# SYSTEM «D»



Click next to play

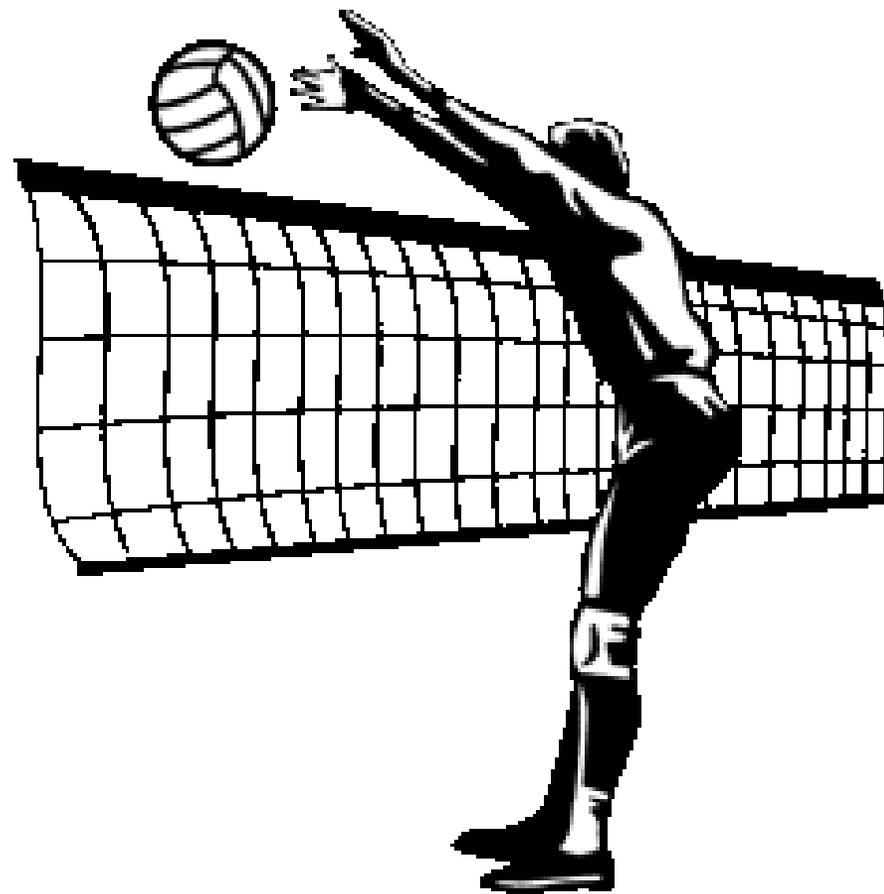


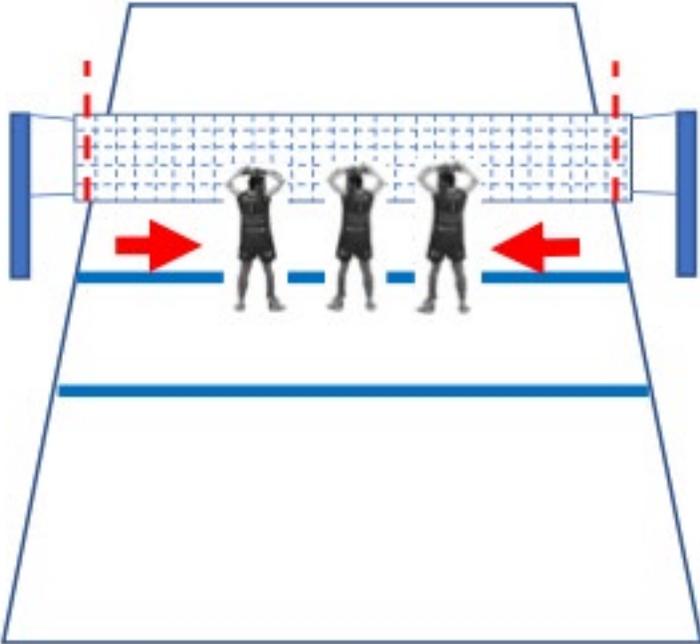


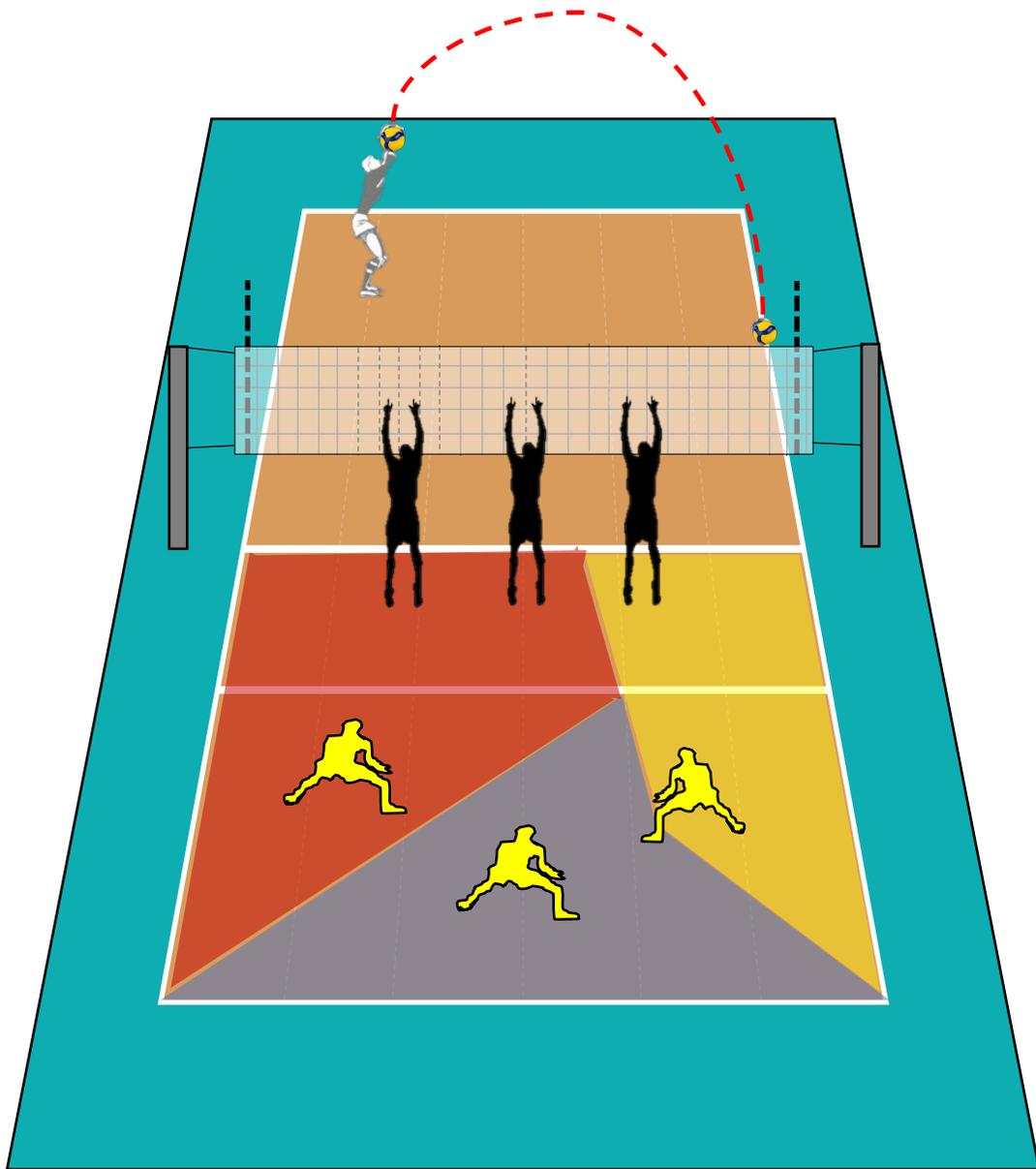
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**SISTEMI DI  
MURO/DIFESA SU  
PALLA ALTA**

