



DISCOVER THE ITALIAN VOLLEYBALL CHAMPIONS FACTORY

# 11th - 14th March 2016

## THEORETICAL LESSONS

Discover Club Italia origins and methods

# 01



## **PRACTICAL ACTIVITIES**

Join a Club Italia Training Session





#### WORKSHOP

Share your questions with your classmates and the speakers





#### **SOCIAL ACTIVITIES**

Come to cheer Club Italia during its Championship Match
Discover Milan City Centre





## **INFO**

www.centropavesi.federvolley.it centropavesi@federvolley.it +39 02 . 87 21 33 92



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An innovation on the international Volleyball scene!

Centro Pavesi FIPAV, the CEV Regional Volleyball Development Centre in Milan, is proud to announce the first edition of the workshop directed to every European Volleyball coach.

11<sup>th</sup> - 14<sup>th</sup> March 2016

The "Club Italia" is an excellence technical project held by Italian Volleyball Federation since 1998 which selects and collect in a single team the most promising young volleyball players, whit the aim to improve their development whit several physical and technical specializing activities.

During this past years, Club Italia hosted some of the strongest Italian players, such as Eleonora Lo Bianco, Antonella Del Core, Sara Anzanello, Valentina Diouf, Cristina Chirichella.

From 2011 Club Italia moved to Centro Pavesi FIPAV in Milan, where the athletes constantly work with a team of professional coaches; during the Season 2014/15 Club Italia took part in the Serie A2 Championship, gaining Playoff Semifinals; this year they are participating, for the first time in history, in the Serie A1, and many players already joined the Seniores National Team, such as Paola Egonu, Alessia Orro, Anna Danesi, Anastasia Guerra (these players took part in the CEV 2016 European Olympic Qualification in Ankara - TUR), Ofelia Malinov and Ilaria Spirito.

#### **Workshop Leader**

The workshop schedule has been composed in cooperation with the Italian National Teams Coaching Staff, using the knowledge of highly experienced tutors. As active and successful experts, they will definitively offer valuable knowledge to this innovative workshop.

#### Workshop schedule:

Friday 11th March	Participants arrival within 12:30 3:00 P.M.: Origins and methods of the Club Italia project (theoretical lesson) 5:30 P.M.: Training session (practical lesson) 8:30 P.M.: Questions & Answers	Sunday 13 <sup>th</sup> March	10:00 A.M: Pre-match training session (practical lesson) 6:00 P.M.: Club Italia vs. Obiettivo Risarcimento Vicenza - Serie Al Championship match (a) PalaYamamay (discretionary)
12 <sup>th</sup>	10:00 A.M: How to plan a pre-match training session (theoretical lesson) 5:00 P.M.: Training session (a) PalaYamamay (practical lesson) 7:30 P.M.: Questions & Answers	Monday 14 <sup>th</sup> March	Milan city centre guided tour (discretionary) Participants departure

MAXIMUM NUMBER OF PARTICIPANTS: 25 - REGISTRATION DEADLINE: 6<sup>TH</sup> MARCH 2016

PARTICIPATION FEE: € 300,00 (travel costs excluded)

#### Accommodation

Triple or twin room accommodation (breakfast, lunch & dinner) at Centro Pavesi Fipav or in a walking distance hotel.

Additional cost for early arrival on 10<sup>th</sup> March 2016: **€ 70,00** Additional cost for late departure on 15<sup>th</sup> March 2016: **€ 70,00** 









## **REGISTRATION**

Thank you for registering for the "Club Italia Experience" Workshop in Milan, Italy. Please fill out the following form and send it back to <u>centropavesi@federvolley.it</u> BEFORE THE 6<sup>TH</sup> MARCH 2016.

Should you have any question about your registration, feel free to contact us: <u>centropavesi@federvolley.it</u> - +39 O2.87213392.

## **PARTICIPANT INFORMATION**

First Name	Last Name
Street Address	
Address Line 2	
City	Postal Code
Country	Phone Number (Mobile)
E-Mail	
*All fields are mandatory	









<u>PAYMENT INFORMATION</u>						
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€70,00						
€ 70,00						
€ 20,00						
€50,00						
Postal Registration:Bank Account:Centro Pavesi FipavBanca Popolare di Sondrio - Ag. 23 - Milano - viale Certosa 62Via De Lemene, 3 - 20151Account Holder: Centro Pavesi Fipav srlMilan - ItalyIBAN: IT37M0569601622000015310X80 - Swift Code: POSO IT22MIE-mail:Please Mention:centropavesi@federvolley.it"The Club Italia Experience - First & last name"						
Additional Information Regarding Your Registration						
	, dinner € 70,00 € 70,00 € 20,00 € 50,00 - Ag. 23 - Milano - vesi Fipav srl 00015310X80 - Sv - First & last name					