---

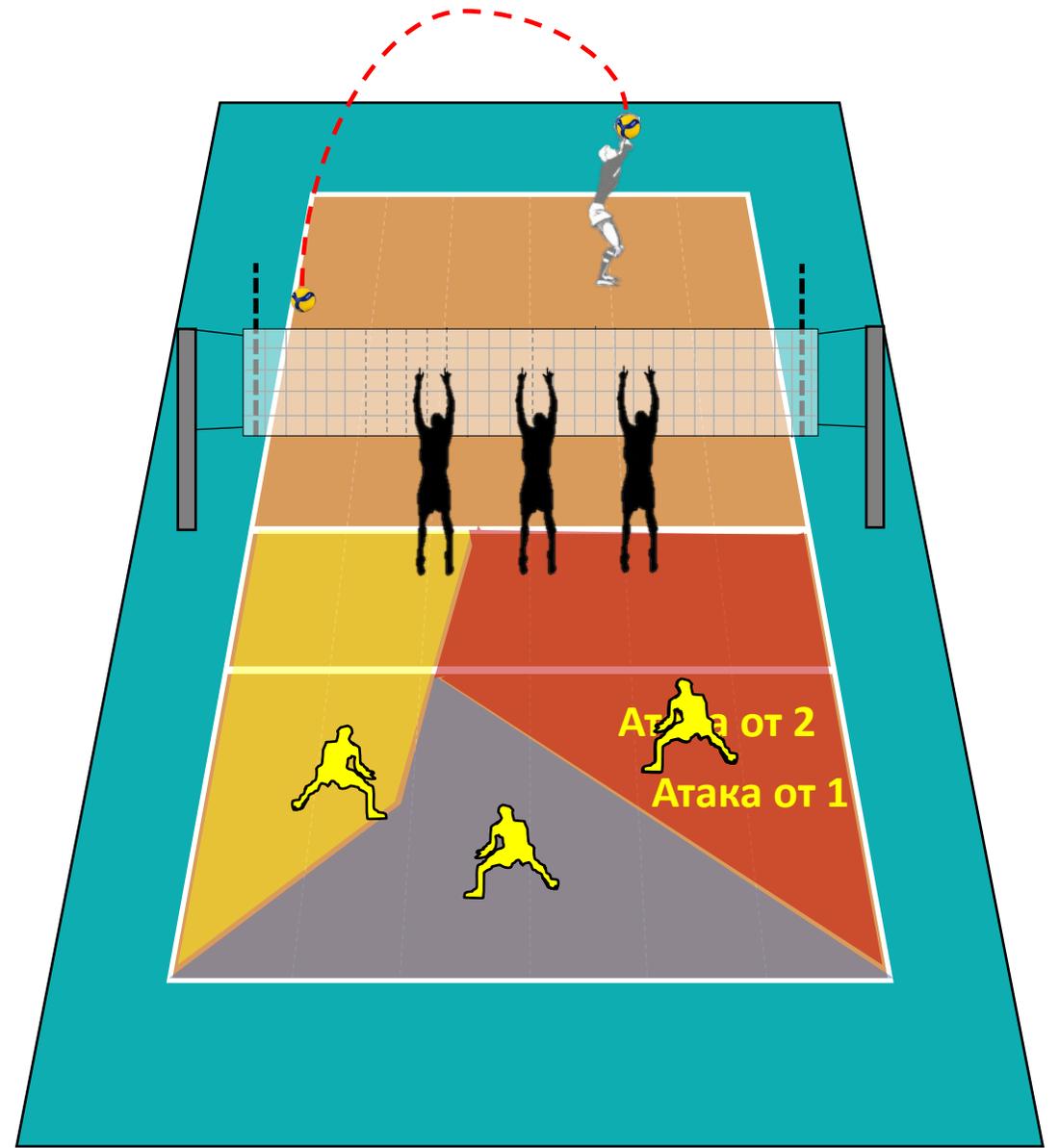






Click next to play





Click next to play





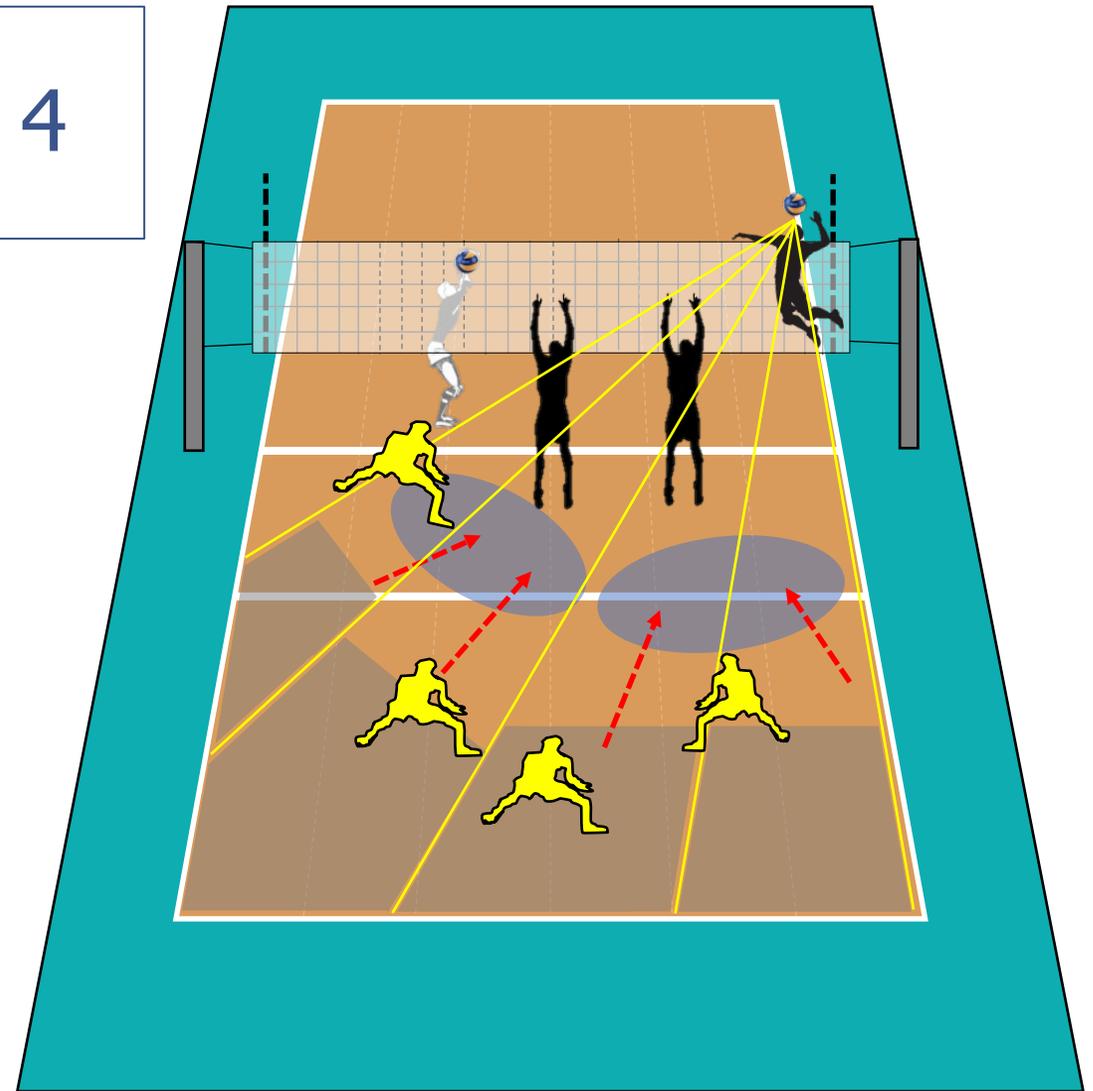
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# SISTEMA DI DIFESA

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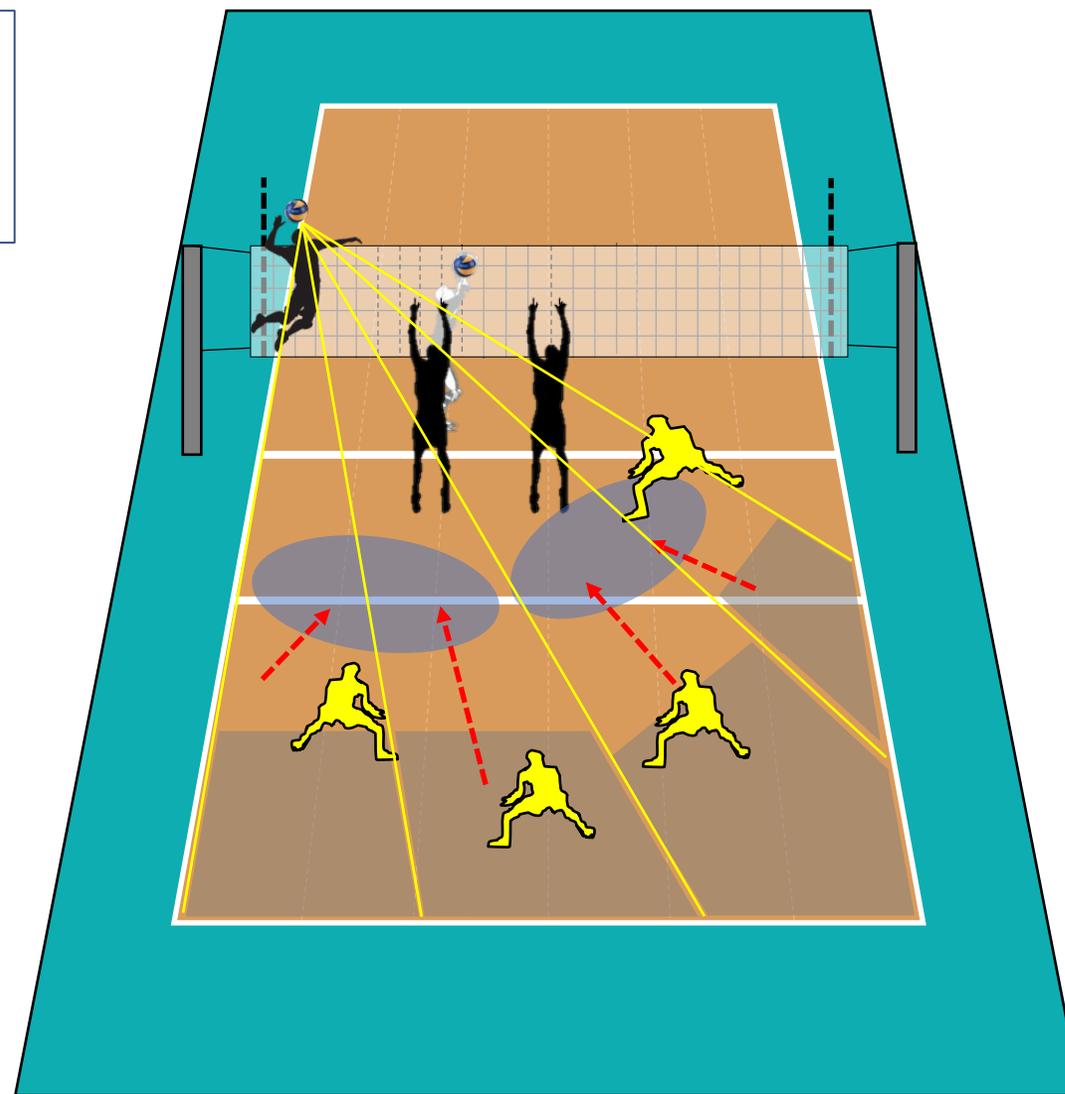
# CONTRO ATTACCO DA ZONA 4



Click next to play



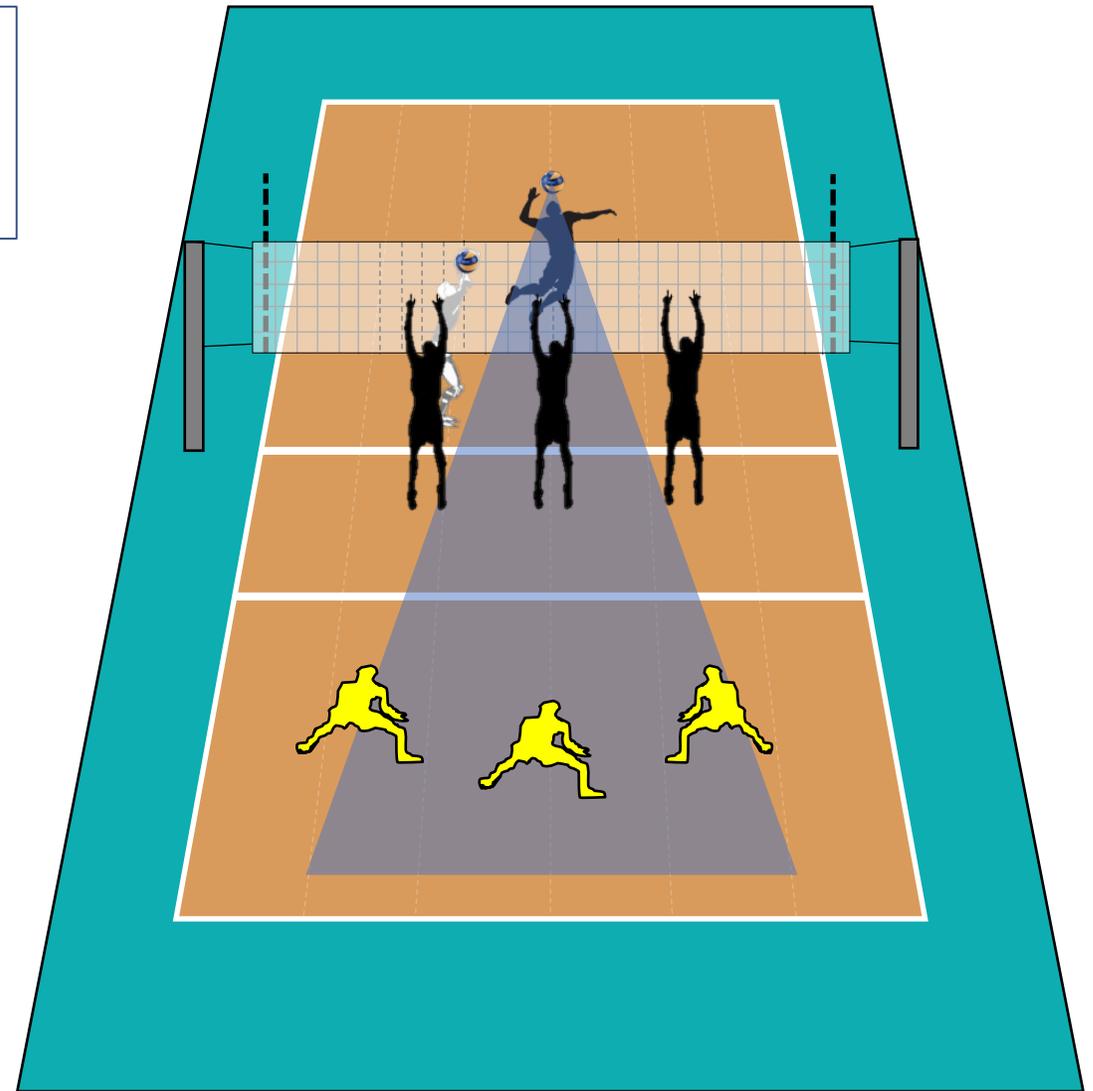
# CONTRO ATTACCO DA ZONA 2/1



Click next to play



# CONTRO ATTACCHI DI PIPE

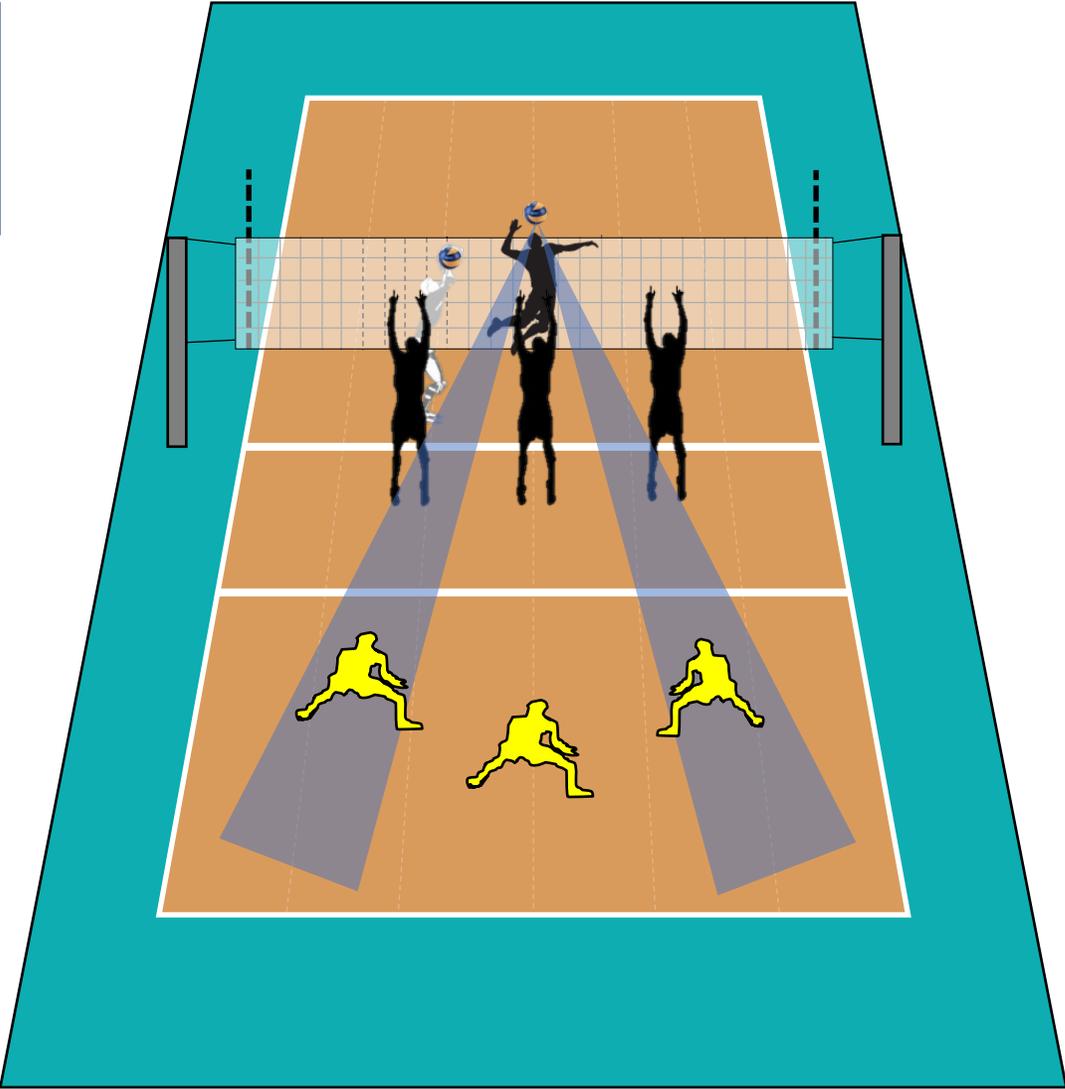


Click next to play



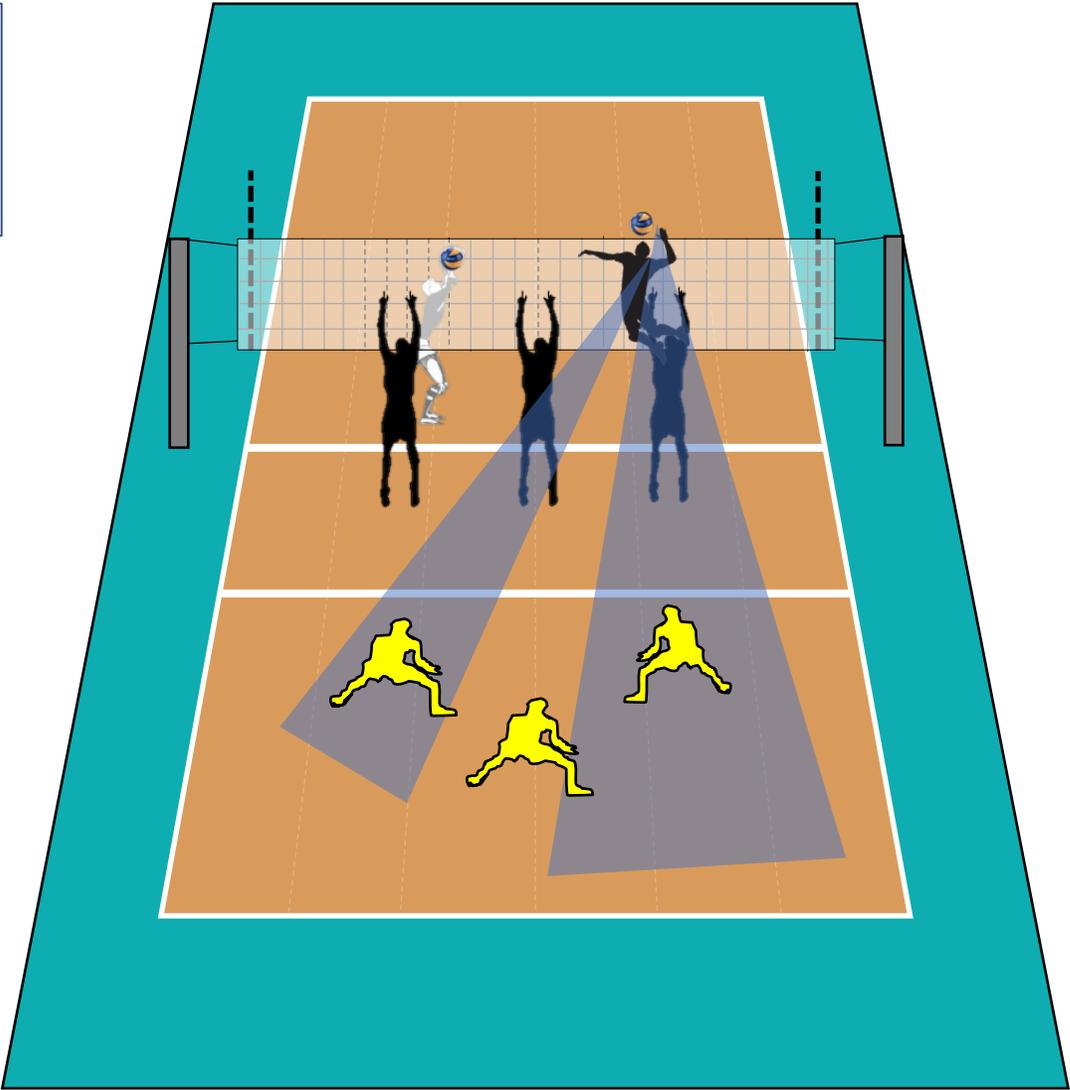


# CONTRO ATTACCHI DAL CENTRO





# CONTRO ATTACCHI DAL CENTRO – «7»

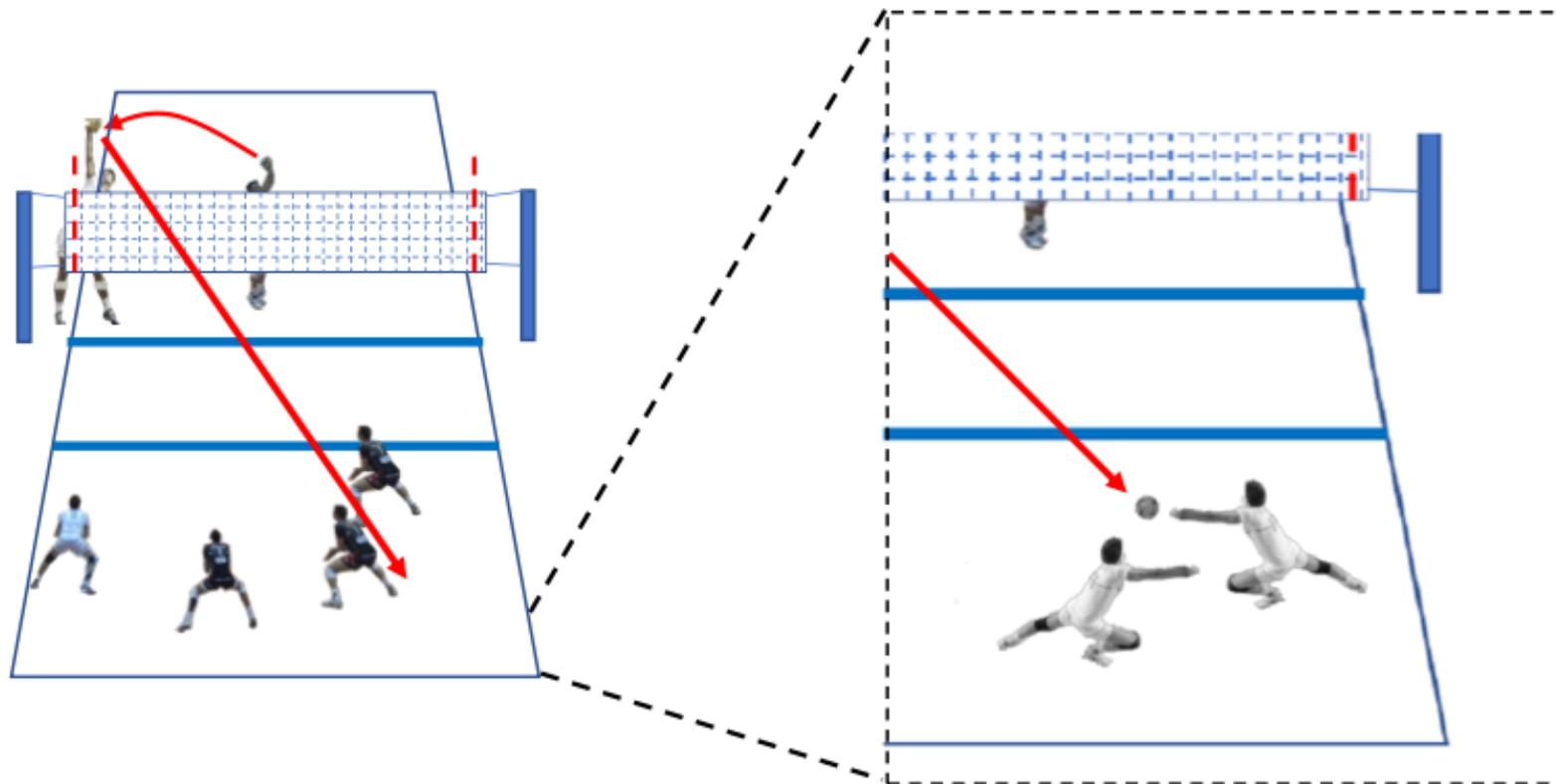


Click next to play



# DIFESA NELLE ZONE DI CONFLITTO

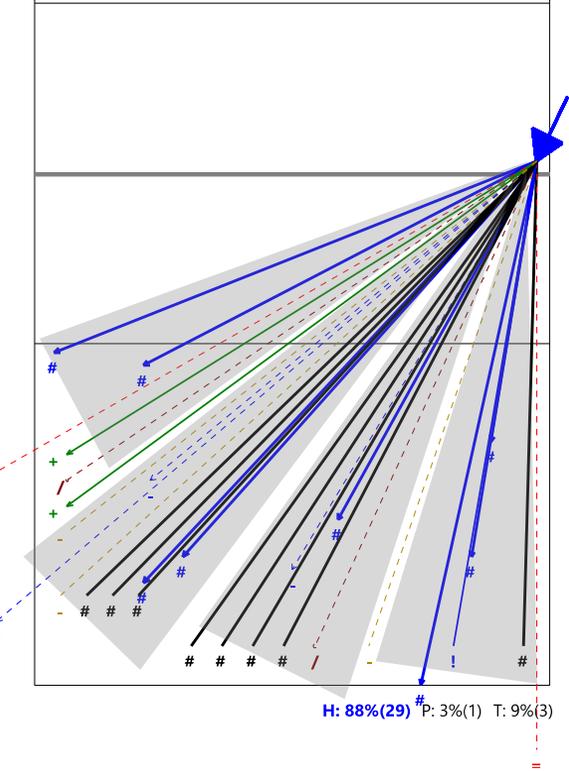
CONFLICT ZONES IN DEFENSE:



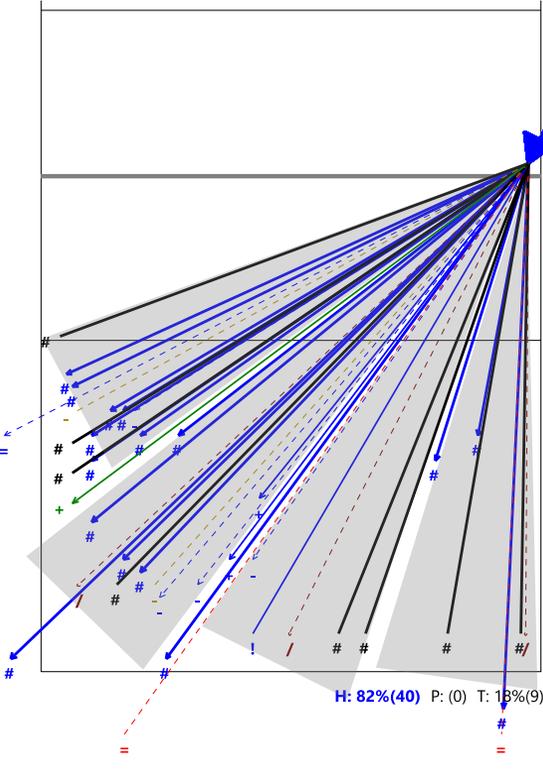


# ATTACK IN 4

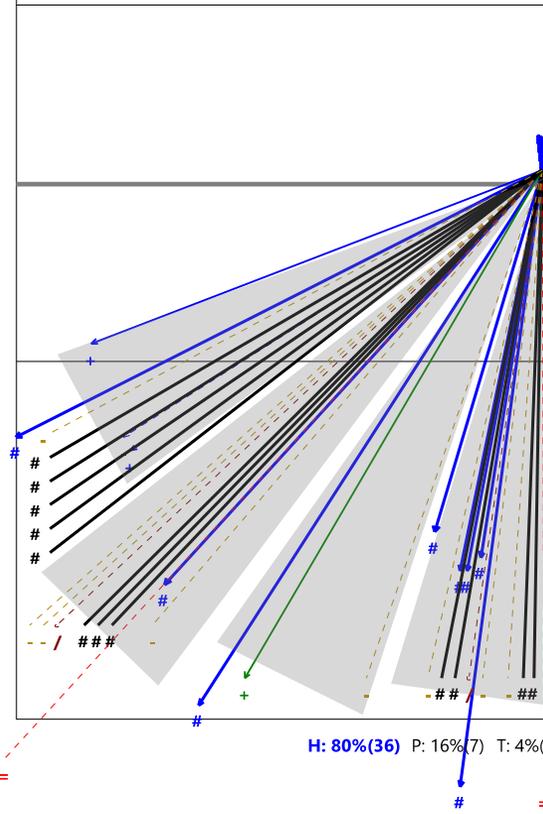
ATANASOV (X5)



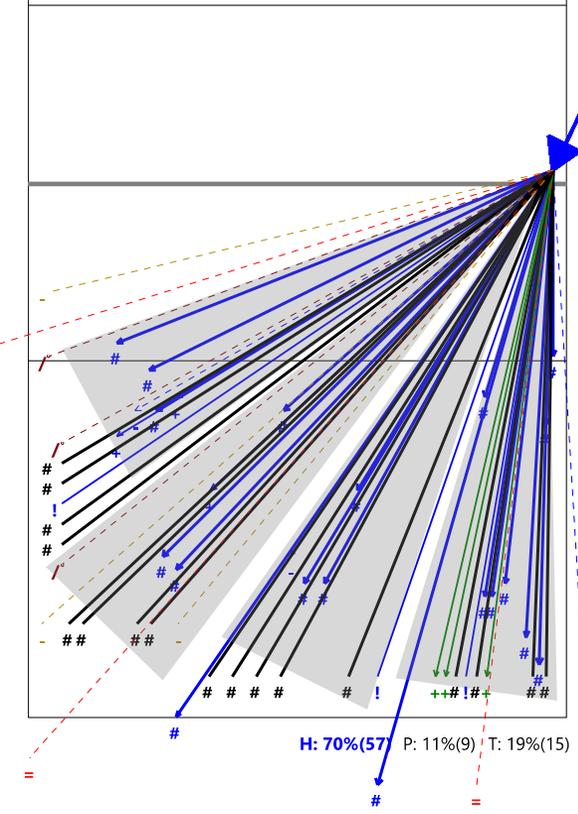
LUCARELLI (X5)



SKIRMOV (X5)

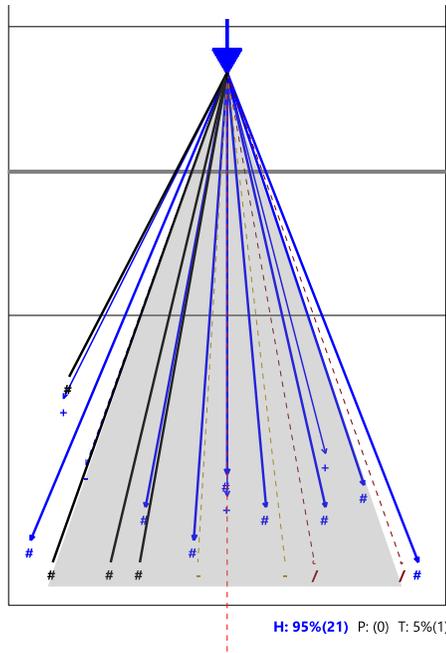


KOVACEVIC (X5)

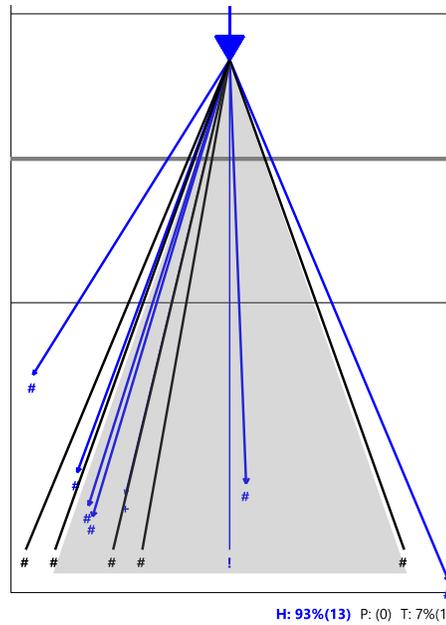


# PIPE

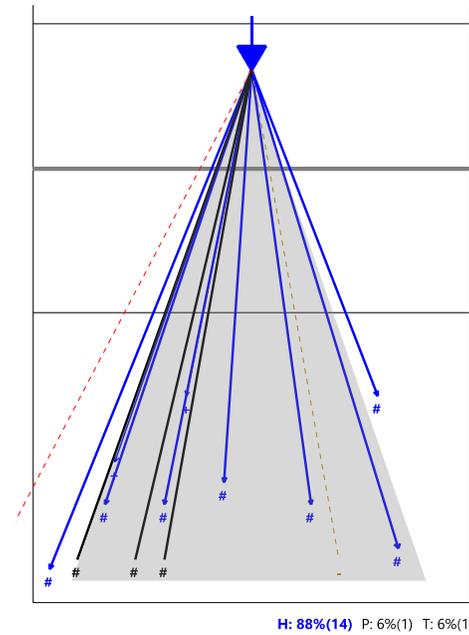
ATANASOV (XP)



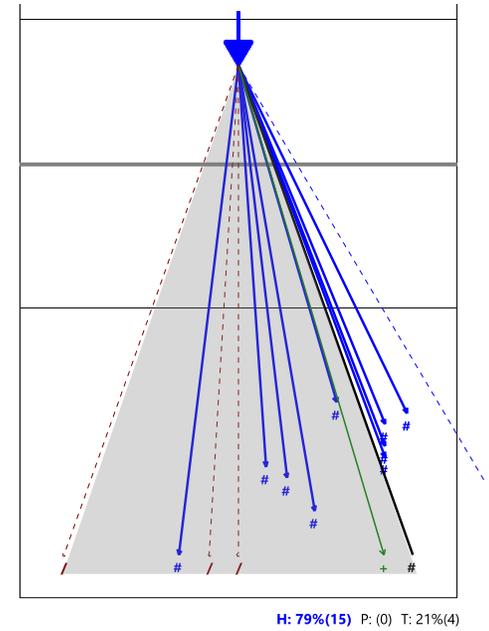
LUCARELLI (XP)



SKRIMOV (XP)

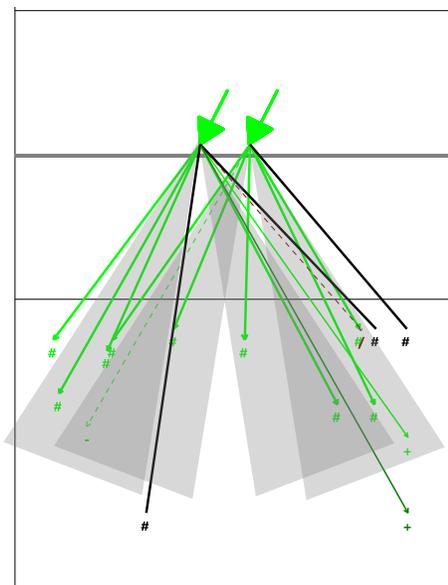


KOVACEVIC (XP)



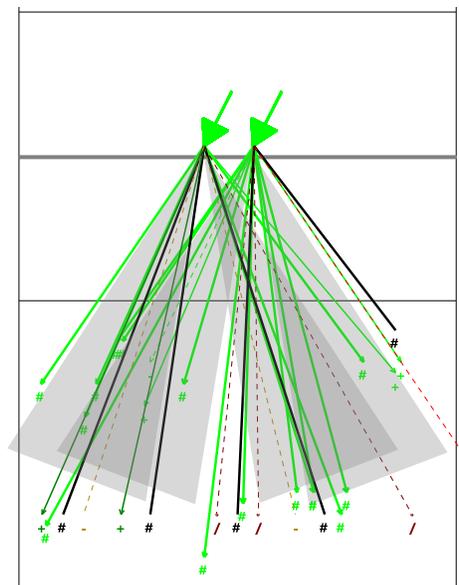
# «1» AND «C»

## LISINAC (X1)



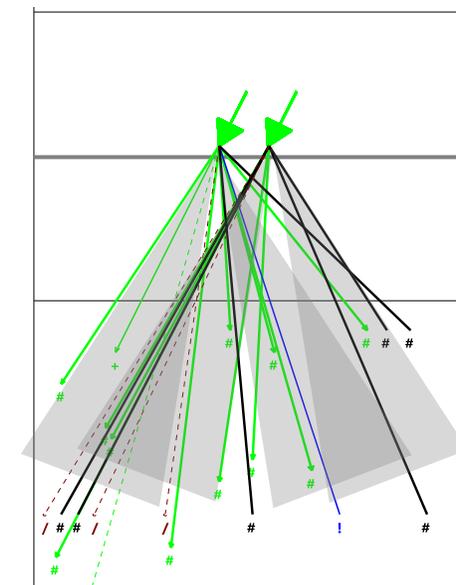
H: 76%(16) P: 5%(1) T: 19%(4)

## LUCAS (X1)



H: 97%(32) P: (0) T: 3%(1)

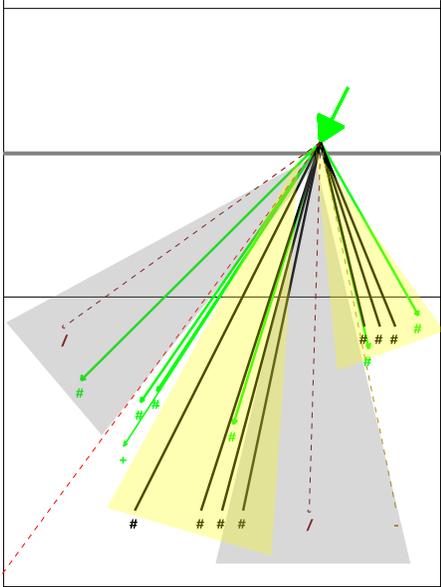
## PODRASCANIN (X1)



H: 85%(23) P: 7%(2) T: 7%(2)

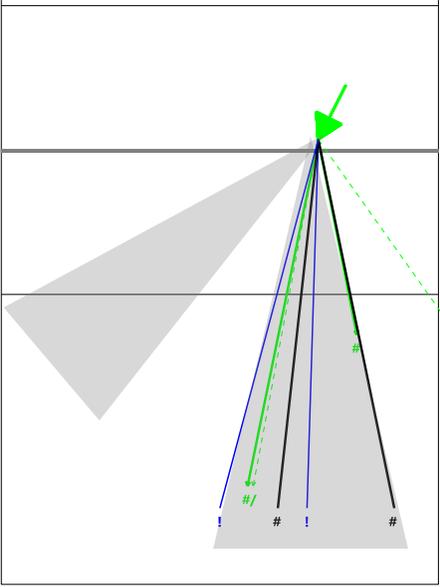
# «7»

## LISINAC (X7)



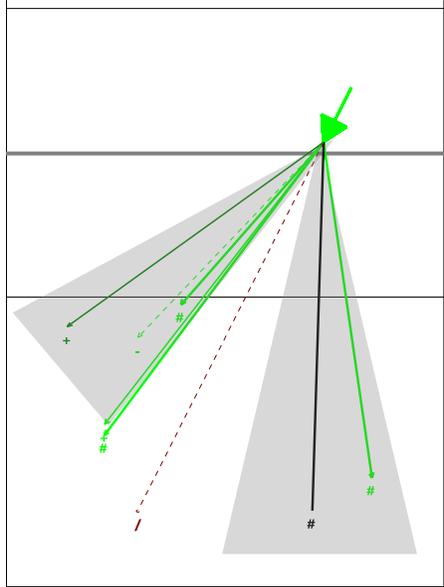
H: 86%(19) P: (0) T: 14%(3)

## LUCAS (X7)



H: 80%(8) P: (0) T: 20%(2)

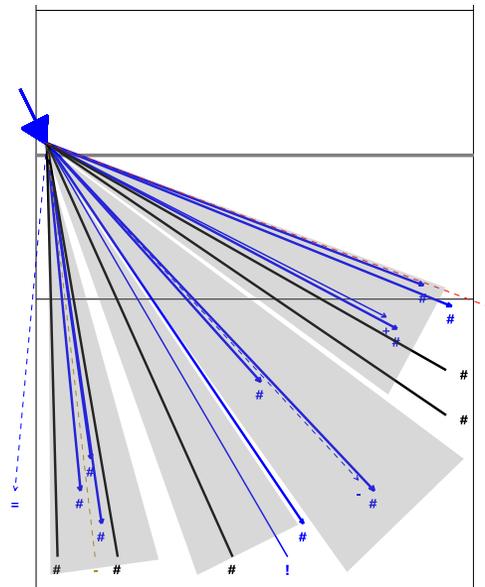
## PODRASCANIN (X7)



H: 73%(8) P: 9%(1) T: 18%(2)

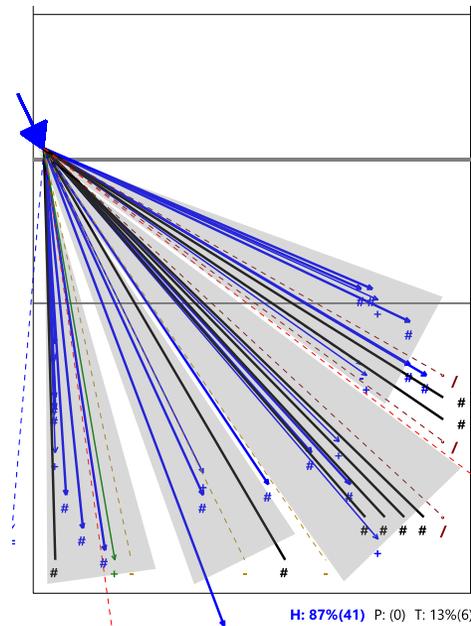
# ATTACK IN 2

ANDERSON (X6)



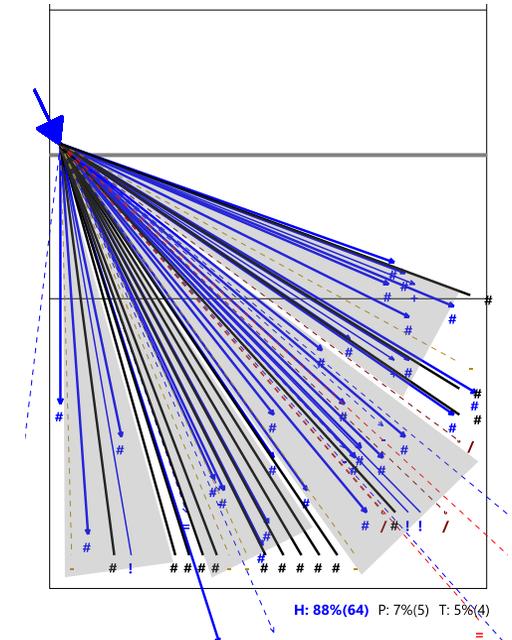
H: 91%(20) P: (0) T: 9%(2)

ATANASJIEVIC (X6)



H: 87%(41) P: (0) T: 13%(6)

BOYER (X6)



H: 88%(64) P: 7%(5) T: 5%(4)

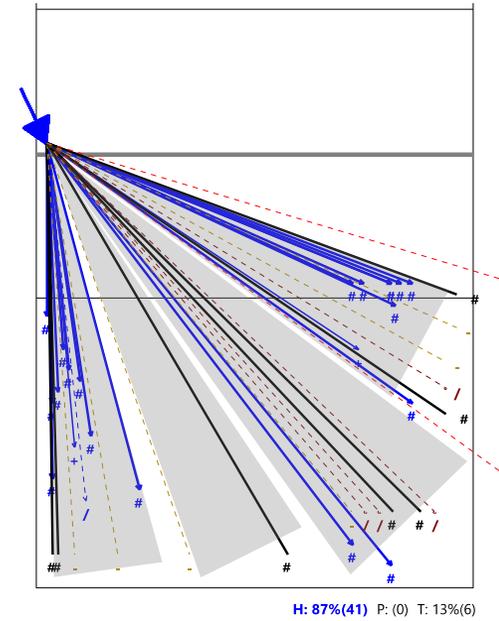
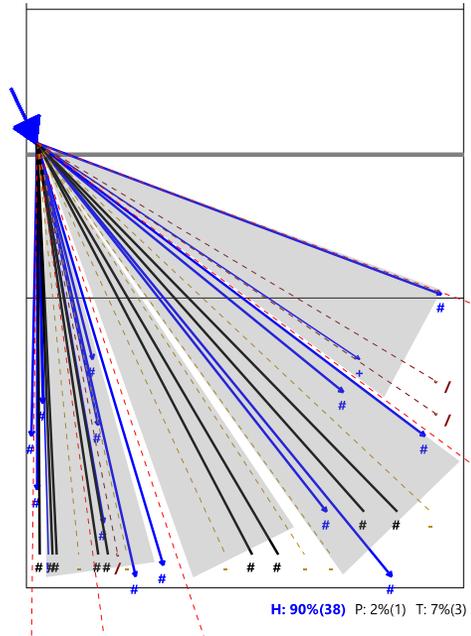
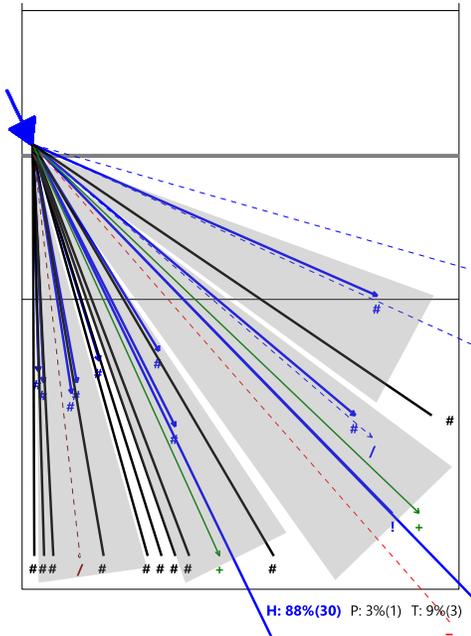


# ATTACK IN 2

## ZAYTSEV (X6)

## SOKOLOV (X6)

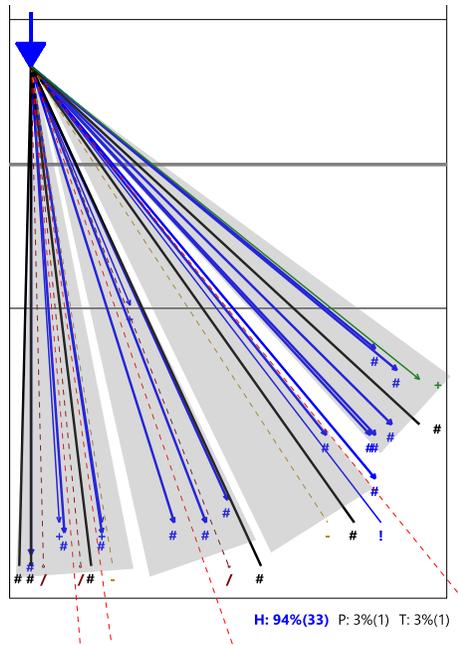
## WALLACE (X6)



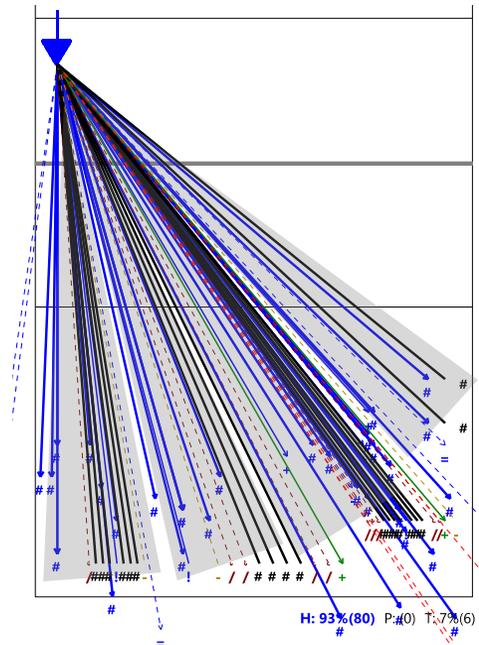


# ATTACK IN 1

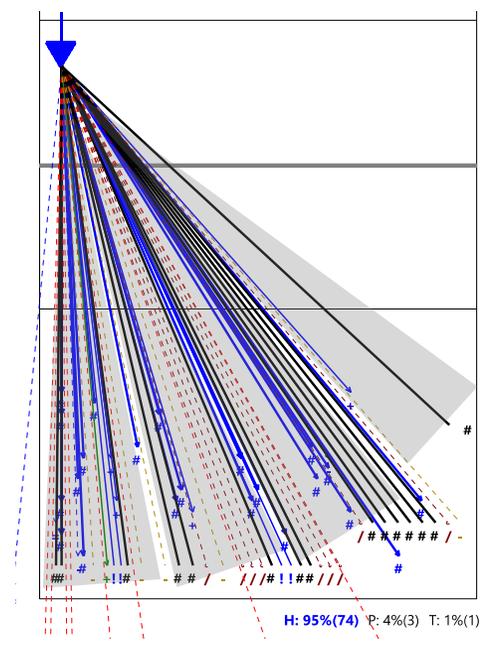
## ANDERSON (X8)



## ATANASJIEVIC (X8)



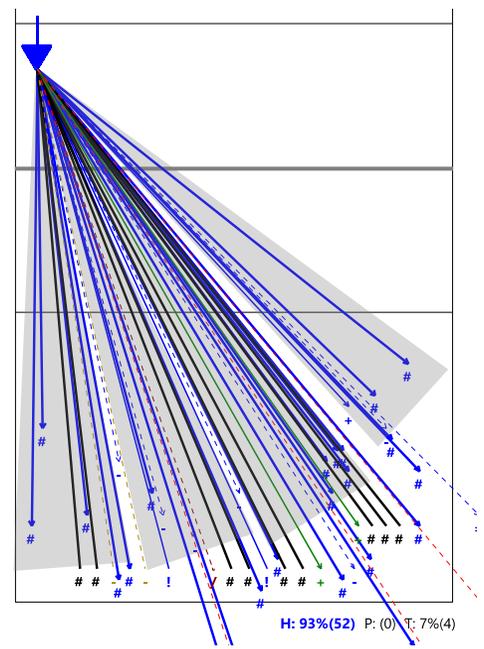
## BOYER (X8)



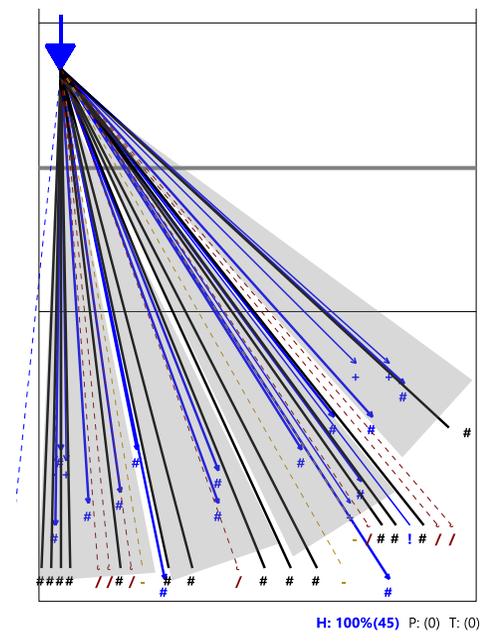


# ATTACK IN 1

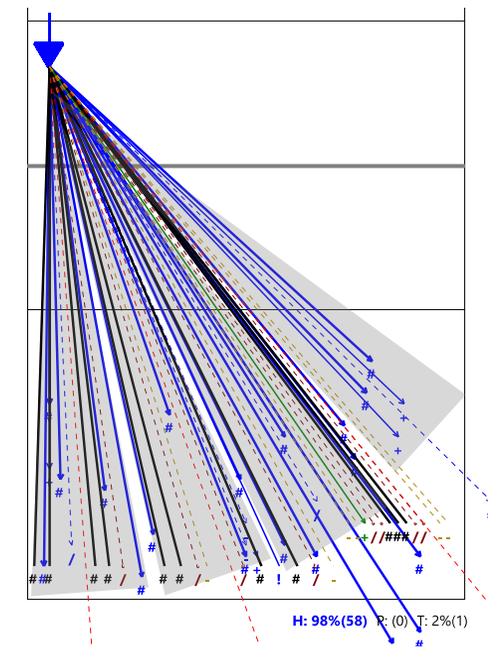
ZAYTSEV (X8)



SOKOLOV (X8)



WALLACE (X8)



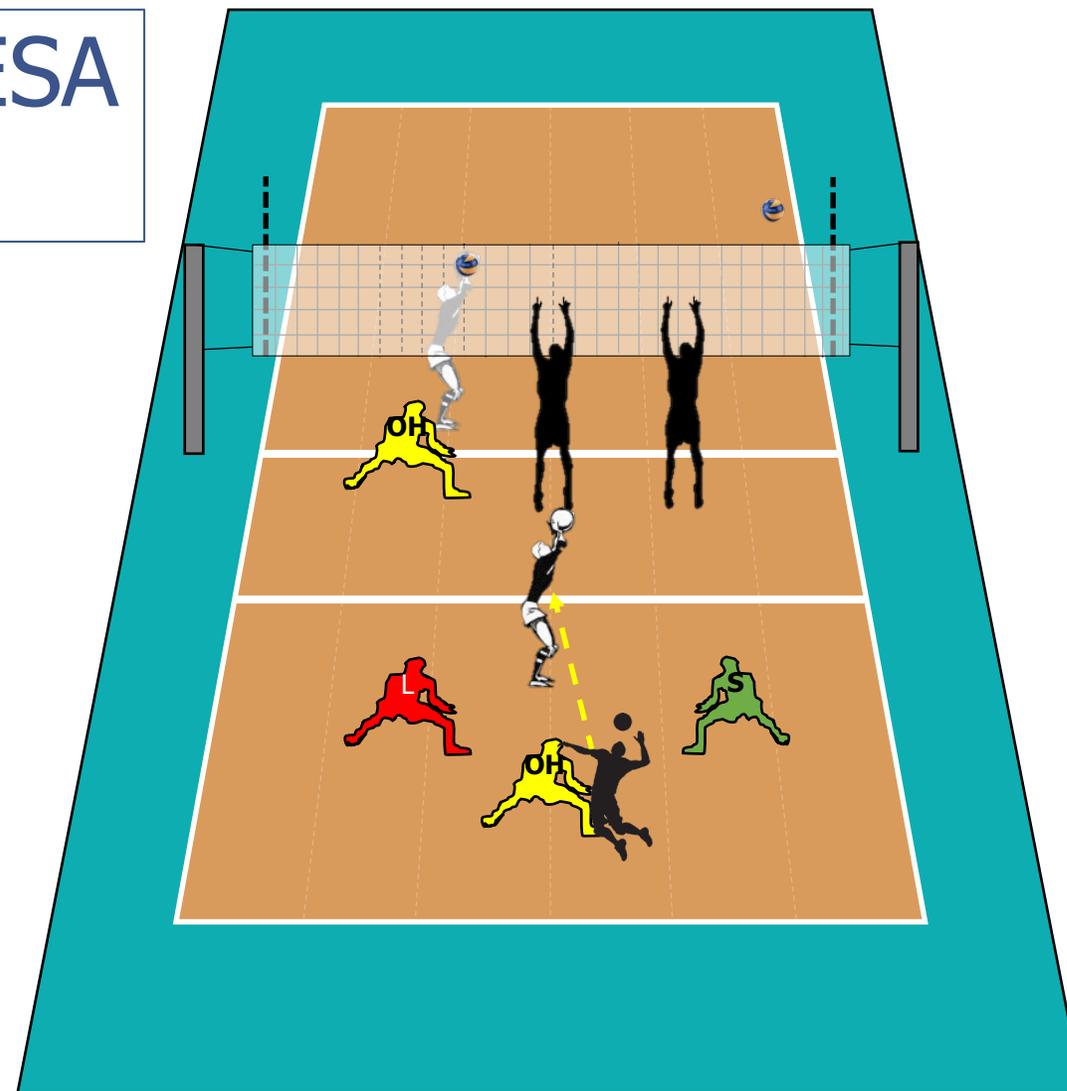
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# DIFESA DEL PALLEGGIATORE

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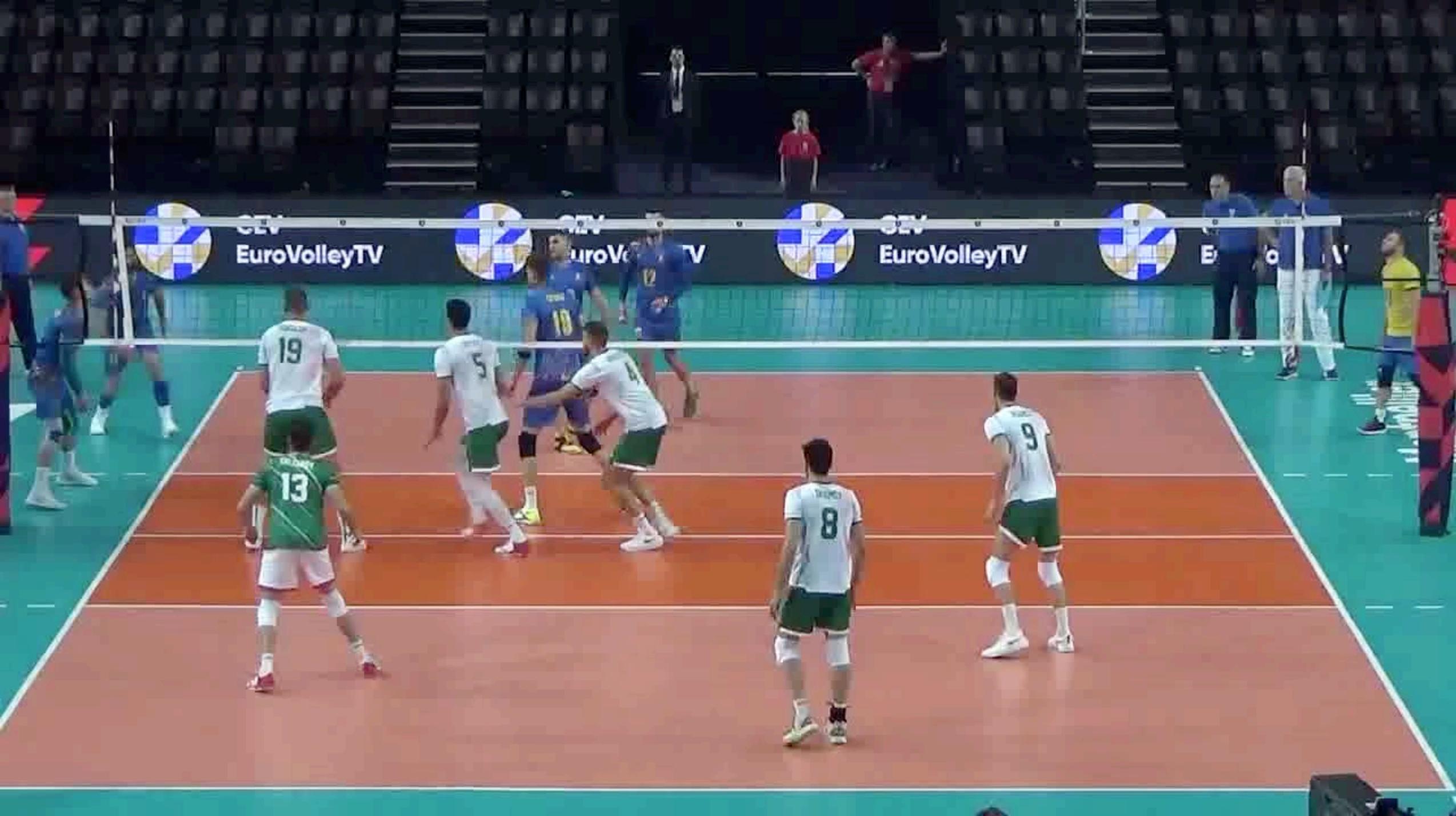
# CONTRATTACCO CON DIFESA DEL PALLEGGIATORE



Click next to play







CEV EuroVolleyTV

CEV EuroVolleyTV

CEV EuroVolleyTV

CEV EuroVolleyTV

19

5

18

12

13

8

9

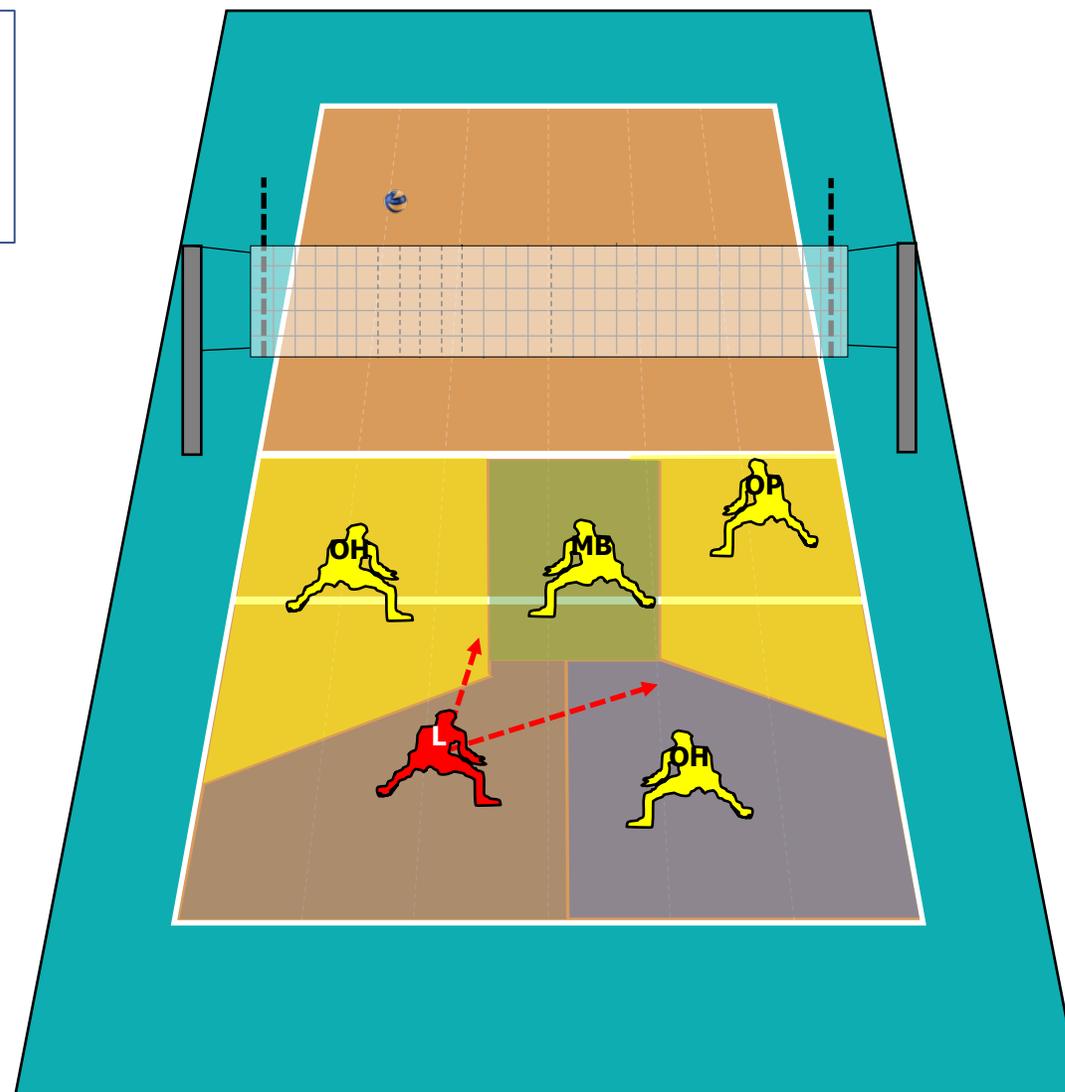
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**SISTEMI DI  
GESTIONE DEL  
FREEBALL E DEL  
DOWNBALL**

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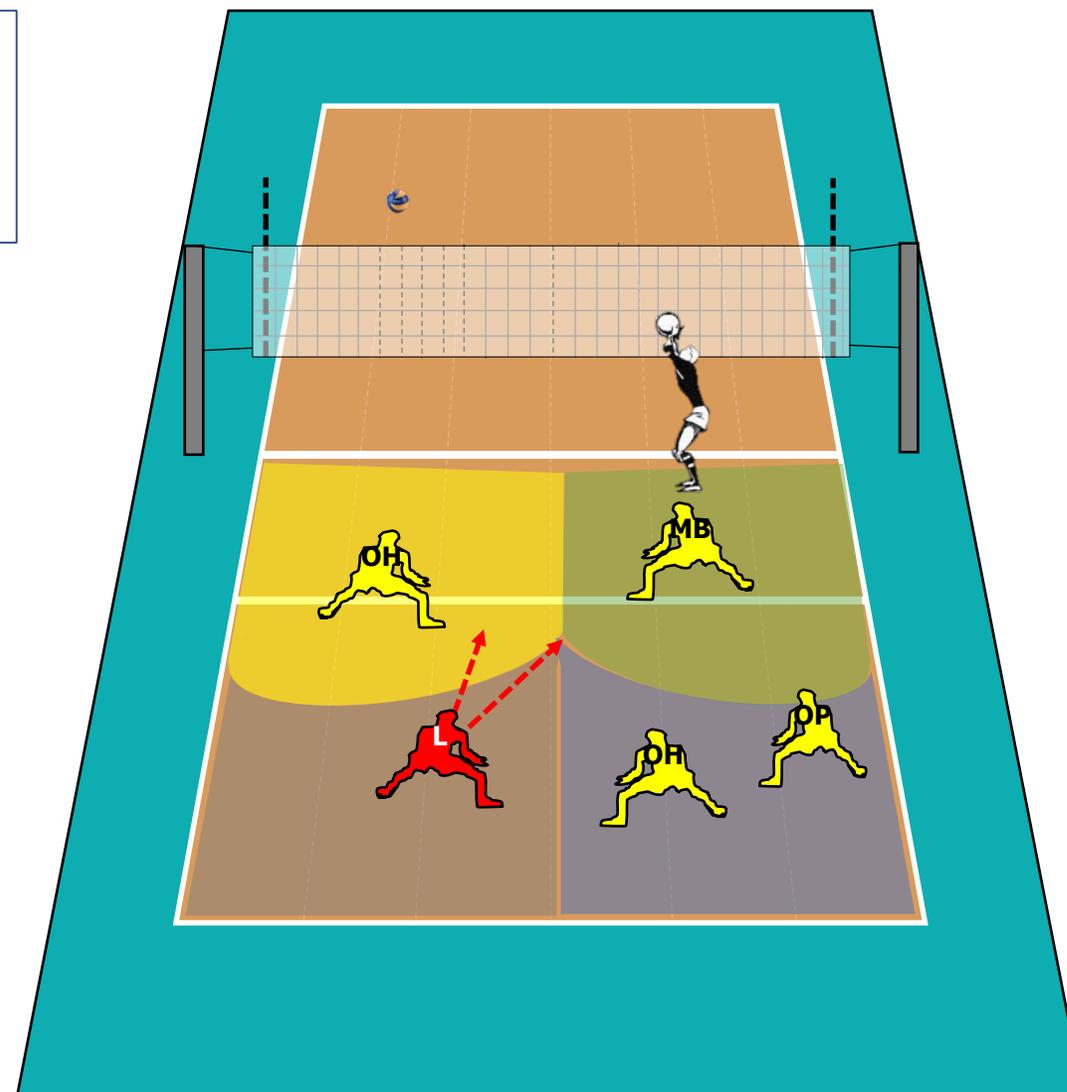


# FREEBALL CON OPPOSTO IN PRIMA LINEA



Click next to play

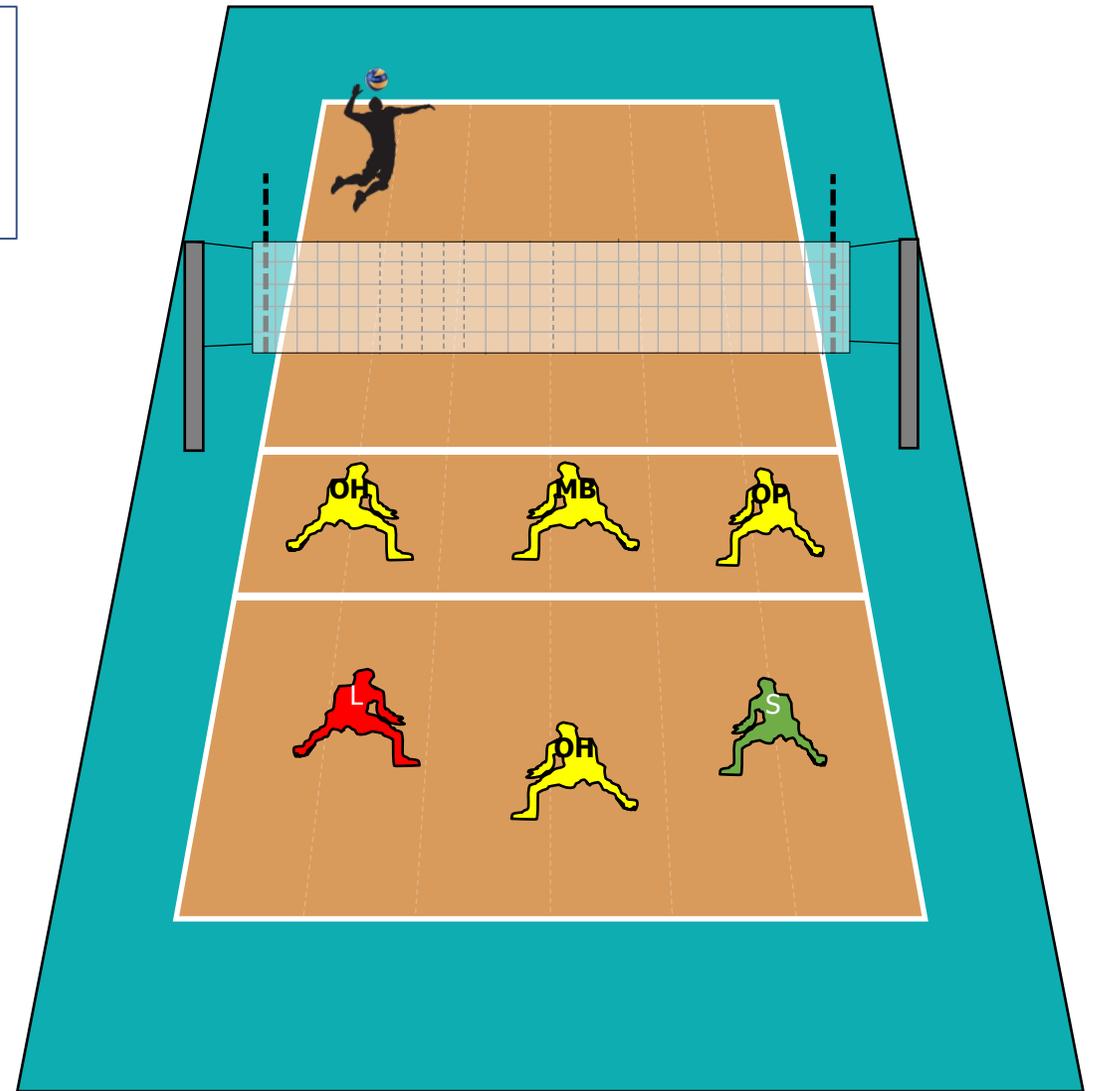
# FREEBALL CON OPPOSTO SECONDA LINEA



Click next to play



DOWNBALL (Attacco medio, solitamente senza muro, che richiede la partecipazione del palleggiatore)



Click next to play

